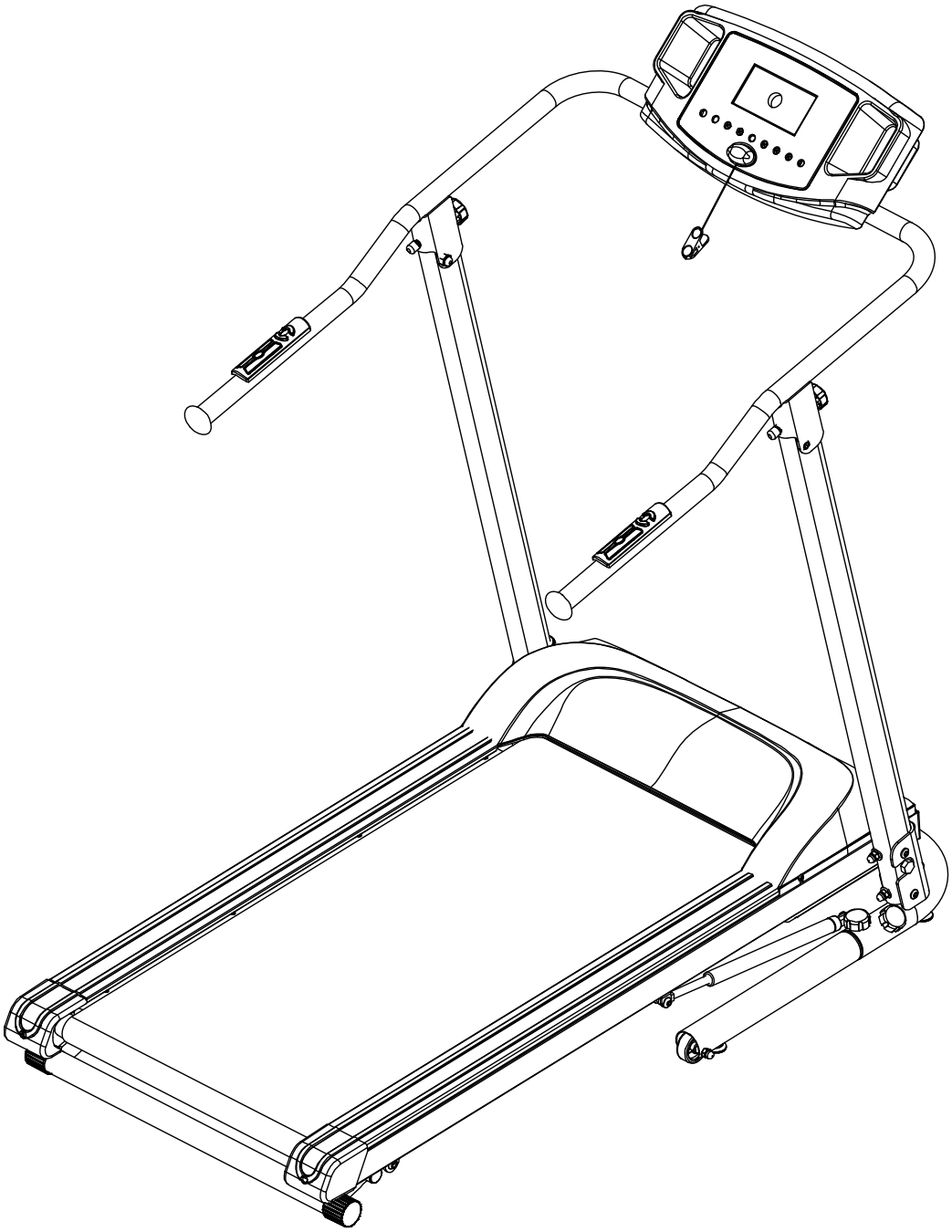
PROGEAR®

Electric Treadmill with Pulse



3060H.7-051320

Owner's Manual
Le Manuel Du Propŕietaire

PLEASE DO NOT RETURN THIS PRODUCT TO THE STORE.

STOP. Contact customer service if you have any questions regarding assembly or proper operation of the machine.

Email us at:

Service@paradigmhw.com

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IMPORTANT: FOR NORTH AMERICA ONLY

For damaged or defective product, questions, replacement parts or any other service support, please contact our customer service department by the below methods:

For The Best Service, please Email:
service@paradigmhw.com

Response Time: 1-2 Business Days

Emailing us with the information above will be the best method to receive a response during peak business hours

Website:
www.paradigmhw.com

Toll-Free:

1-844-641-7920

(8:00 AM - 5:00 PM Pacific Standard Time, Monday thru Friday)

Response time may vary via calling

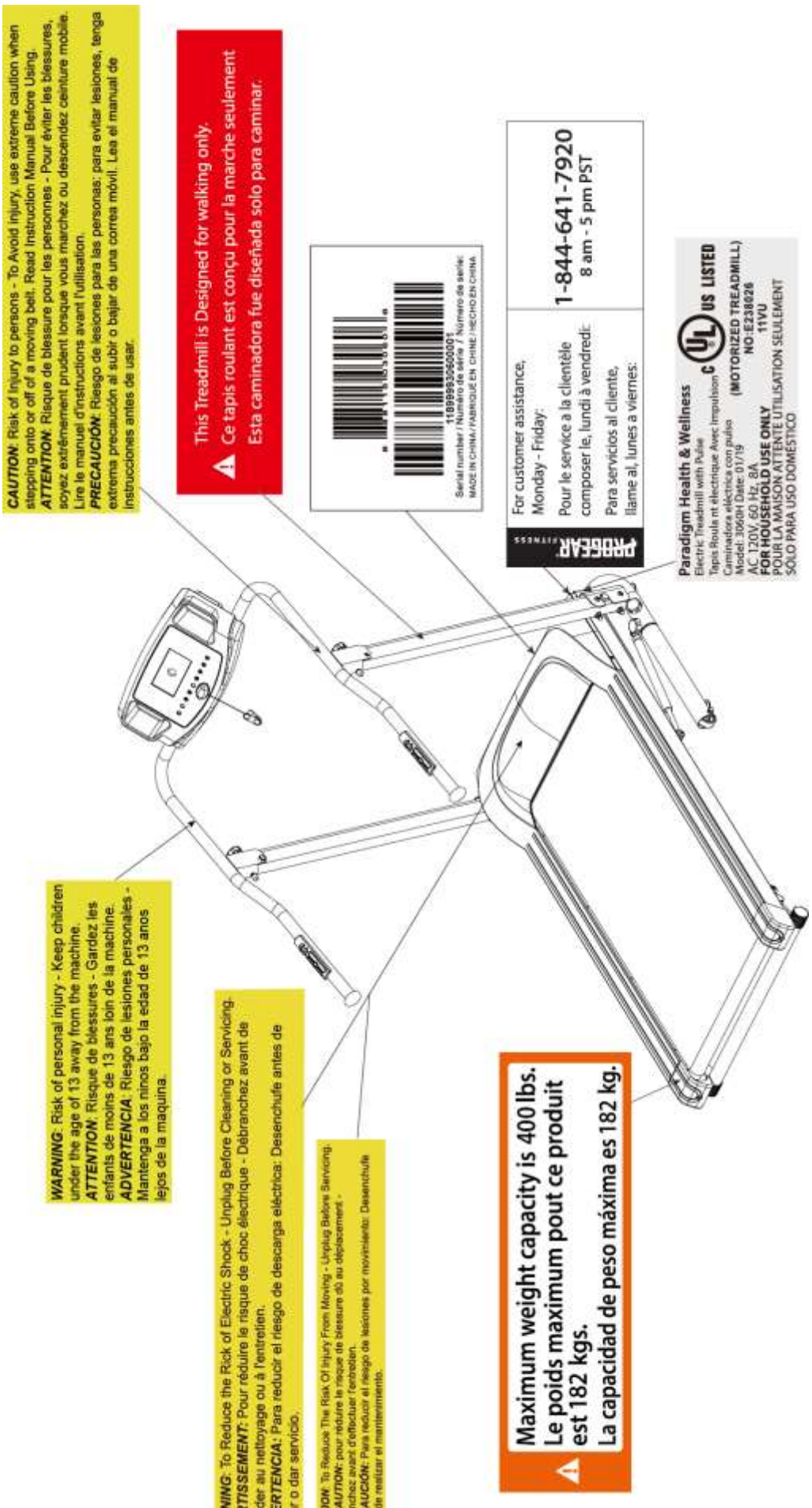
Please have the following information ready when requesting for service:

- **Your name**
- **Phone number**
- **Model number**
- **Serial number**
- **Part number**
- **Proof of Purchase**

For damaged or defective product please contact our customer service before returning to the store.

Paradigm Health & Wellness, Inc.
1189 Jellick Ave.
City of Industry, CA 91748, USA

LABEL PLACEMENT



Basic precautions should always be followed, including the following safety instructions when using this treadmill: Read all instructions before using this treadmill.

DANGER: To reduce the risk of electric shock, please read the following:

- Always unplug the treadmill from the electrical outlet immediately after using and before cleaning, assembling, or servicing.

NOTE: Failure to follow these instructions may lead to personal injury and cause damage to the treadmill.

WARNING: To reduce the risk of burns, fire, electric shock or injury to any persons, please read the following:

- Never leave the treadmill unattended when plugged in. Disconnect by turning off the master power switch, and unplugging from outlet when not in use and before putting on or taking off parts.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this treadmill if it has a damaged cord or plug, or if it is not working properly. If it has been dropped or damaged, or been exposed to water, return the appliance to a service center for examination and repair.
- Do not attempt any maintenance or adjustments other than those described in this manual. Should any problems arise, discontinue use and consult Customer Service.
- Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Do not use the treadmill outdoors.
- Do not pull the treadmill by its power cord or use the cord as a handle.
- Keep children and pets away from the equipment while in use. This machine is designed for adults only. This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Keep children under the age of 13 away from this machine.
- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.

IMPORTANT SAFETY GUIDELINES

- Keep Dry - do not operate in a wet or moist condition. Save these instructions.
- Do not operate the treadmill near a blanket. Excessive heating can occur and cause fire, electrical shock, or injury to user.
- Keep electrical cord away from heated surfaces.
- Never insert any object into any opening.
- Keep the treadmill on a solid, level surface with the minimum safety area clearance of 2000mm x 1000mm of the treadmill. Be sure the area around the treadmill remains clear during use and has adequate clearance.
- This treadmill is for household use only.
- Only **one** person should be on the treadmill while in use.
- Wear comfortable and suitable clothing when using the treadmill. Do not use the treadmill barefoot, in only socks or in sandals, always wear athletic shoes. Never wear loose clothing because it could run the risk of getting caught in the treadmill.
- Always hold on to the handrails while using the treadmill.
- Always make sure the storage latch is in place when folding and moving the treadmill.
- Do not leave children who are under 13 years old unsupervised near or on the treadmill.
- To disconnect, turn all controls to the off position, then remove plug from outlet.
- This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.
- Pull up the Safety Tether Key for emergency stop. Reinstall the Safety Tether Key onto the Computer Console. Press the START/STOP button to begin exercise again.

- **Maximum Weight Capacity is 400 lbs / 182kgs**
- This treadmill is designed for **WALKING** only.
- **CAUTION:** Risk of Injury to Persons –To Avoid Injury, use extreme caution when stepping onto or off of a moving belt. Read Instruction Manual Before Using.

