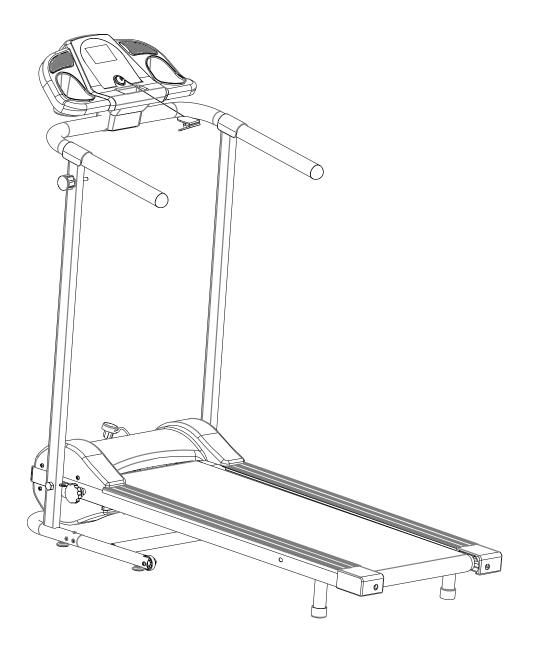


TRE2500 FOLDING ELECTRIC TREADMILL WITH GOAL SETTING COMPUTER





IMPORTANT: Read all instructions carefully before assembling and/or using this product. Retain this owner's manual for future reference. The specifications of this product may vary from this photo and is subject to change without notice.

Owner's Manual Le Manuel Du Proprietaire



PLEASE DO NOT RETURN THIS PRODUCT TO THE STORE.

STOP. Contact customer service if you have any questions regarding assembly or proper operation of the machine.

Email us at:

Service@paradigmhw.com

TABLE OF CONTENT

SERVICE	2
LABEL PLACEMENT	3
IMPORTANT SAFETY GUIDELINES	4
OVERVIEW DRAWING	8
PARTS LIST	9
HARDWARE & TOOL LIST	11
ASSEMBLY	12
COMPUTER	17
STORAGE	19
MOVING THE TREADMILL	20
ADJUSTMENTS	21
MAINTENANCE	22
TROUBLESHOOTING	24
WARRANTY	25
PARTS REQUEST FORM	26

SERVICE

IMPORTANT: FOR NORTH AMERICA ONLY

For damaged or defective product, questions, replacement parts or any other service support, please contact our customer service department by the below methods:

For The Best Service, please Email:

service@paradigmhw.com

Response Time: 1-2 Business Days

Emailing us with the information above will be the best method to receive a response during peak business hours

Website:

www.paradigmhw.com

Toll-Free:

1-844-641-7920

(8:00 AM - 5:00 PM Pacific Standard Time, Monday thru Friday)

Response time may vary via calling

Please have the following information ready when requesting for service:

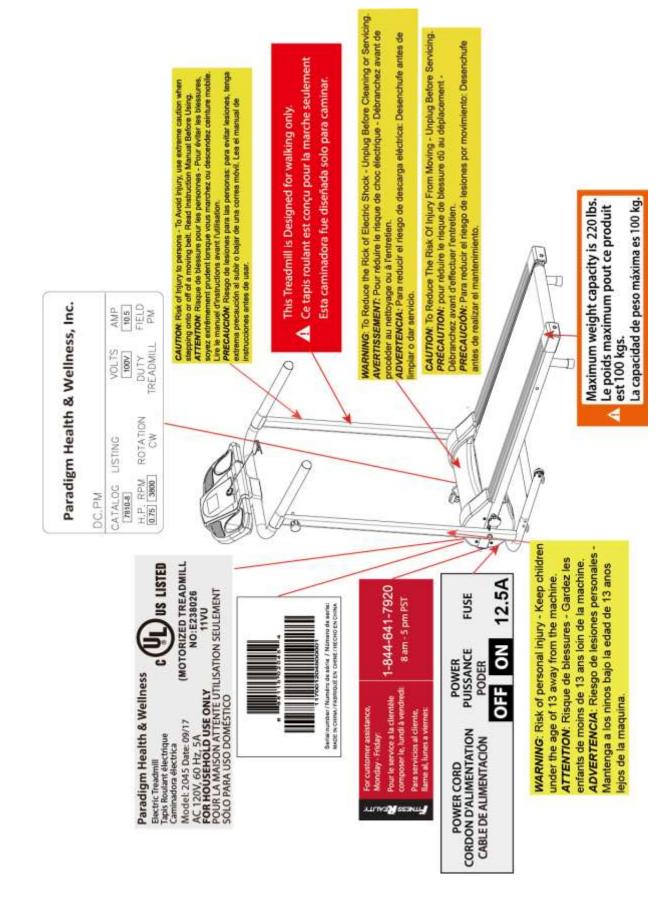
- Your name
- Phone number
- Model number
- Serial number
- Part number
- Proof of Purchase

For damaged or defective product please contact our customer service before returning to the store.