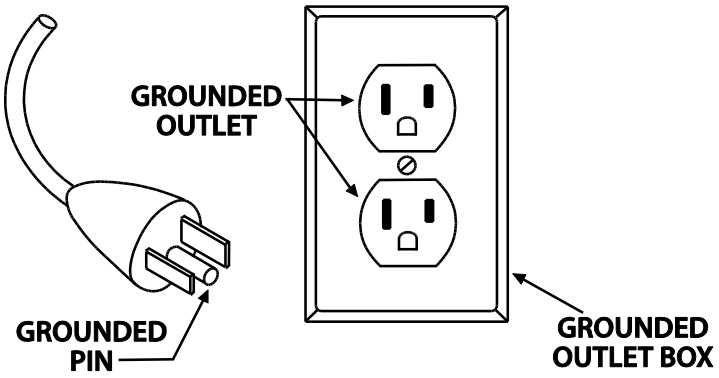
Note: It is the obligation of the owner to review and explain these safety precautions to all users of this treadmill.

GROUNDING INSTRUCTIONS

- This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current reducing the risk of electric shock. * **This treadmill is equipped with a cord having equipment grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.**

DANGER: Improper connection of the treadmill grounding conductor can result in the risk of electric shock. Check with a qualified electrician, if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the treadmill. If it will not fit your outlet, have a properly grounded outlet installed by a qualified electrician.

This product is for use on a nominal 120 volt circuit and has a grounding plug that looks like the plug illustrated in sketch A in Figure 1.
Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.



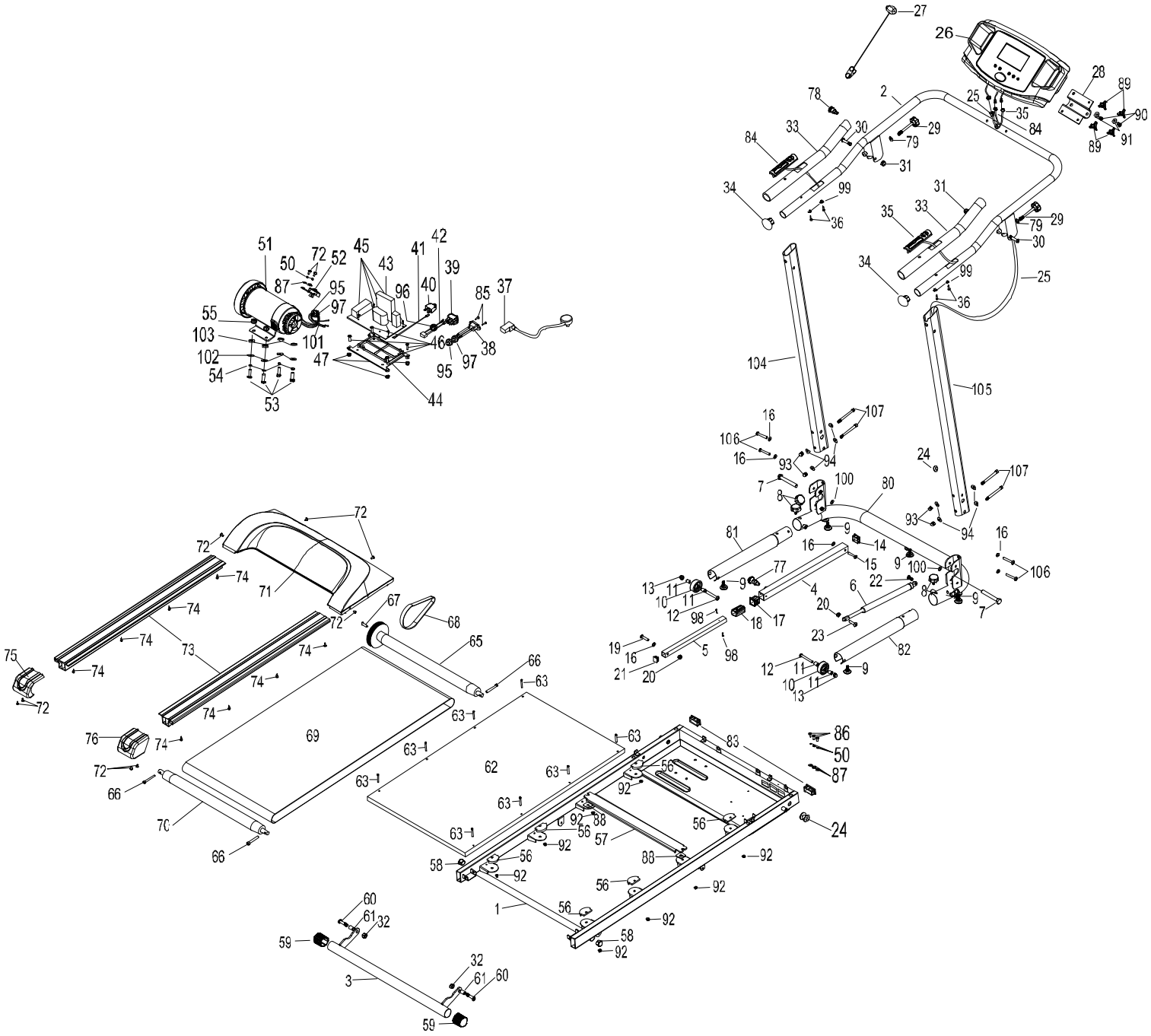
- This unit must be plugged into a nominal 120 volt outlet which has been grounded.
- Keep hands clear of all moving parts. Never place hands or feet under the Treadmill while in use.
- Do not use the treadmill on a carpet that is greater than 1/2 inch in height.
- Before using the treadmill, check that the belt is aligned and centered on the walking deck and all visible fasteners on the treadmill are sufficiently tightened and secure.

WARNING: Before beginning any exercise program consult your physician. This is especially important for the persons who are over 35 years old or who have pre-existing health problems. Read all instructions before using any fitness equipment. We assume no responsibility for personal injury or property damage sustained by or through the use of this product. Do not operate this exercise equipment without properly fitted guards, as the moving parts can present risk of serious injury to young children.

CAUTION: Read all instructions carefully before operating this product. Retain this Owner's Manual for future reference.

SAVE THESE INSTRUCTIONS

OVERVIEW DRAWING



PARTS LIST

Part #	Description	Qty
1	Main Frame	1
2	Handlebar	1
3	Incline Adjuster	1
4	Safety Tube A 480x30x40mm	1
5	Safety Tube B T1.2x20x20x350mm	1
6	Air Piston	1
7	Hex Bolt M12x90mm	2
8	Stabilizer Knob	4
9	Adjustable Pad	5
10	Transport Wheel φ50*22mm	2
11	Bushing φ12xφ8.4x15mm	4
12	Hex Socket Bolt M8x65mm	2
13	Lock Nut M8	2
14	Square End Cap 30x30x12mm	1
15	Hex Socket Bolt M8x44mm	1
16	Flat Washer M8	1
17	Bushing 30x30x28mm	1
18	Bushing 26x26x50mm	1
19	Hex Socket Bolt M8x35mm	1
20	Lock Nut M8	2
21	Square End Cap 20x20x12mm	1
22	Hex Socket Bolt M8x20mm	1
23	Hex Socket Bolt M8x30mm	1
24	Wire Plug φ16	3
25	Signal Cable 2200mm	1

Part #	Description	Qty
26	Computer MT18	1
27	Safety Tether Key	1
28	Metal Plate	1
29	Handlebar Knob	2
30	Cross recess Phillips Screw M10X50mm	2
31	Cap Nut M10	2
32	Lock Nut M10	2
33	Foam Grip φ32xT2.0x480mm	2
34	Handlebar End Cap φ50x37.5mm	2
35	Speed Quick Key	1
36	Self-Tapping Screw ST4*25mm	4
37	Power Cord 1800mm	1
38	Socket	1
39	Power Switch	1
40	Fuse Box 10A	1
41	Wire for Switch	1
42	Wire for Power Control Board	1
43	Power Control Board	1
44	Power Control Plastic Plate	1
45	Self-Tapping Screw 3x12 mm	4
46	Phillips Screw M5x12mm	4
47	Lock Nut M5	4
50	Spring Washer φ5	5
51	Motor	1
52	Optical Coupler	1

PARTS LIST

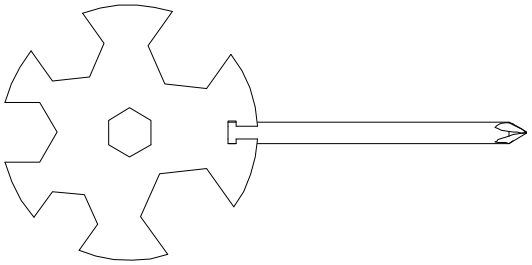
Part #	Description	Qty
53	Hex Bolt M8x25mm	4
54	Spring M8	4
55	Flange Nut M8	4
56	Rubber Pad 55x35x8.5mm	6
57	Support Board 50x12xT4x556mm	1
58	Round End Cap φ25x15mm	2
59	Incline Adjuster End Cap φ45x40mm	2
60	Phillips Screw M10x40mm	2
61	Bushing φ14xφ10.2x19mm	2
62	Deck 945x560xT20mm	1
63	Phillips Screw M6x40mm	8
65	Front Roller	1
66	Hex Socket Bolt M8x55mm	3
67	Phillips Screw M6x25 mm	1
68	Belt 180/J6	1
69	Walking Belt 2140x515xT1.6mm	1
70	Rear Roller	1
71	Motor Cover	1
72	Phillips Screw M5x10mm	10
73	Side Rail	2
74	Self-Tapping Screw ST5x14mm	8
75	Rear Left End Cap	1
76	Rear Right End Cap	1
77	Spring Knob 54x27x27mm	1
78	Short Knob 43x23x23mm	1
79	Flat Washer φ10xT1.5mm	2
80	Stabilizer MT18D	1

Part #	Description	Qty
81	Left Stabilizer Tube	1
82	Right Stabilizer Tube	1
83	End Cap 50x25x17.5mm	2
84	Function Quick Key	1
85	Cross recessed Pan Head Screw M3x8mm	2
86	Cross Head Screw M5X10mm	3
87	Flat Washer φ5	3
88	EVA Cushion	2
89	Triangle Knob	4
90	Hex Bolt M8x16mm	2
91	Curve Washer φ5	2
92	Nylon Lock Nut M6	8
93	Lock Nut M8	4
94	Curve Washer φ8*19*1.5T	8
95	Magnet Ring T25X15X10mm	2
96	Magnet Ring T28X16X13mm	1
97	Magnet Ring φ25X15X13mm	2
98	Cross recessed countersunk Head Screw M3x8mm	2
99	Plastic Pad	4
100	Flat Washer φ12.5X16X1mm	2
101	Motor wire	1
102	Flat Washer φ8X22mm	4
103	Rubber Washer φ8X22X5.0mm	4
104	Left Upright Post	1
105	Right Upright Post	1
106	Hex Bolt M8X50mm	4
107	Hex Bolt M8X85mm	4