Paradigm Health & Wellness, Inc. 1189 Jellick Ave.

City of Industry, CA 91748, USA

LABEL PLACEMENT



Basic precautions should always be followed, including the following safety instructions when using this treadmill: Read all instructions before using this treadmill.

DANGER: To reduce the risk of electric shock, please read the following:

 Always unplug the treadmill from the electrical outlet immediately after using and before cleaning, assembling, or servicing.

NOTE: Failure to follow these instructions may lead to personal injury and cause damage to the treadmill.

WARNING: To reduce the risk of burns, fire, electric shock or injury to any persons, please read the following:

- Never leave the treadmill unattended when plugged in. Disconnect by turning off the master power switch, and unplugging from outlet when not in use and before putting on or taking off parts.
- Use this appliance only for its intended use as described in this manual. Do
 not use attachments not recommended by the manufacturer.
- Never operate this treadmill if it has a damaged cord or plug, or if it is not working properly. If it has been dropped or damaged, or been exposed to water, return the appliance to a service center for examination and repair.
- Do not attempt any maintenance or adjustments other than those described in this manual. Should any problems arise, discontinue use and consult Customer Service.
- Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Do not use the treadmill outdoors.
- Do not pull the treadmill by its power cord or use the cord as a handle.
- Keep children and pets away from the equipment while in use. This machine is designed for adults only. This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Keep children under the age of 13 away from this machine.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.

- Keep Dry do not operate in a wet or moist condition. Save these instructions.
- Do not operate the treadmill near a blanket. Excessive heating can occur and cause fire, electrical shock, or injury to user.
- Keep electrical cord away from heated surfaces.
- Never insert any object into any opening.
- Keep the treadmill on a solid, level surface with the minimum safety area clearance of 6 x 3 feet of the treadmill. Be sure the area around the treadmill remains clear during use and has adequate clearance.
- This treadmill is for household use only.
- Only one person should be on the treadmill while in use.
- Wear comfortable and suitable clothing when using the treadmill. Do not use the treadmill barefoot, in only socks or in sandals, always wear athletic shoes. Never wear loose clothing because it could run the risk of getting caught in the treadmill.
- Always hold on to the handrails while using the treadmill.
- Always make sure the storage latch is in place when folding and moving the treadmill.
- Do not leave children who are under 13 years old unsupervised near or on the treadmill.
- To disconnect, turn all controls to the off position, then remove plug from outlet.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.
- Pull up the Safety Tether Key for emergency stop. Reinstall the Safety Tether Key onto the Computer. Press the START/STOP button to begin exercise again.
- Maximum Weight Capacity is 220 lbs / 100 kgs
- This treadmill is designed for **WALKING** only.
- **CAUTION:** Risk of Injury to Persons –To Avoid Injury, use extreme caution when stepping onto or off of a moving belt. Read Instruction Manual Before Using.

Note: It is the obligation of the owner to review and explain these safety precautions to all users of this treadmill.

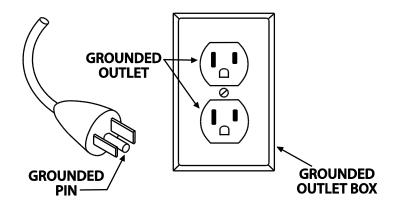
GROUNDING INSTRUCTIONS

This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current reducing the risk of electric shock. * This treadmill is equipped with a cord having equipment grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.

DANGER: Improper connection of the treadmill grounding conductor can result in the risk of electric shock. Check with a qualified electrician, if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the treadmill. If it will not fit your outlet, have a properly grounded outlet installed by a qualified electrician.

This product is for use on a nominal 120 volt circuit and has a grounding plug that looks like the plug illustrated in sketch A in Figure 1.

Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.



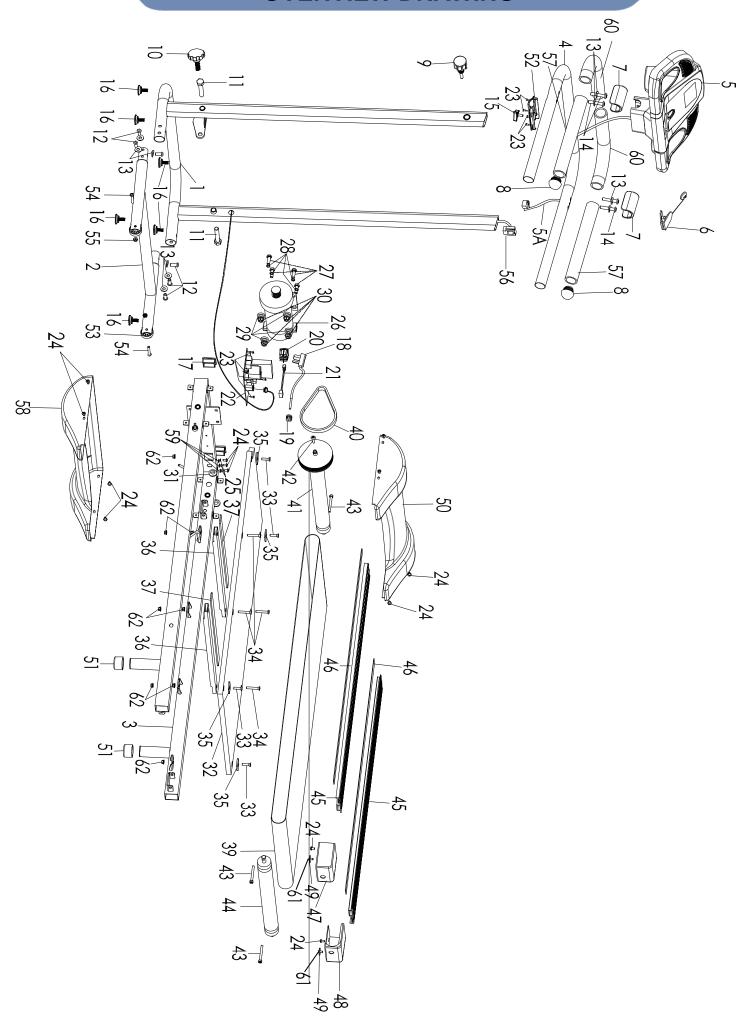
- This unit must be plugged into a nominal 120 volt outlet which has been grounded.
- Keep hands clear of all moving parts. Never place hands or feet under the Treadmill while in it use.
- Do not use the treadmill on a carpet that is greater than 1/2 inch in height.
- Before using the treadmill, check that the belt is aligned and centered on the walking deck and all visible fasteners on the treadmill are sufficiently tightened and secure.

WARNING: Before beginning any exercise program consult your physician. This is especially important for the persons who are over 35 years old or who have pre-existing health problems. Read all instructions before using any fitness equipment. We assume no responsibility for personal injury or property damage sustained by or through the use of this product. Do not operate this exercise equipment without properly fitted guards, as the moving parts can present risk of serious injury to young children.

CAUTION: Read all instructions carefully before operating this product. Retain this Owner's Manual for future reference.

SAVE THESE INSTRUCTIONS

OVERVIEW DRAWING



PARTS LIST

Part #	Description	Qty
1	Main Frame	
2	Front Frame	
3	Bed Frame	
4	Handlebar	1
5	Computer	1
5A	Upper Console Wire	1
6	Safety Tether Key	1
7	Handlebar Cover	2
8	Round Cap n38x37	2
9	Spring Knob n40x80	1
10	Round Knob	1
11	Hex Bolt M12x70	2
12	Hex Bolt M8x35	6
13	Curve Washer Ø8	10
14	Hex Bolt M8x50	4
15	Triangle Knob M6x15	1
16	Foot padφ30*10+M8*18	6
17	Square End Cap 30x40x20	2
18	Power Cord	1
19	Wire Clip	1
20	Power Switch	1
21	Wire of Power Control Board	
22	Power Control Board 2.0HP	1
23	Self-Tapping Phillips Screw M3x12	8
24	Flat Head Phillips Screw M5x10	13

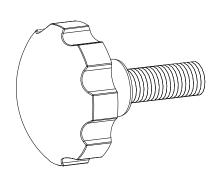
Part #	Description	Qty
25	Spring Washer Ø5	3
26	Motor 1500W	1
27	Hex Bolt M8x25	4
28	Spring Washer Ø8	4
29	Pad for Motor n22xT10	4
30	Flange Nut M8	4
31	Wire Plug	2
32	Deck 930x425xT15	1
33	Countersunk Head Phillips Screw M6x25	4
34	Countersunk Head Phillips Screw M6x40	4
35	Padding 28x28xT5	4
36	Support Bar	2
37	Eva Cushion 350x25xT3	2
39	Belt 217x340xT1.4	1
40	Multi-Slot Belt 160J 5P	1
41	Front Roller	1
42	Flat Head Phillips Screw M8x16	1
43	Hex Bolt M6x55	3
44	Rear Roller	1
45	Side Rail 860x78.5	2
46	Eva Cushion	2
47	Rear Left Cover	1
48	Rear Right Cover	1
49	Flat Washer 5x22xT1.5	2