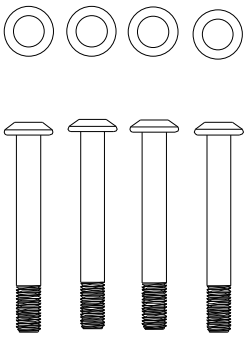
HARDWARE & TOOLS PACK

3060H-Hardware Pack

Multi-Hex Tool with Phillips Screwdriver 1PC

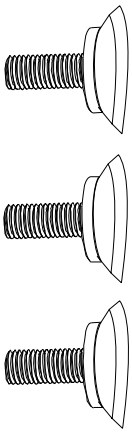


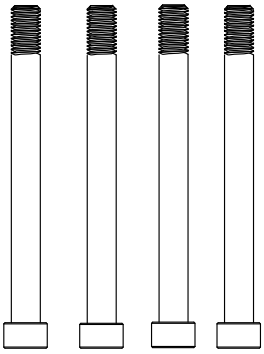
Step2



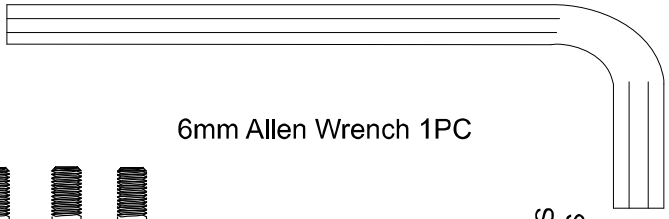
(106) Hex Bolt 4 PCS
(16) Flat Washer 4PCS

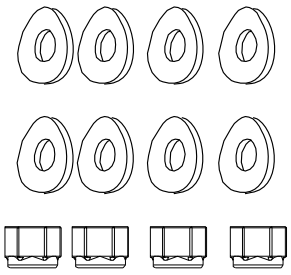
Step2





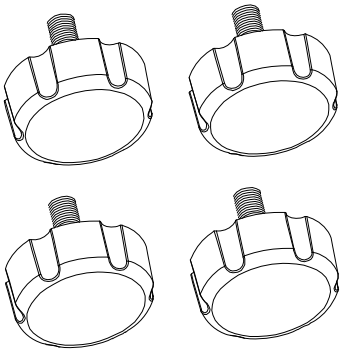
6mm Allen Wrench 1PC





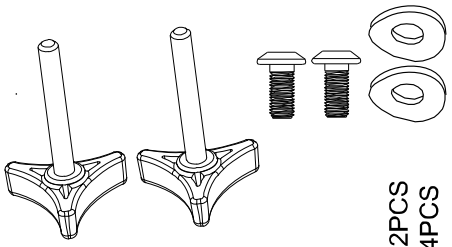
(93) Lock Nut 4 PCS
(94) Curve Washer 8 PCS
(9) Adjustable Pad 3 PCS
(107) Hex Bolt 4 PCS

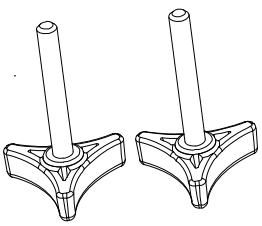
Step3



(8) Stabilizer Knob 4 PCS

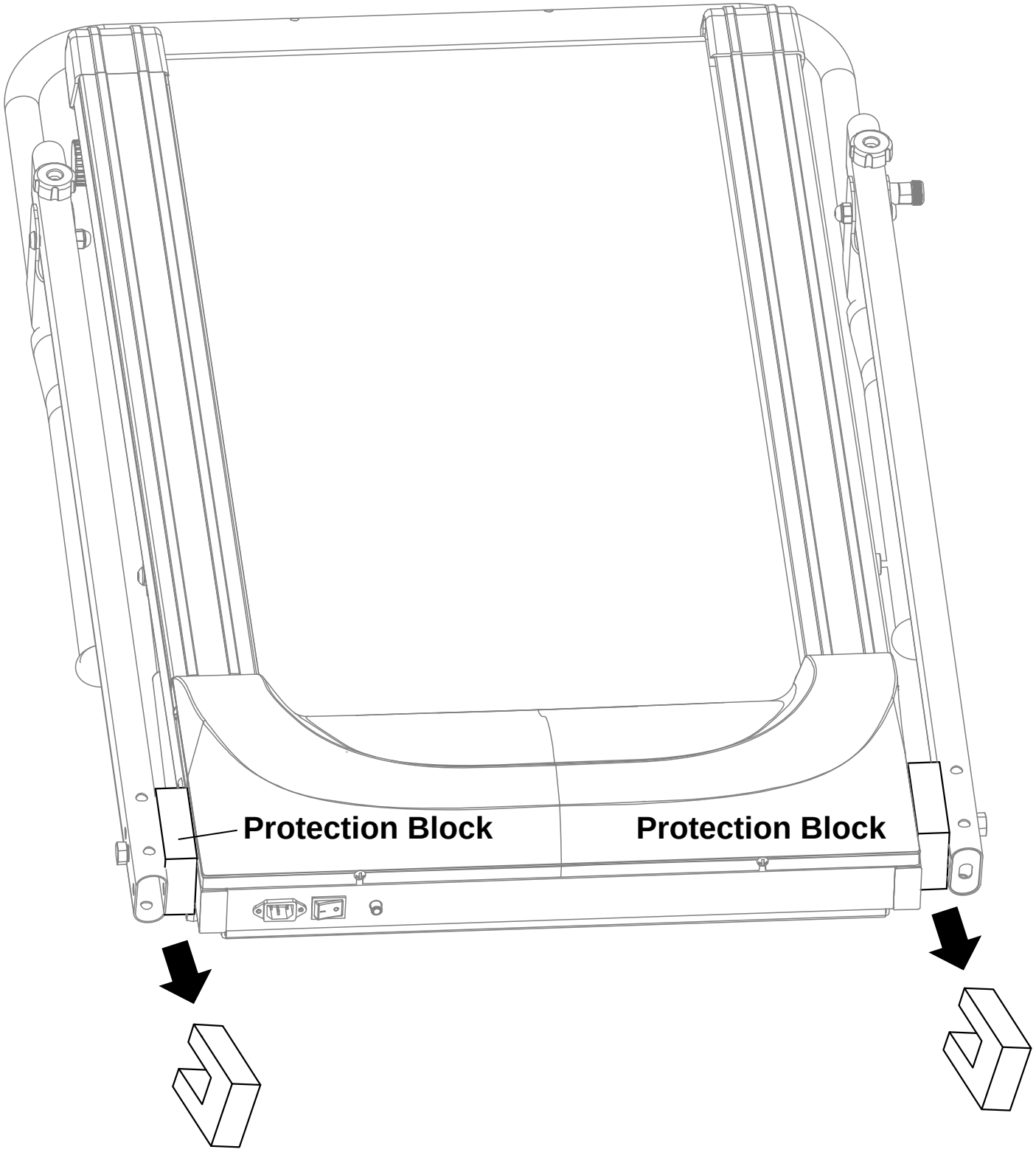
Step5





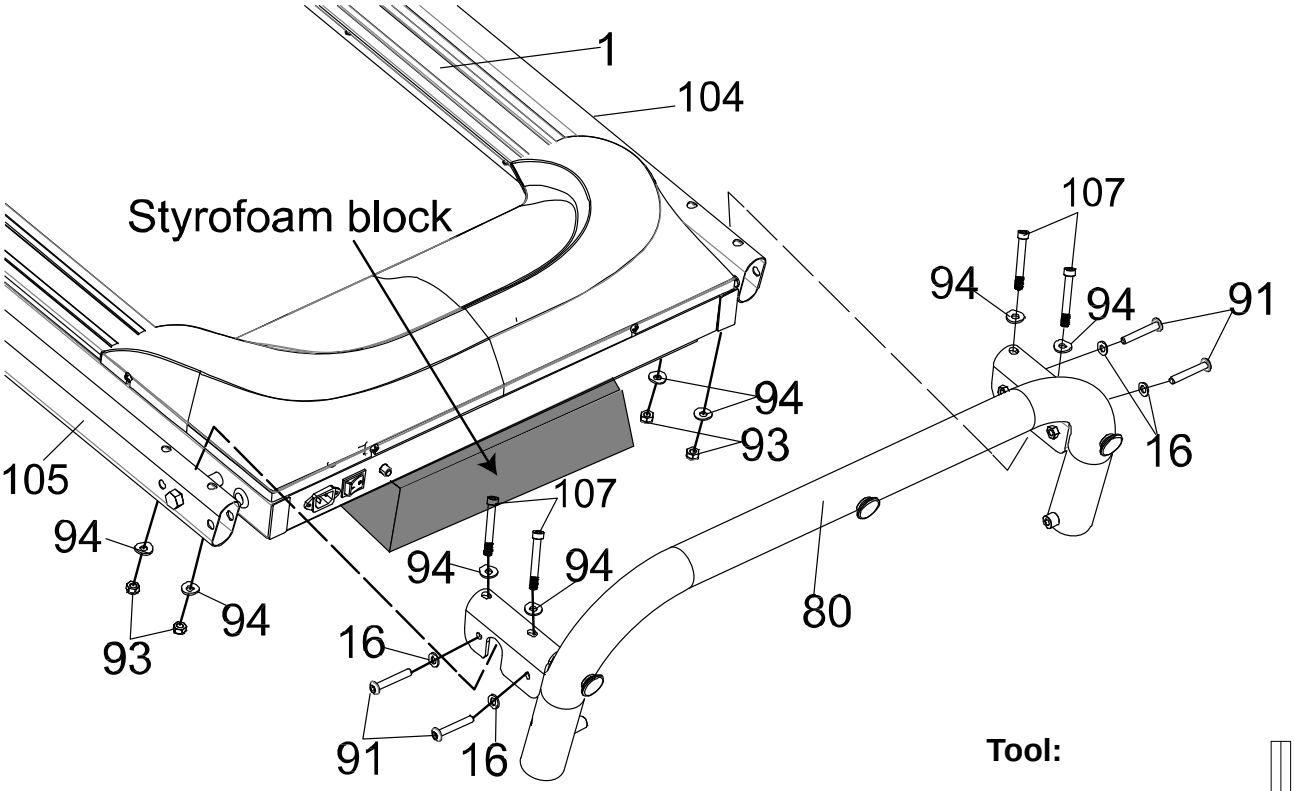
(90) Hex Bolt 2PCS
(91) Curve Washer 2PCS
(89) Triangle Knob 4PCS

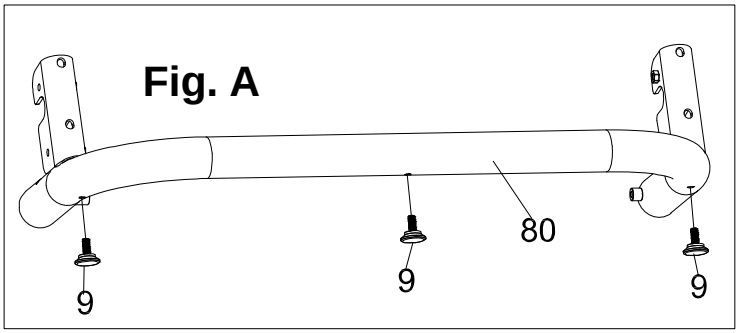
Silicone Oil
1 bottle



Step 1

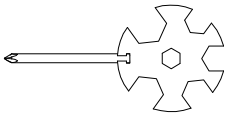
1a. Remove the Protection Blocks at the front of the treadmill. Discard the Protection Blocks, They will not be needed for assembling the treadmill. This is only needed during shipping to protect the frame from being damaged.





Tool:

6mm Allen Wrench 1PC



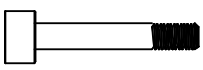
Multi-Hex Tool with Phillips Screwdriver 1PC

Step 2

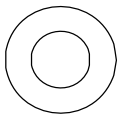
2a. Installing the Adjustable Pad: Attach three **Adjustable Pads (9)** onto **Stabilizer (80). See the Fig.A.**

2b. Installing the Stabilizer: Place a block of Styrofoam packaging under the front of the treadmill to help with the installation. Install the **Stabilizer (80)** onto the **Left and Right Upright Post (104, 105)** and align the holes. Attach four **Hex Bolts (107),** eight **Curve Washers (94),** four **Lock Nuts (93),** four **Flat Washers (16)** and four **Hex Bolts (106)** onto the **Stabilizer (80)** and **Left and Right Upright Post (104, 105)**. Tighten the hardware using the **6 mm Allen Wrench** and **Multi-Hex Tool with Phillips Screwdriver** provided.

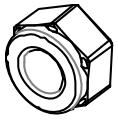
Hardware :



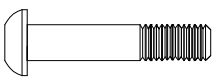
(107) Hex Bolt 4 PCS



(16) Flat Washer 4 PCS

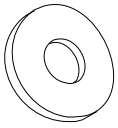


(93) Lock Nut 4 PCS

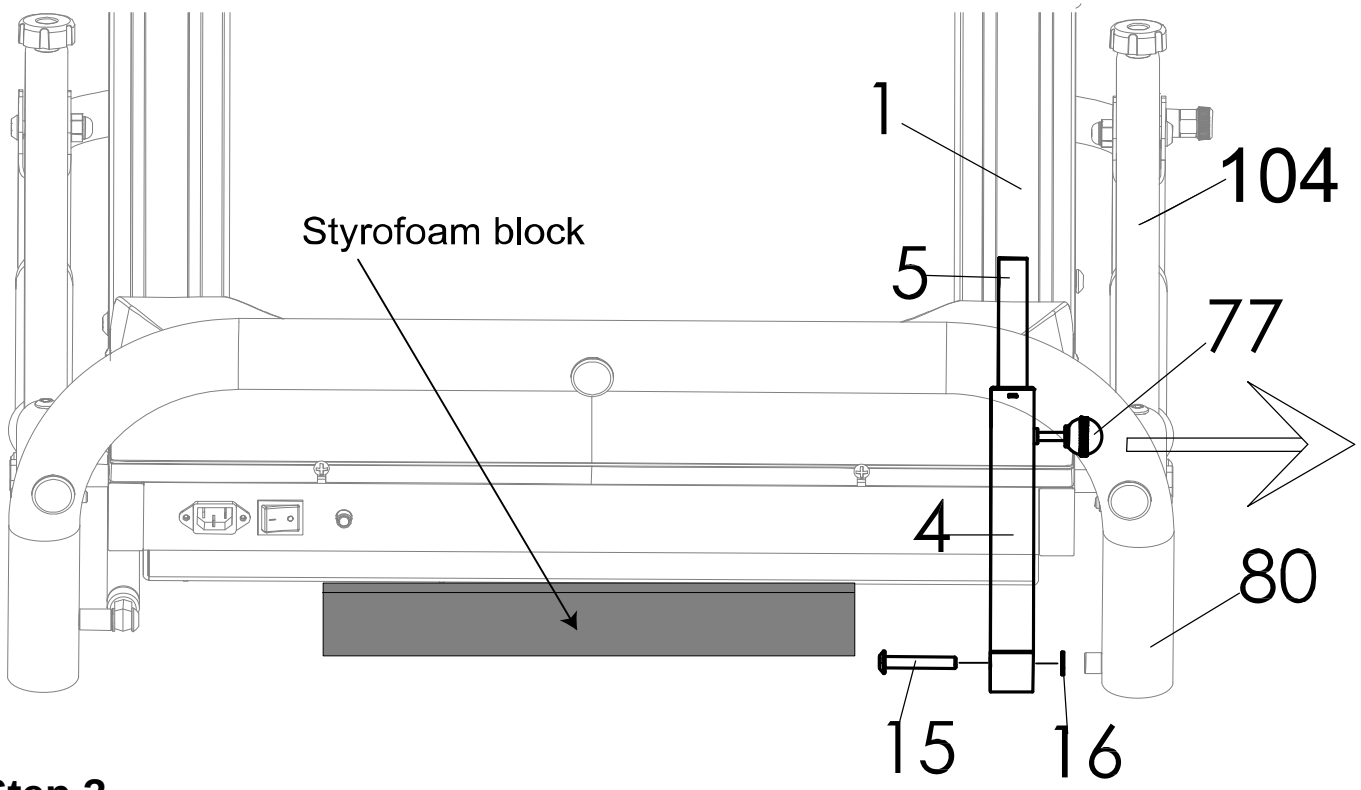


(106) Hex Bolt 4 PCS

(9) Adjustable Pad 3 PCS



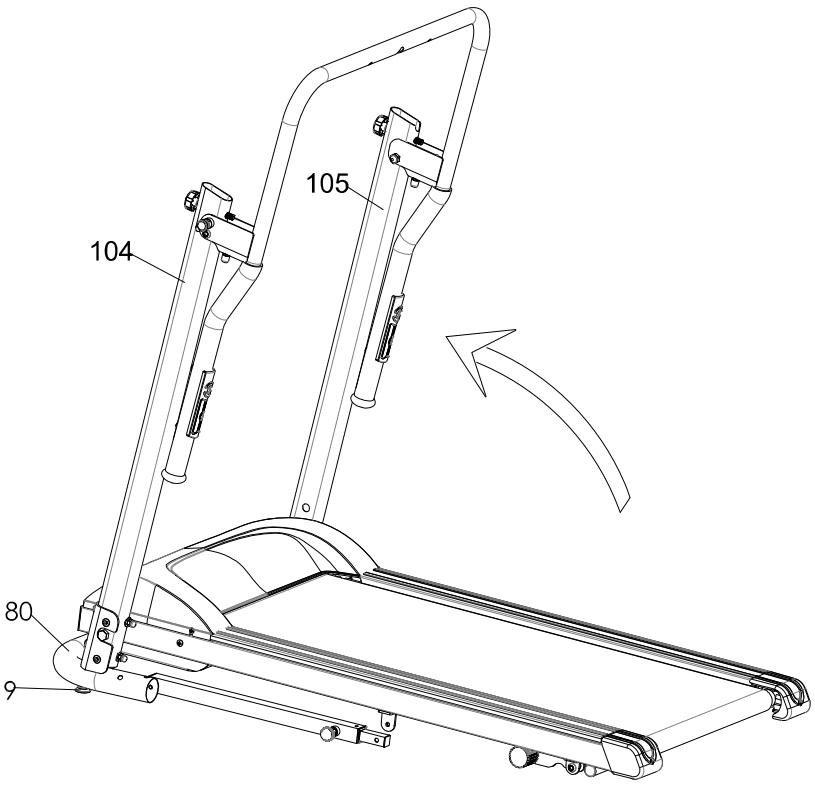
(94) Curve Washer 8 PCS



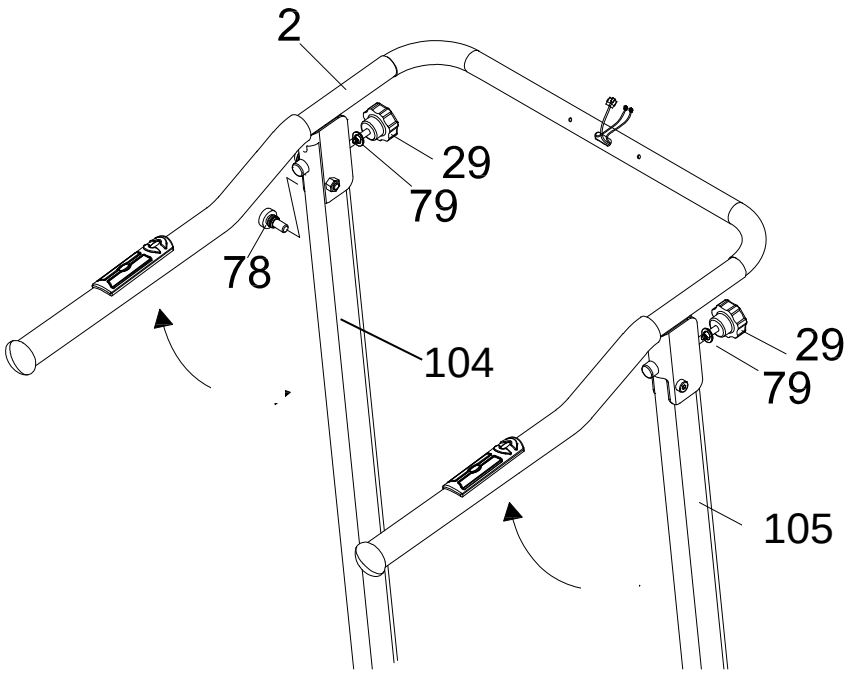
Step 3

3a. Installing the Safety Tube: Remove one **Hex Socket Bolt (15)** and one **Flat Washer (16)** from left side of **Stabilizer (80).** Place **Safety Tube A and B (4,5)** under the front of **Main Frame (1)** and attach **Safety Tube A and B (4,5)** to the left side of **Stabilizer (80)** with one **Hex Socket Bolt (15)** and one **Flat Washer (16).** Tighten the hardware temporarily by hand. Remove the block of Styrofoam.

NOTE：Please make sure the Spring Knob (77) facing toward to Left Upright Post (104).