PARTS LIST

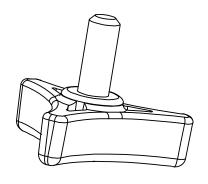
Part #	Description	
50	Upper Motor Cover	1
51	Round Foot Pad	2
52	Lower Cover	1
53	Wheel	2
54	Hex Bolt M6x40	2
55	Lock Nut M6	2

Part #	Description		
56	Motor Wire 1700mm	1	
57	Foam Grip 29x290xT4.0	2	
58	Lower Motor Cover	1	
59	Flat Washer 5	3	
60	Foam Grip	2	
61	Flat Head Phillips Screw M6x15	2	
62	Nylon Lock Nut M6	8	

HARDWARE & TOOL LIST



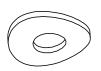
(10) Round Knob 1PC



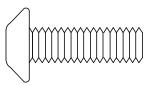
(15) Triangle Knob 1PC



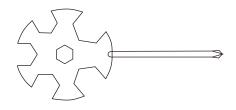
(12) Hex Bolt 6 PCS



(13) Curve Washer 10 PCS



(14) Hex Bolt 4 PCS



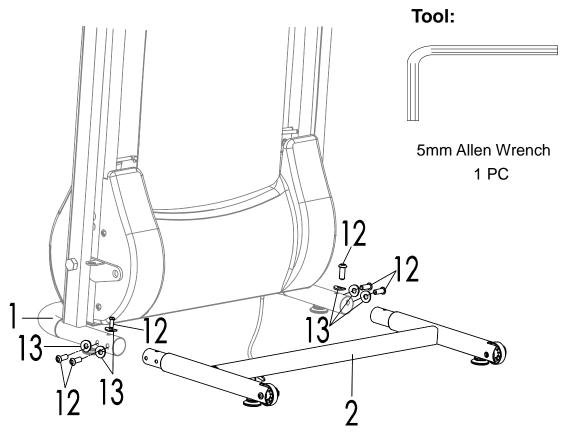
Multi Hex Tool with Phillips
Screwdriver 1PC



5mm Allen Wrench 1 PC

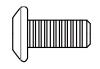


Silicone Oil
1 bottle

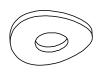


Step 1
1A. Attach the Front Frame (2) to the Main Frame (1) and secure using six Hex Bolts (12) and six Curve Washers (13). Then tighten the Hex Bolts (12) using the 5mm Allen Wrench provided.

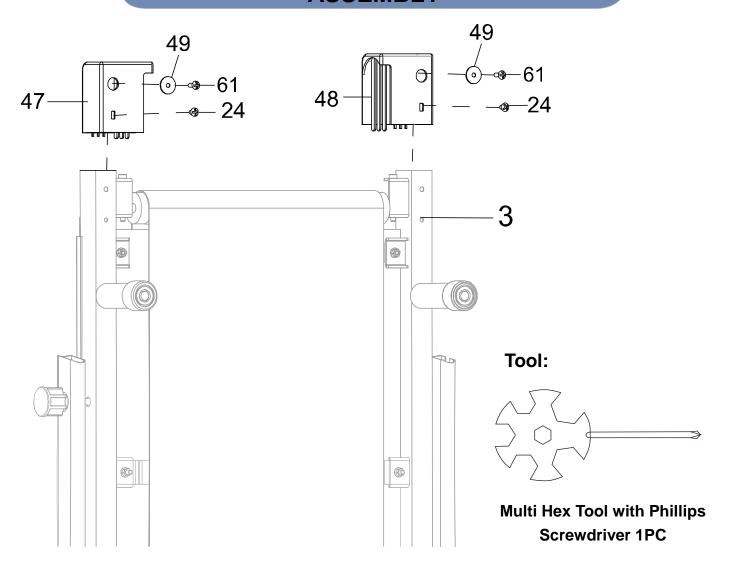
Hardware:



(12) Hex Bolt 6 PCS



(13) Curve Washer 6 PCS

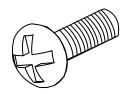


Step 2

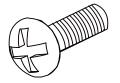
2A. Remove one Flat Head Phillips Screw (24), one Flat Washer (49), and one Flat Head Phillips Screw (61) from both sides of the Bed Frame (3). Attach the Rear Left Cover (47) onto the left side of the Bed Frame (3). Align the holes and secure the Rear Left Cover (47) using the one Flat Head Phillips Screws (24), Flat Washer (49) and one Flat Head Phillips Screw (61) that were previously removed by Multi Hex Tool with Phillips Screwdriver.