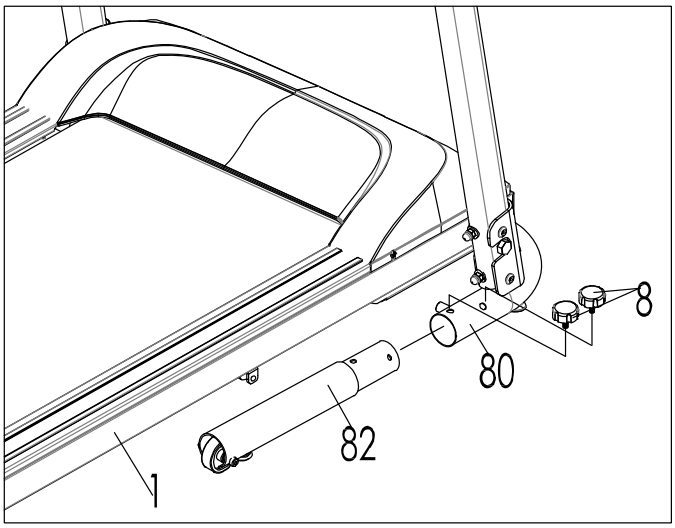


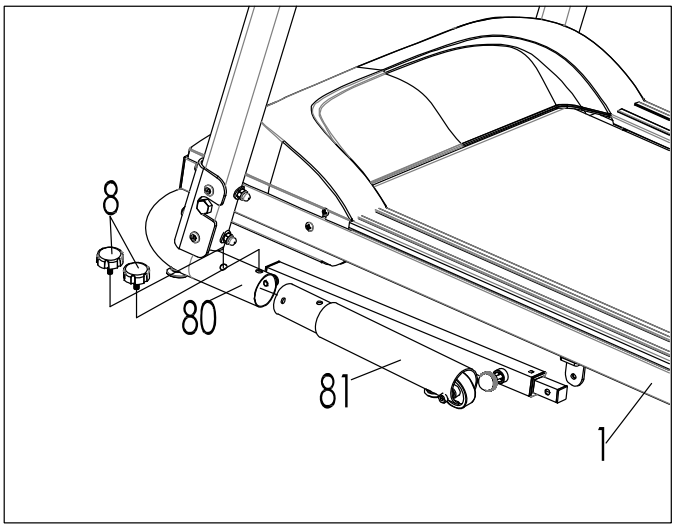
3b. Handlebar Placement: Raising the **Left and Right Upright Post (104, 105)** until **Adjustable Pads (9)** on the **Stabilizer (80)** make contact with ground**.**



Pull out the **Short Knob (78)** and then lift the **Handlebar (2)** until it is perpendicular to the walking surface. Ensure that the **Short Knob (78)** "POPS" into the locked position after the **Handlebar (2)** is raised. Secure the **Handlebar (2)** to the **Left and Right Upright Post (104, 105)** with two **Handlebar Knobs (29)** and two **Flat Washers (79)**

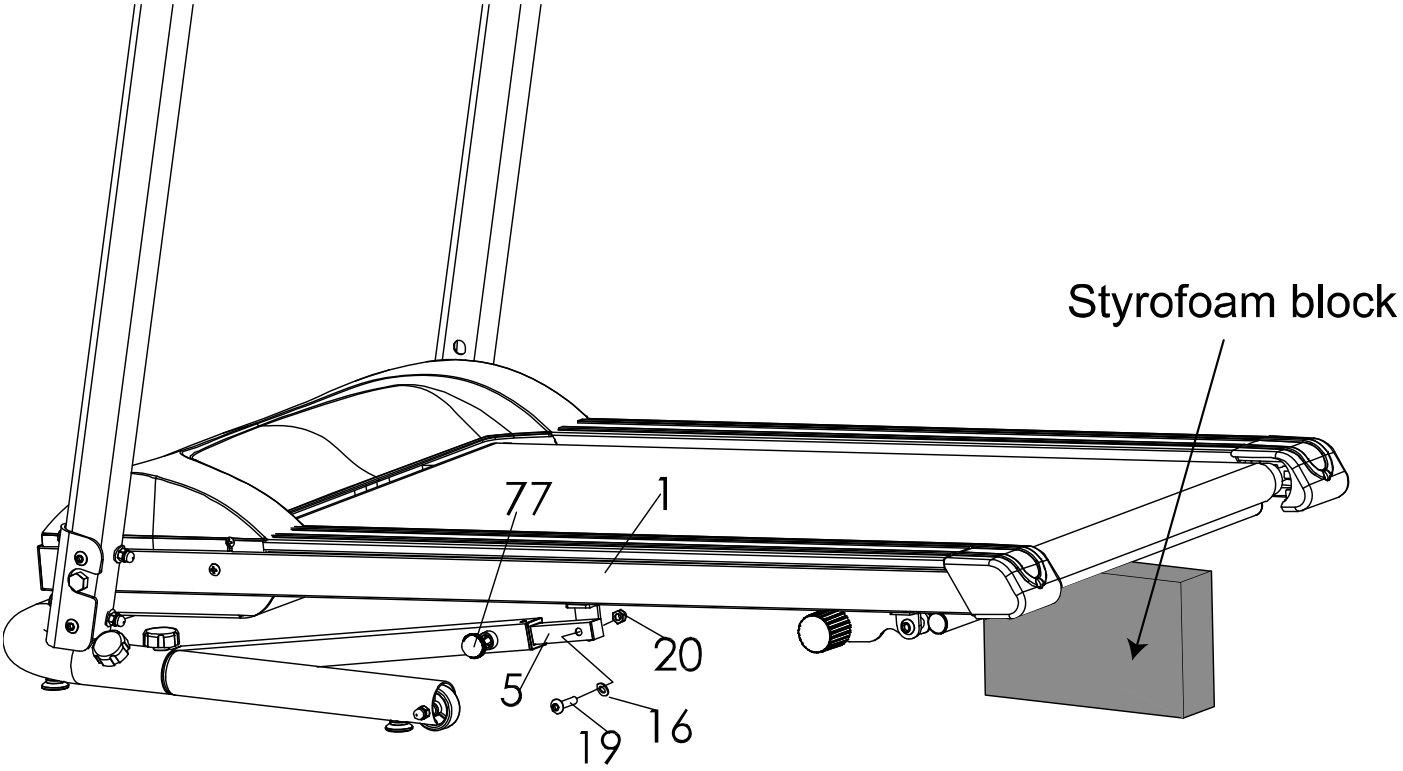
Right **Left**





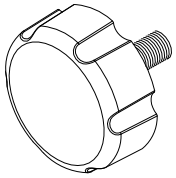
3c. Installing the Right & Left Stabilizer Tubes: Install the **Right Stabilizer Tube (82)** into the **Stabilizer (80)**. Align the holes on both parts and insert two **Stabilizer Knobs (8)** through the holes. Thoroughly tighten the **Stabilizer Knobs (8)** by turning in a clockwise manner.

Repeat this step to install the **Left Stabilizer Tube (81)** to the **Stabilizer (80)**.



3d. Installing the Safety Tube: Place a block of Styrofoam packaging under the rear of the treadmill to help with the installation. Remove one **Hex Socket Bolt (19),** one **Flat Washer (16)** and one **Lock Nut (20)** from **Safety Tube B (5).** Pull the **Spring Knob (77)** to fully extend **Safety Tube B (5)** to align the hole on the **Main Frame (1).** Install **Safety Tube B (5)** to the **Main Frame (1)** with one **Hex Socket Bolt (19),** one **Flat Washer (16),** and one **Lock Nut (20).** Tighten the hardware temporarily by hand. Remove the block of Styrofoam.

Hardware:



(8) Stabilizer Knob
4 PCS

Fig. B

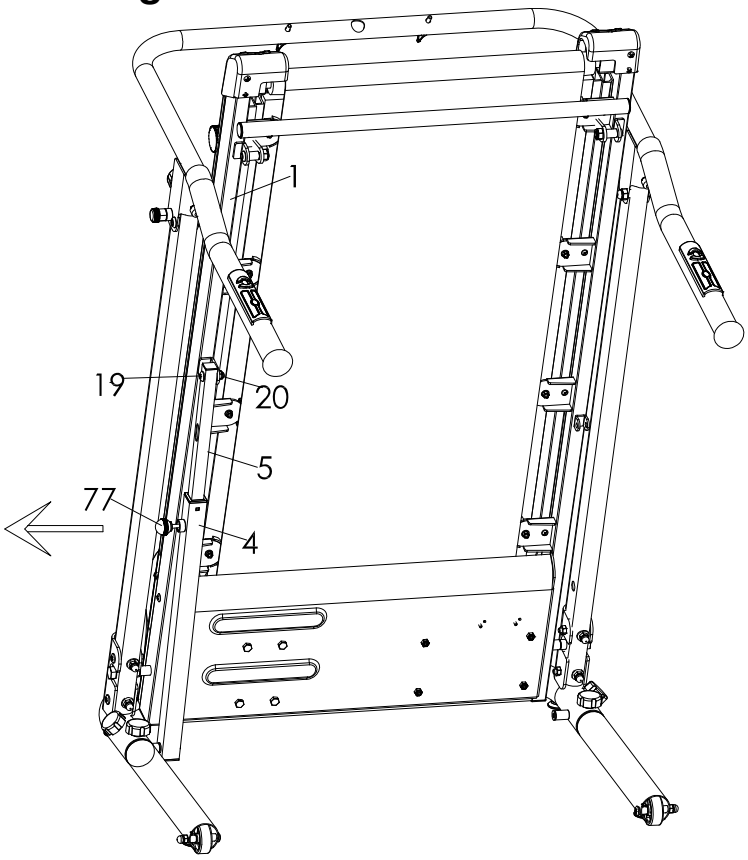
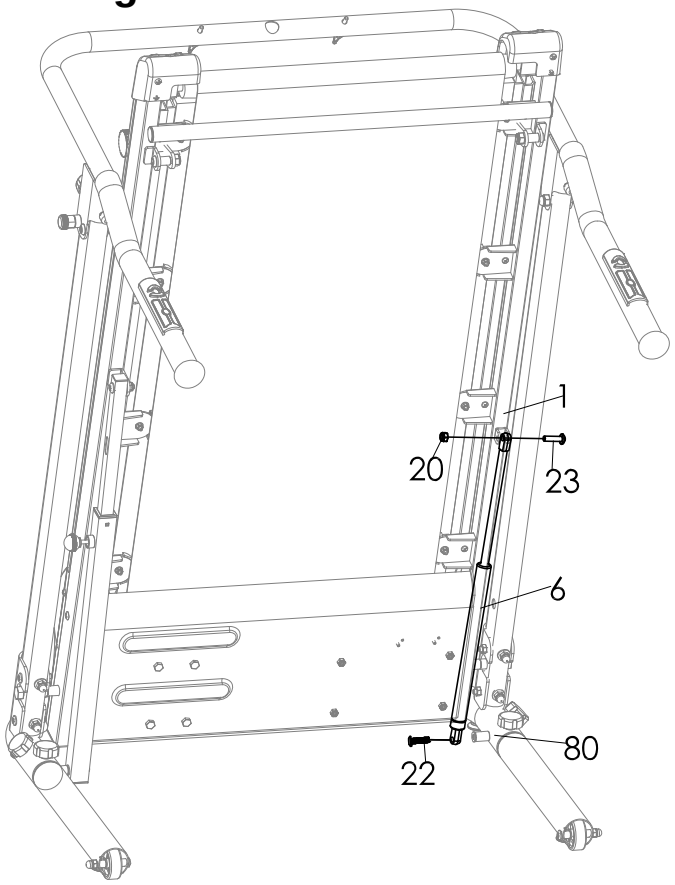
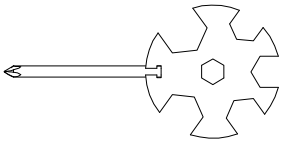


Fig. C



Tool:

6mm Allen Wrench 1PC

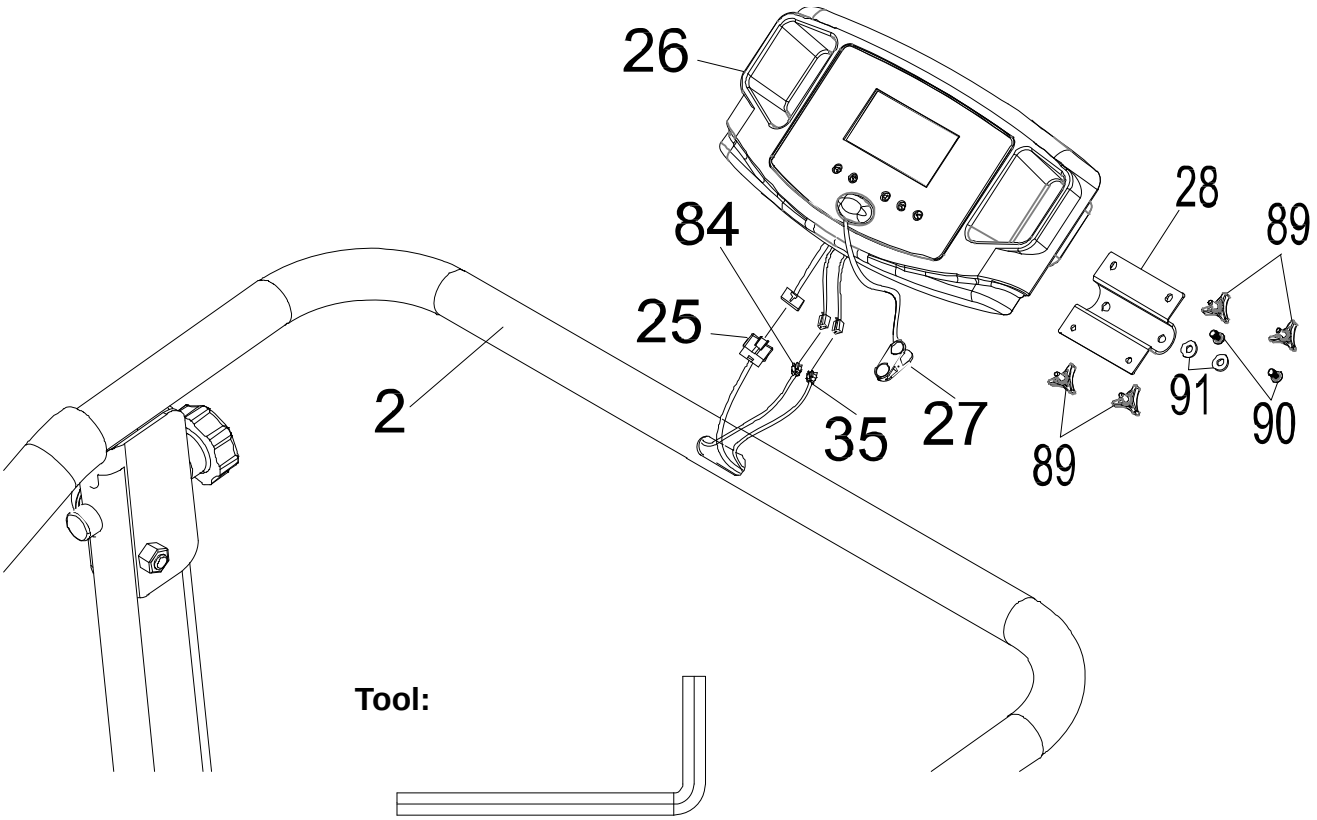


Multi-Hex Tool with Phillips Screwdriver 1PC

Step 4

4a. Tightening the Safety Tube: Pull out **Spring Knob (77)** while lifting up the **Main Frame (1)** completely so that it leans against the **Handlebars (2).** Ensure that the **Spring Knob (77) "POPS"** into the locked position after the **Main Frame (1)** is raised. Tighten the **Hex Socket Bolt (19)** and **Lock Nut (20)** and **Hex Socket Bolt (15)** using the **6 mm Allen Wrench** and **Multi-Hex Tool with Phillips Screwdriver** provided. **See Fig B.**

4b. Install the Air Piston: Remove one **Hex Socket Bolt (22)** from the right side of **Stabilizer (80).** Attach the **thick end** of the **Air Piston (6)** onto the **Stabilizer (80)** with one **Hex Socket Bolt (22).** Remove one **Hex Socket Bolt (23)**, and one **Lock Nut (20)** from **Air Piston (6).** Attach the **thin end** of the **Air Piston (6)** onto the **Main Frame (1)** with one **Hex Socket Bolt (23)**, and one **Lock Nut (20).** Tighten the hardware using the **6 mm Allen Wrench** and **Multi-Hex Tool with Phillips Screwdriver** provided. **See Fig C.**



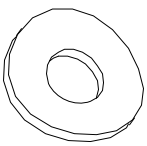
6mm Allen Wrench 1PC

Step 5

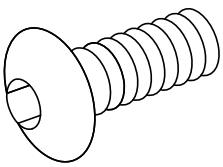
5a. Connecting the Wires: Connect the larger **Signal Cable (25)** from the **Handlebar (2)** to the similar Cable coming from the **Computer (26).** Connect the Black **Function Quick Key (84)** and the White **Speed Quick Key (35)** from the **Handlebar (2)** to the similar Black and White Wires coming from the **Computer (26)**.

5b. Installing the Computer: Attach the **Metal Plate (28)** onto the **Handlebar (2)** with two **Hex Bolts (90)** and two **Curved Washers (91).** Then tighten with the **6mm Allen Wrench** provided. Attach the **Computer (26)** to the **Metal Plate (28)** with four **Triangle Knobs (89)** Be sure to tuck the excess wires into the frame. Place the **Safety Tether Key (27)** onto the **Computer (26).**

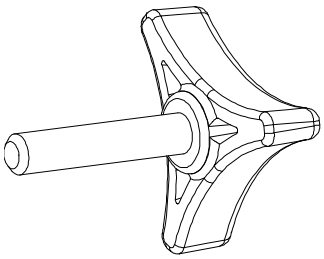
Hardware:



(91) Curve Washer 2PCS



(90) Hex Bolt 2PCS



(89) Triangle Knob 4PCS

Quick Start:

Flip the **Power Switch (39)** that is located at the front of the treadmill to the ON position. The treadmill will self-test for 2 seconds on startup and then the speed setting will show up after a 2 second long beep. Before beginning a workout session ensure that the **Safety Tether Key (27)** is properly placed onto the **Computer (26)** and the **Safety Tether Key (27)** is securely attached to an article of your clothing. Always begin the treadmill standing on the side rails, not on the belt.

Press the START button to start exercise. The belt will start moving with an initial speed of 0.4 MPH. The SPEED window will display your current speed during exercise, the treadmill's speed range is from 0.4 MPH to 4.0 MPH. The PULSE window will display your current heart rate 10 seconds after you grip the handlebar hand pulse sensors with both of your hands during exercising.

The split window of TIME will display in your elapsed workout TIME. The split window of DISTANCE will display your cumulative DISTANCE. The split window of CALORIES will display your total CALORIES burned during your workout. During training, you may press the STOP button to stop the treadmill running at any time, press the START button to start the treadmill running again. You may pull out the safety tether key to stop the treadmill running.

Button Functions:

START: Press the START button to start the treadmill running.
STOP: Press the STOP button to stop the treadmill running.
MODE: Press MODE button to select each function (TIME, DISTANCE, or CALORIES) for target pre-setting.
FAST: To make upward adjustments for pre-setting target training time, distance, or calories.
SLOW: To make backward adjustments for pre-setting target training time, distance, or calories.

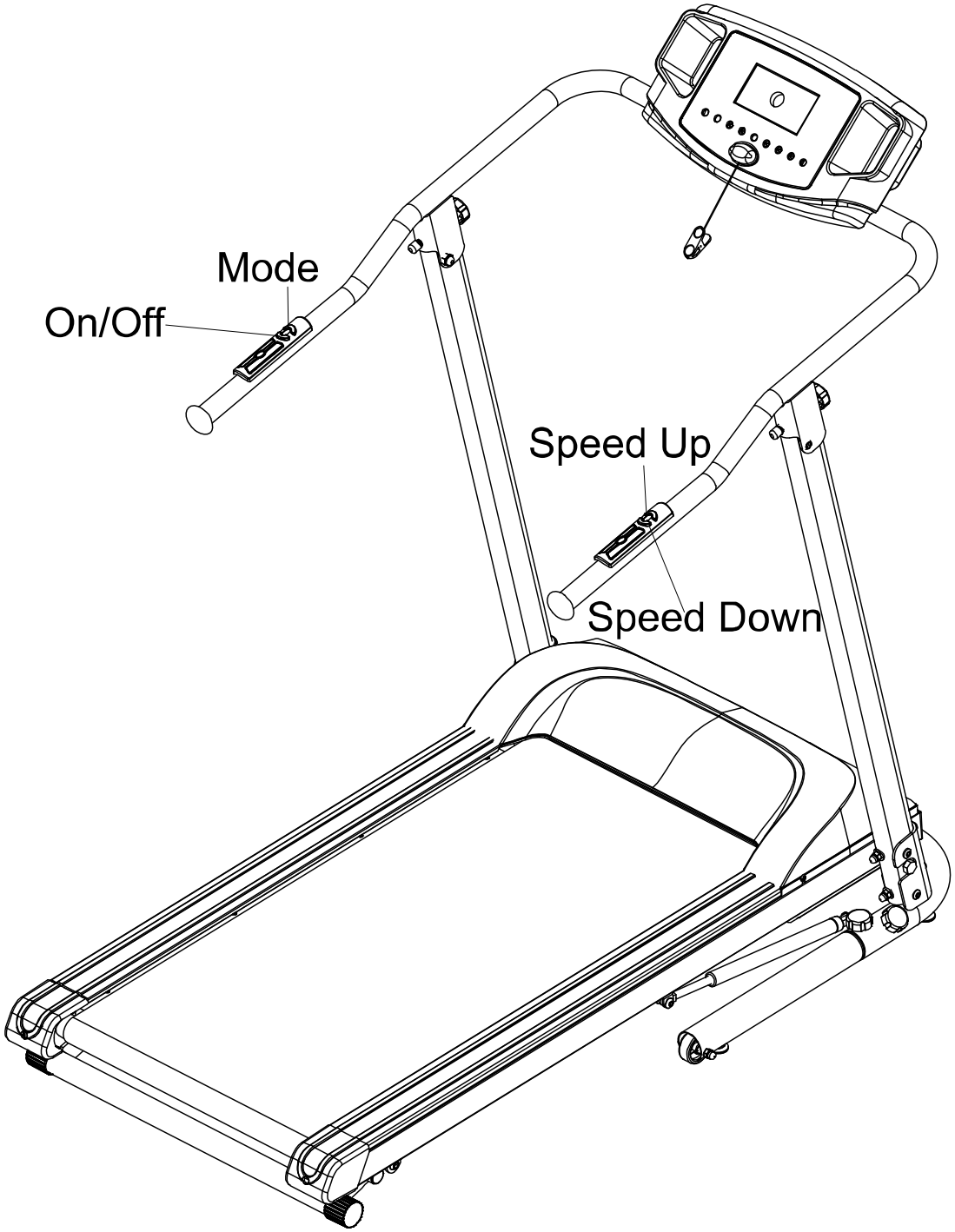
Computer Functions:

TIME: Displays your elapsed workout time in minutes and seconds. Press the START button to start exercise. To set TIME press the MODE button ONCE until you see the TIME begin blinking. Press the FAST or SLOW button to change the time, each time you press the FAST button TIME should increase 1 minute and SLOW button TIME should decrease 1 minute. The pre-set target time range is from 05:00-99:00. Once you pre-set target time, press the START button to start exercising. The walking belt starts moving at a speed of 0.4 MPH. TIME starts counting down from pre-set target time to 05:00 per 1 second backward. When the pre-set target time counts down to 0:00, the treadmill will stop operation automatically.