2B. Attach the Rear Right Cover (48) onto the left side of the Bed Frame (3). Align the holes and secure the Rear Right Cover (48) using the one Flat Head Phillips Screws (24), Flat Washer (49) and one Flat Head Phillips Screw (61) that were previously removed by Multi Hex Tool with Phillips Screwdriver.

Pre-Installed Hardware:



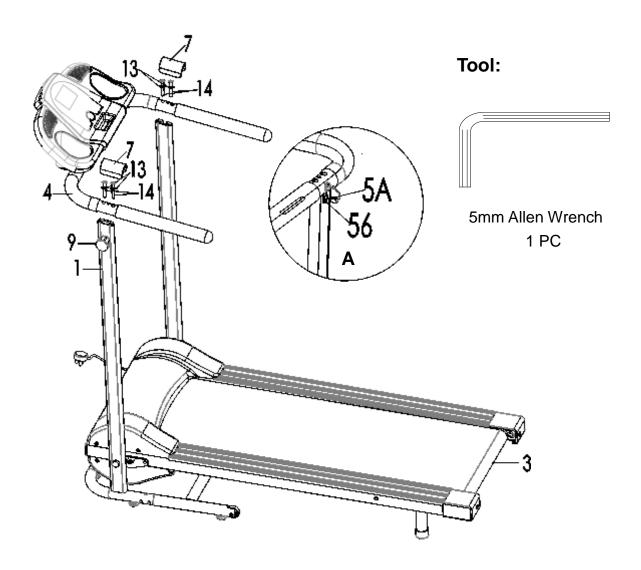
(61) Flat Head Phillips Screw 2 PCS



(24) Flat Head Phillips Screw 2 PCS



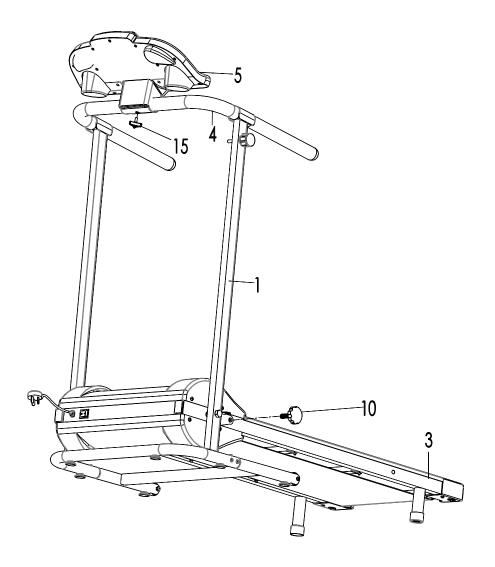
(49) Flat Washer 2 PCS



Step 3
3A. Firmly grasp the **Bed Frame (3)** and pull out the **Spring Knob (9)**, lower the **Bed Frame (3)** to the ground.

- 3B. Attach the **Handlebar (4)** on to the **Main Frame (1)** and secure using four **Curve Washers (13)** and four **Hex Bolts (14)**. Then tighten using the **5mm Allen Wrench** provided.
- 3C. Attach the Handlebar Cover (7) over the Hex Bolts (14) on the Handlebar (4).
- 3D. Connect the Upper Console Wire (5A) with the Motor Wire (56) see Fig.A.

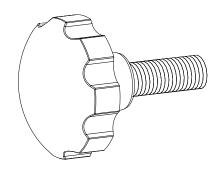
Hardware: (13) Curve Washer 4 PCS 4 PCS 4 PCS



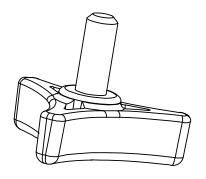
Step 4

- 4A. Secure the Computer (5) to the Handlebar (4) using the Triangle Knob (15).
- 4B. Secure the Bed Frame (3) to the Main Frame (1) with the Round Knob (10).

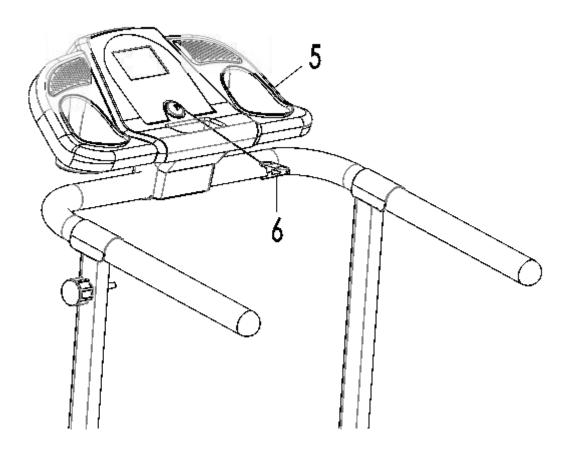
Hardware:



(10) Round Knob 1PC



(15) Triangle Knob 1PC



Step 5
5A. Attach the Safety Tether Key (6) onto the Computer (5).

COMPUTER



Quick Start

Plug the **Power Cord (18)** into a wall outlet and flip the **Power Switch (20)** that is located at the front of the treadmill to the ON position. Make sure the **Safety Tether Key (6)** is positioned on the **Computer (5)** then attach the Safety Clip (other end of the **Safety Tether Key (6)** securely to your clothing. When starting the treadmill, stand on the **Side Rails (45)**, not on the **Belt (39)**. Press the Start button, The **Computer (5)** will beep and count down from 3 indicating that the **Belt (39)** will begin to move.

The **Belt (39)** will start moving with an initial speed of 1.0 MPH. The TIME window will display your elapsed workout TIME. The DISTANCE window will display your cumulative DISTANCE. The CALORIES window will display your total CALORIES burned during your workout.

You may press the UP or DOWN button on the **Computer (5)** to increase or decrease the speed during exercise. The treadmill's speed range is from 1.0 MPH to 5.0 MPH. The SPEED window will display your current speed. During training, you may press the STOP button to stop the treadmill running at any time and press the START button to start the treadmill again. You can also pull out the **Safety Tether Key (6)** to stop the treadmill. Once pull out the **Safety Tether Key (6)**, the TIME will display SAFE then stop the treadmill.

The backlight will automatically turn off after 30 seconds if no button on the computer has been pressed for 30 seconds. The LCD display will continue to function during workout.

COMPUTER

Button Functions:

START: Press the START button to start the treadmill.

STOP: Press the STOP button to stop the treadmill.

MODE: Press the MODE button to set goals for Distance or Time. Adjust the values by using the

Up or Down arrows.

SPEED UP: Press the **\(\Delta\)** button to increase speed.

SPEED DOWN: Press the ▼ button to decrease speed.

Quick Speed: Adjust the treadmill speed quickly by using the 2, 3, 4, 5 quick speed buttons.

Computer Functions:

TIME: Displays your elapsed workout time in minutes and seconds.

SPEED: Displays the current speed from the minimum 1.0 MPH to the maximum 5.0 MPH.

DISTANCE: Displays the cumulative distance traveled during your workout.

CALORIES: Displays the total cumulative calories burned during your workout.

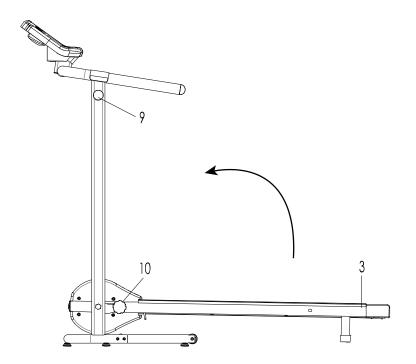
PRE-SET TARGET GOALS: The computer allows for 3 different Pre-set target features, Time, Distance and Calories. To set a Target, have the computer in stop mode and press the MODE button to select one of the 3 targets. The display will blink, Use the Up and Down buttons to make your goal selection. Once a selection is made, press the Start button to begin.

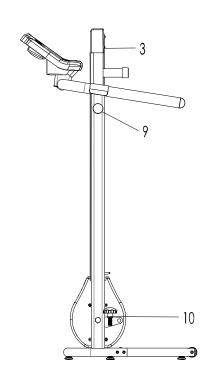
PRE-SET TARGET TIME: A pre-set target time range can be set from 5:00 to 99:00 minutes. The walking belt will start moving with an initial speed of 1.0 MPH. The speed can be adjusted using the Up or Down buttons. Time will count down from the set value to 0:00, The Computer will BEEP when the Target is met.

PRE-SET TARGET DISTANCE: A pre-set target distance range can be set from 0.50 to 99.0 miles. The walking belt will start moving with an initial speed of 1.0 MPH. The speed can be adjusted using the Up or Down buttons. Distance will count down from the set value to 0.00, The Computer will BEEP when the Target is met.

PRE-SET TARGET CALORIE: A pre-set target calorie range can be set from 10 to 995 calories. The walking belt will start moving with an initial speed of 1.0 MPH. The speed can be adjusted using the Up or Down buttons. Calories will count down from the set value to 0, The Computer will BEEP when the Target is met.