DIST (DISTANCE):
Displays the accumulative distance traveled during workout. Press the START button to start exercise. To set DISTANCE press MODE button TWO TIMES to start exercise, until you see the DISTANCE begin blinking. Press the FAST or SLOW button to change the DISTANCE, each time you press the FAST button DISTANCE should increase 0.1 mile and SLOW button DISTANCE should decrease 0.1 mile. The walking belt starts moving at speed of 0.4 MPH. You may press the FAST or SLOW button on the computer console to increase or decrease walking distance during exercise. You may also pre-set target distance in STOP mode before training. The pre-set target distance range is from 0.50 to 99.90 miles. Once you pre-set target distance, press START button to start exercising. Distance starts counting down from pre-set target distance to 0.50. Once the pre-set target distance counts down to 0.00, the treadmill stops operation automatically.

CAL (CALORIES): Displays the total accumulated calories burned during workout. (This data is a rough guide for comparison of different exercise sessions and should not be used in medical treatment). Press the START button to start exercise. To set CAL press MODE button THREE TIMES to start exercise, until you see the CAL begin blinking. Press the FAST or SLOW button to change the CAL, each time you press the FAST button CAL should increase 10CAL and SLOW button CAL should decrease 10CAL. The pre-set target calories range is from 20 to 9990 CAL.

PULSE: The PULSE window will display your current heart rate 10 seconds after you grip the hand pulse sensors with both your hands before or after exercise. To ensure the pulse readout is precise, please always grip the hand pulse sensors with two hands instead of just with one hand when you try to test your heart rate figures and please do not test your heart rate while you are doing exercise.



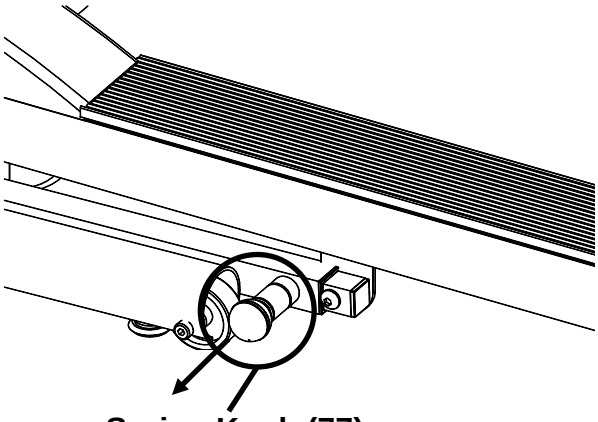
MODE: Press the MODE button on the **Function Quick Key (84)** to select each function (TIME, DISTANCE, or CALORIES) for set up a workout goal value.

On/Off: Press the On/Off button Located on the **Function Quick Key (84)** to start or stop the treadmill.

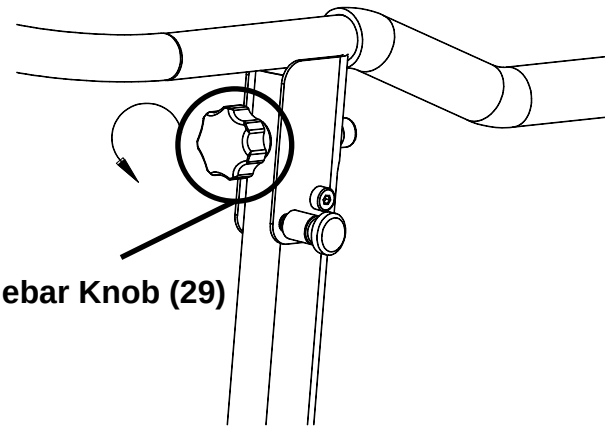
SPEED UP: Press the SPEED UP button on the **Speed Quick Key (35)** to increase speed.

SPEED DOWN: Press the SPEED DOWN button on the **Speed Quick Key (35)** to decrease speed

A



B



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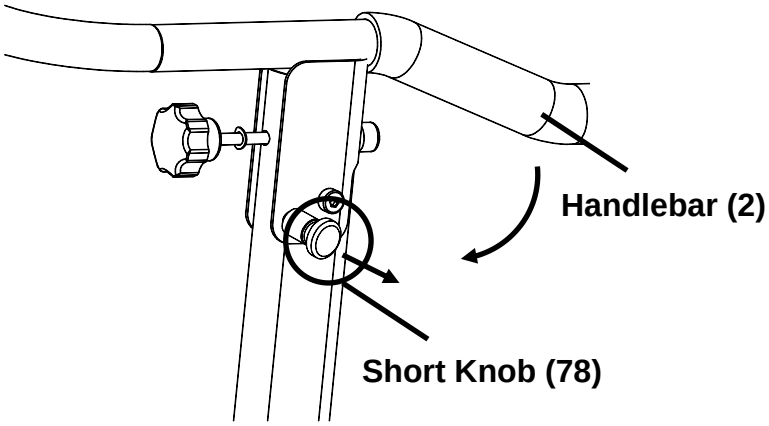
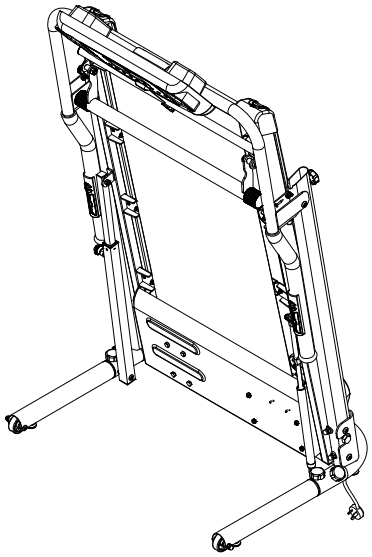


D



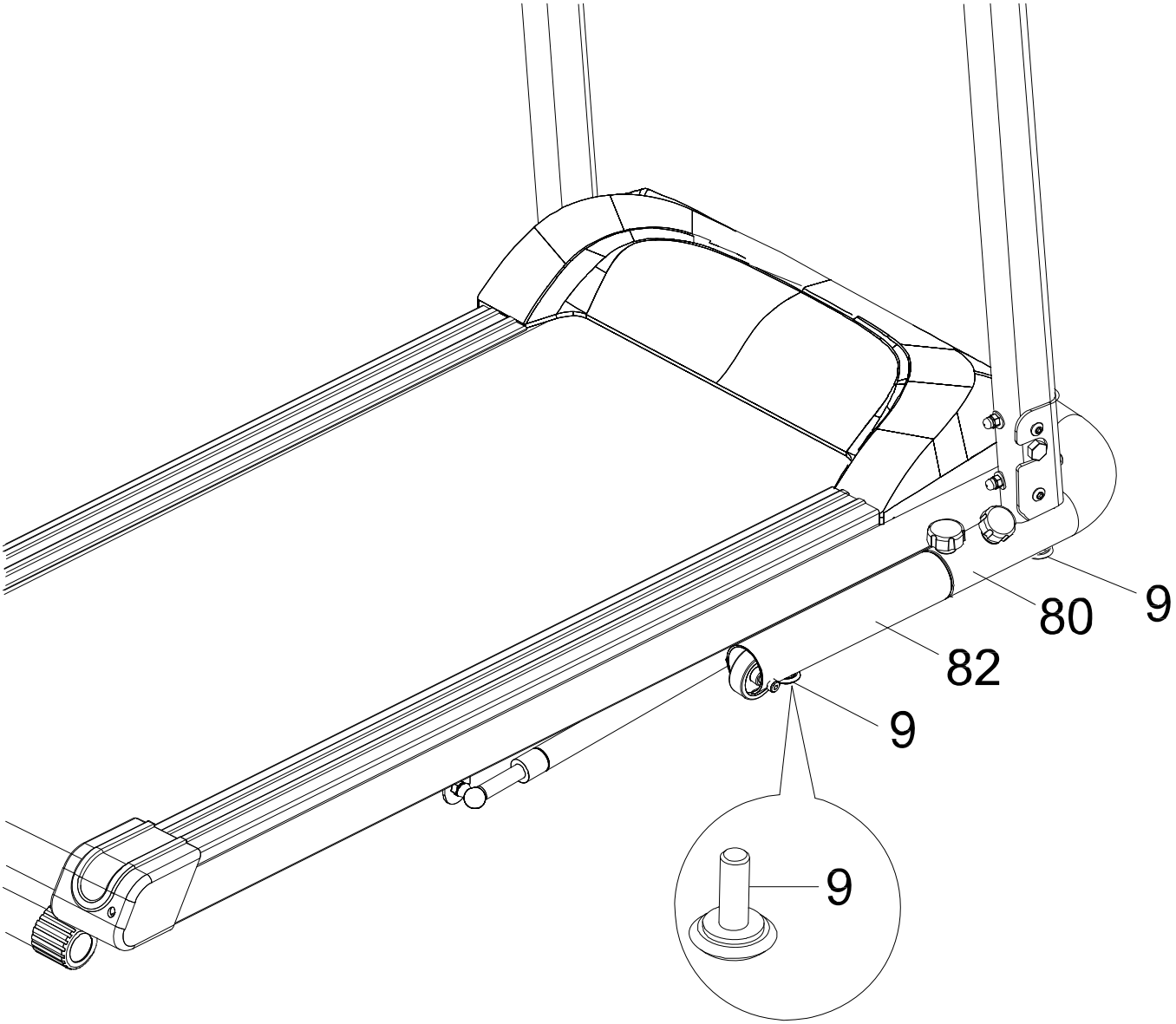
FOLDING THE TREADMILL

For your convenience, the treadmill can be folded up and placed in a storage area.

To fold the treadmill, pull out the **Spring Knob (77)** while slowly lifting up the **Main Frame (1)** and allowing the **Spring Knob (77)** to POP in place. See **Figure A.**
Loosen both of the **Handlebar Knobs (29).** See **Figure B**.

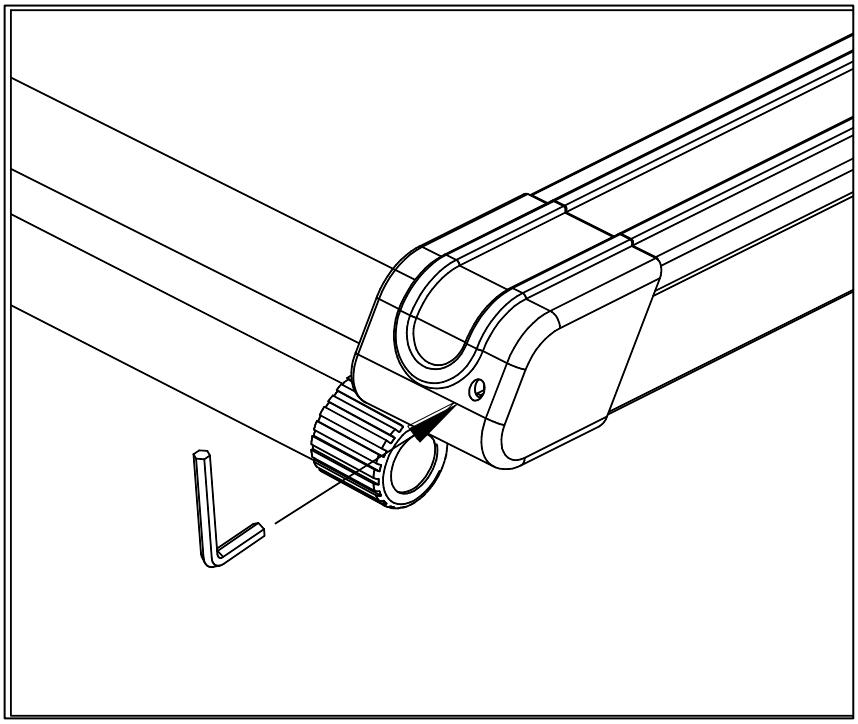
Pull out the **Short Knob (78)** and then push the **Handlebar (2)** all the way down. Insert both **Handlebar Knobs (29)** back to the **Left and Right Upright Post (104, 105)** as shown in **Figure C**.
If you have folded the treadmill correctly, then it should look like **Figure D.**

IMPORTANT: TO PREVENT INJURY PLEASE MAKE SURE YOU HAVE A FIRM HOLD ON THE MAIN FRAME WHEN LIFTING UP OR SETTING DOWN THE DECK.