STORAGE





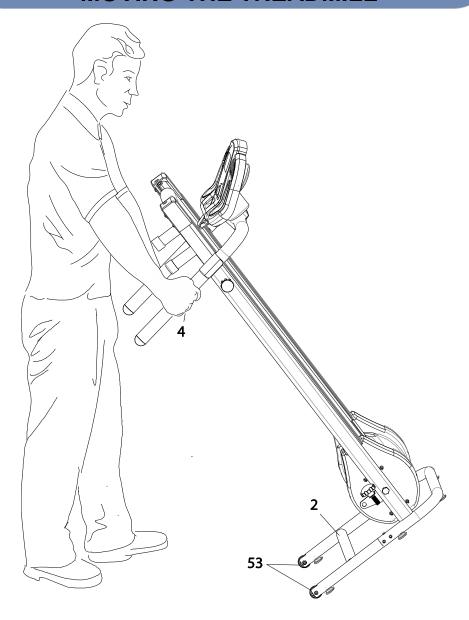
FOLDING THE TREADMILL

For your convenience, the treadmill can be folded up and placed in a storage area.

To fold the treadmill, unscrew the **Round Knob (10)** and slowly lift the **Bed Frame (3)** to the upright position. Pull the **Spring Knob (9)** and align the hole of the **Bed Frame (3)** with the **Main Frame (1)**. Then release the **Spring Knob (9)** and lock the treadmill in an upright position.

IMPORTANT: TO PREVENT INJURY PLEASE MAKE SURE YOU HAVE A FIRM HOLD ON THE MAIN FRAME WHEN LIFTING UP OR SETTING DOWN THE DECK.

MOVING THE TREADMILL



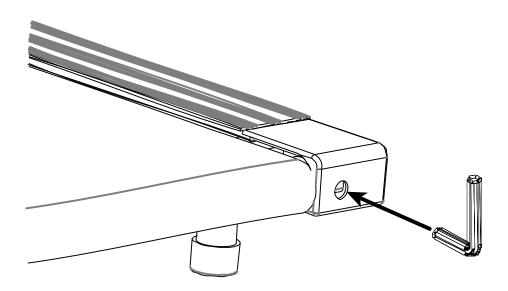
Transport

Ensure that the treadmill is folded up correctly and locked into the storage position. Afterwards, grab the **Handlebar (4)** with both hands and tilt the treadmill towards you. Allow the **Wheels (53)** located on the **Front Frame (2)** to catch the floor as you are tilting the treadmill. Pull or push the treadmill to your desired location before gently allowing the treadmill to come down forward.

Storage

Store the treadmill in a clean and dry environment. Ensure the master power switch is off and is in the off position and the power plug is un-plugged from the electrical wall outlet.

ADJUSTMENTS



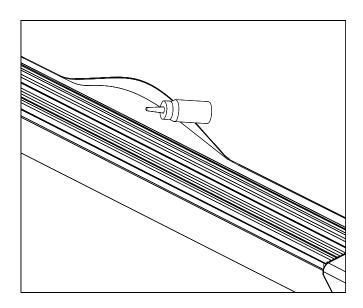
Belt Adjustment:

The belt may come loose during transportation and/or from use. After prolonged use of the treadmill, the belt will stretch out. If the belt is shifting to the left, turn on the main power switch of treadmill and let the belt run at the speed of 1-1.5 MPH. Using the Allen Wrench provided, turn the left rear roller adjustment bolt 1/4 turn in the clockwise direction. You should see the belt start to correct itself by moving back toward the center. Repeat the above procedure until the belt is properly centered.

If the belt is shifting to the right, turn on the main power switch of treadmill and let the belt run at the speed of 1-1.5 MPH. Using the Allen Wrench provided, turn the right rear roller adjustment bolt 1/4 turn in the clockwise direction. You should see the belt start to correct itself by moving back toward the center. Repeat the above procedure until the belt is properly centered.

If the belt is slipping during use, turn off and unplug the treadmill. Using the Allen Wrench provided, turn both left and right rear roller adjustment bolts 1/4 turn in the clockwise direction for the same amount, then turn on the main power switch of treadmill and let the belt run at the speed of 1-1.5 MPH. You should now walk on to the belt to determine if the belt is still slipping. Repeat the above procedure until the belt no longer slips.

MAINTENANCE



Silicone Oil

The treadmill been coated with "Silicone Oil" in advance. Silicone oil is a non-volatile oil and by the time you receive the treadmill, there should be oil permeated through the belt. There will be no need to re-apply the oil under normal circumstances. To maintain the belt, "Silicone Oil" may be re-applied once the resistance has been increased and the belt starts rubbing against the walking deck. To re-apply the Silicone Oil to the treadmill, lift up the belt, one side at a time, and apply the oil directly to the center of the walking deck. Allow the silicone oil to 'set' for one minute before using the treadmill.

Attention: Only use "Silicone Oil" lubricants for this equipment. In addition, do not add any other type of oil; otherwise the treadmill will be damaged. Do not over-lubricate the walking board. Excess lubricant should be wiped off with a clean towel.

MAINTENANCE

WARNING: To prevent electrical shock, turn off and unplug the treadmill before cleaning or performing routine maintenance.

CLEANING

The treadmill can be cleaned with a soft cloth and mild detergent. Do not use abrasives or solvents. Be careful not get excessive moisture on the display panel as this might cause an electrical hazard or electronics to fail. Keep the treadmill, especially, the computer, out of direct sunlight to prevent screen damage.

STORAGE

Store the treadmill in a clean and dry environment. Ensure the master power switch is off and is in the off position and the power plug is un-plugged from the electrical wall outlet.

TROUBLESHOOTING

Error Codes Cause and Solutions

Fault Code	Cause	Solution
		1. Ensure that the Safety Tether Key (6) is installed on the Computer (5) .
SAFE	Safety tether key protection	2. Restart the power, and retry after 1 minute
		Computer IC Board damaged, Contact Customer Service.
		1.Restart the power, and retry after 1 minute
Er1	Computer receiving error	2.Ensure the sensor cable is connected perfectly
	signal up to 15 seconds.	3.Signal cable or computer IC board damaged, Discontinue use and contact Customer Service
Er2	Low Voltago	Restart the power and retry after 1 minute. Check if the input voltage is lower. Use when voltage is normal
Er3 Low Voltage		2.Signal Cable or power IC board damaged, Discontinue use and contact Customer Service
		Restart the power, and retry after 1 minute
	1.Motor Cable become loose	Check the motor cable , make sure it is connect perfectly
Er5	2.Motor is blocked	3.Check the motor quality, make sure there is no visible damage.
	3.Motor damaged	4. Ensure the belt is thoroughly lubricated.
		5.Motor or power IC board damaged, Discontinue use and contact Customer Service
		Restart the power, and retry after 1 minute
Er7	Power IC board not receiving signal	2.Ensure that the sensor cable is connected perfectly
	5	3. Signal cable or power IC board damaged, Discontinue use and contact Customer Service

WARRANTY

MANUFACTURER'S LIMITED WARRANTY

Paradigm Health & Wellness warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has been installed and operated in accordance with Paradigm's Owner's Manual. Paradigm's obligation under this warranty applies to the following:

<u>COMPONENT LENGTH OF WARRANTY</u>

Structural Frame 3 years For Home Use Only
Motor 1 year For Home Use Only
All Other Components 90 days For Home Use Only

(computer display, electronics, upholstery, foam, ball bearings, pulleys, belts, cables, wires, shocks, covers, tension, internal mechanism, wheels, pedals, knobs, accessories and hardware)

Exclusions from Warranty Coverage:

Paradigm does not warrant against and is not responsible for, and no implied warranty shall be deemed to cover, any product failure, product malfunction, or damages attributable to:

- 1. Improper installation and/or failure to abide by Paradigm's installation guidelines;
- 2. Use of this product beyond normal home use, or in an application for which it was not designed;
- 3. Cosmetic items such as scratches, dents or discolorations;
- 4. Damage caused by normal wear and tear, vandalism, accidental or by animals;
- 5. Any act of Nature (such as fire, flooding, snow, ice, hurricane, earthquake, lightning or other natural disaster), environmental condition (such as air pollution, mold, mildew, etc.), or staining from foreign substances (such as dirt, grease, oil, etc.);
- 6. Normal weathering due to exposure to sunlight, weather and atmosphere which can cause colored surfaces to, among other things, flake, chalk, accumulate dirt or stains.
- 7. Improper operation, alteration, handling, storage, abuse or neglect of the products.

Paradigm, using its sole discretion, will either repair or replace free of charge any part(s) proven to be defective under normal home use. Any repair or replacement shall provide no new warranty coverage, but shall retain only the remaining portion of the original product's warranty. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.

Ordering Replacement Parts

Replacement parts can be ordered by emailing our customer service department:

Service@paradigmhw.com

Open Monday thru Friday 8:00 AM - 5:00 PM (PST).

When ordering replacement parts please have the following information ready:

- 1. Owner's Manual
- 2. Model Number
- 3. Description of Parts
- 4. Part Number
- 5. Date of Purchase

PARTS REQUEST FORM

Paradigm Health & Wellness, Inc.

EMAIL THIS FORM WITH YOUR RECEIPT OF PURCHASE TO Service@paradigmhw.com *

NAME:		 	
		ZIP:	
TELEPHONE:	(Day)	 	
	(Night)	 	
SERIAL#:			
MODEL#:		 	
PLACE OF PU	JRCHASE:	 	

PART #	DESCRIPTION	QTY

[&]quot;YOUR ORDER WILL BE PROCESSED WITHIN 3 BUSINESS DAYS"

^{*} This form can also be faxed in Fax #: 626-810-2166