Adjustable Pads:

There are five **Adjustable Pads (9)**. There is one on the bottom of both **Left** and **Right Stabilizer Tubes (81)** & **(82).** There are three on the bottom of the **Stabilizer (80)**. Turn the various **Adjustable Pads (9)** as needed to level the treadmill.

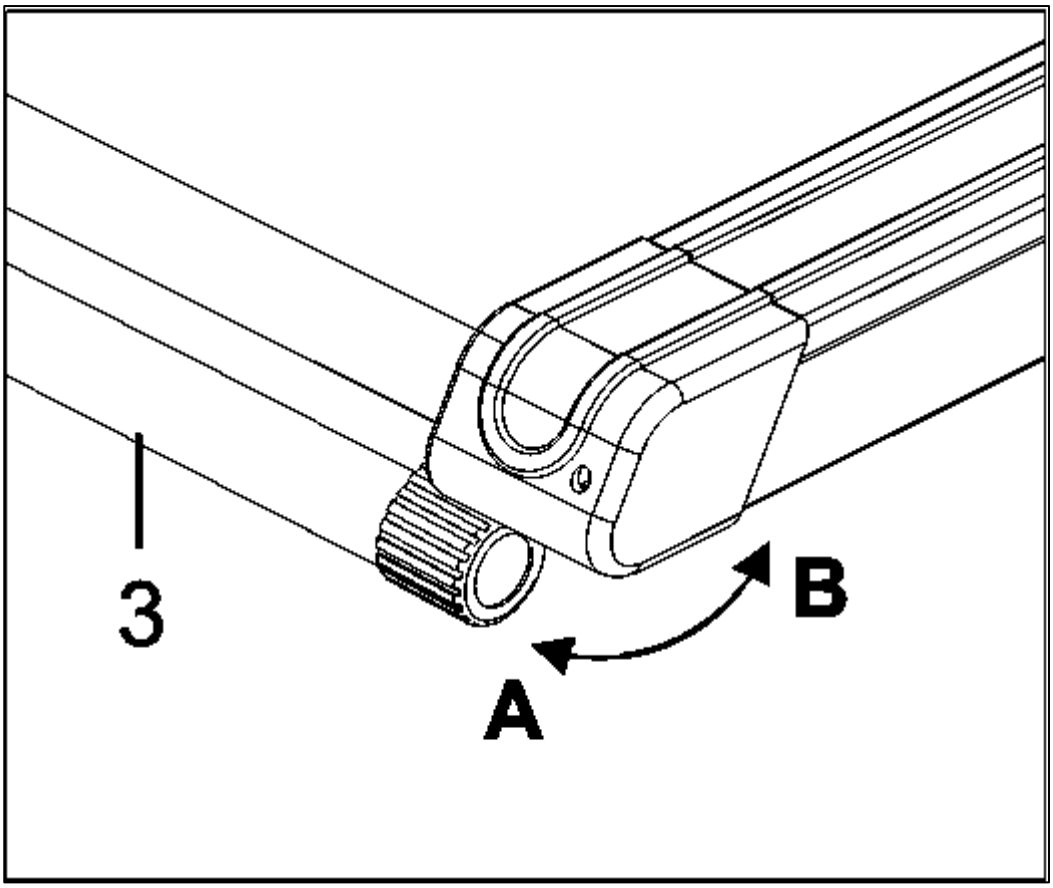


Belt Adjustment:

The belt may come loose during transportation and/or from use. After prolonged use of the treadmill, the belt will stretch out. If the belt is shifting to the left, turn on the main power switch of treadmill and let the belt run at the speed of 1-1.5 MPH. Using the **6mm Allen Wrench** provided, turn the left rear roller adjustment bolt 1/4 turn in the clockwise direction. You should see the belt start to correct itself by moving back toward the center. Repeat the above procedure until the belt is properly centered.

If the belt is shifting to the right, turn on the main power switch of treadmill and let the belt run at the speed of 1-1.5 MPH. Using the **6mm Allen Wrench** provided, turn the right rear roller adjustment bolt 1/4 turn in the clockwise direction. You should see the belt start to correct itself by moving back toward the center. Repeat the above procedure until the belt is properly centered.

If the belt is slipping during use, turn off and unplug the treadmill. Using the **6mm Allen Wrench** provided, turn both left and right rear roller adjustment bolts 1/4 turn in the clockwise direction for the same amount, then turn on the main power switch of treadmill and let the belt run at the speed of 1-1.5 MPH. You should now walk on to the belt to determine if the belt is still slipping. Repeat the above procedure until the belt no longer slips.

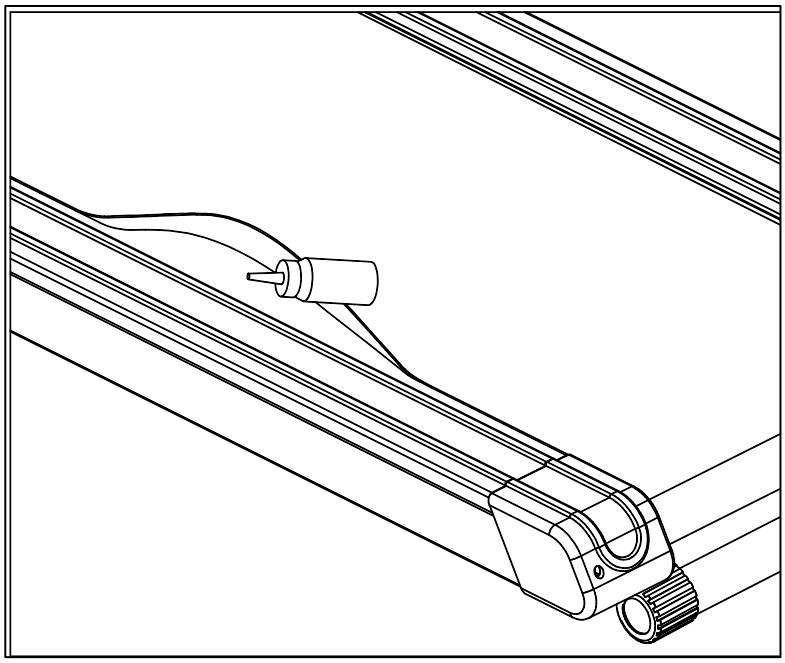


Incline Adjustment:

Place one hand on the rear end of main frame. Lift the main frame up then adjust the **Incline Adjuster (3)** to the desired position.

Two Incline Degree Options:

3 % Incline degree when Incline Adjuster at Position A.
6 % Incline degree when Incline Adjuster at Position B.



Silicone Oil

The treadmill been coated with "Silicone Oil" in advance. Silicone oil is a non-volatile oil and by the time you receive the treadmill, there should be oil permeated through the belt. There will be no need to re-apply the oil under normal circumstances. To maintain the belt, "Silicone Oil" may be re-applied once the resistance has been increased and the belt starts rubbing against the walking deck. To re-apply the Silicone Oil to the treadmill, lift up the belt, one side at a time, and apply the oil directly to the center of the walking deck. Allow the silicone oil to 'set' for one minute before using the treadmill.

Attention: Only use "Silicone Oil" lubricants for this equipment. **In addition, do not add any other type of oil; otherwise the treadmill will be damaged. Do not over-lubricate the walking board. Excess lubricant should be wiped off with a clean towel.**

WARNING: To prevent electrical shock, turn off and unplug the treadmill before cleaning or performing routine maintenance.

CLEANING

The treadmill can be cleaned with a soft cloth and mild detergent. Do not use abrasives or solvents. Be careful not get excessive moisture on the display panel as this might cause an electrical hazard or electronics to fail. Keep the treadmill, especially, the console, out of direct sunlight to prevent screen damage.

STORAGE

Store the treadmill in a clean and dry environment. Ensure the master power switch is off and is in the off position and the power plug is un-plugged from the electrical wall outlet.

Error Codes Cause and Solutions

Fault Code	Cause	Solution
SAFE	Safety tether key protection	1. Ensure that the Safety Tether Key is installed on the Computer (26). 2.Restart the power after 1 minute and install the Safety Tether Key 3. Computer IC Board damaged, Contact Customer Service.
Er1	Computer receiving error signal up to 15 seconds.	1.Restart the power, and retry after 1 minute 2.Ensure the sensor cable is connected perfectly 3.Signal cable or computer IC board damaged, Discontinue use and contact Customer Service
Er3	Low Voltage	1. Restart the power and retry after 1 minute. Check if the input voltage is lower. Use when voltage is normal 2.Signal Cable or power IC board damaged, Discontinue use and contact Customer Service
Er5	1.Motor Cable become loose 2.Motor is blocked 3.Motor damaged	1. Restart the power, and retry after 1 minute 2.Check the motor cable , make sure it is connect perfectly 3.Check the motor quality, make sure there is no visible damage. 4.Ensure the running belt is thoroughly lubricated. 5.Motor or power IC board damaged, Discontinue use and contact Customer Service
Er7	Power IC board not receiving signal	1. Restart the power, and retry after 1 minute 2.Ensure that the sensor cable is connected perfectly 3. Signal cable or power IC board damaged, Discontinue use and contact Customer Service

MANUFACTURER'S LIMITED WARRANTY

Paradigm Health & Wellness warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has been installed and operated in accordance with Paradigm's Owner's Manual. Paradigm's obligation under this warranty applies to the following:

COMPONENT	LENGTH OF WARRANTY
Structural Frame	**2 years For Home Use Only**
Motor	**5 years For Home Use Only**
All Other Components	**90 days For Home Use Only**

(computer display, electronics, upholstery, foam, ball bearings, pulleys, belts, cables, wires, shocks, covers, tension, internal mechanism, wheels, pedals, knobs, accessories and hardware)

Exclusions from Warranty Coverage:
Paradigm does not warrant against and is not responsible for, and no implied warranty shall be deemed to cover, any product failure, product malfunction, or damages attributable to:

1. Improper installation and/or failure to abide by Paradigm's installation guidelines;
2. Use of this product beyond normal home use, or in an application for which it was not designed;
3. Cosmetic items such as scratches, dents or discolorations;
4. Damage caused by normal wear and tear, vandalism, accidental or by animals;
5. Any act of Nature (such as fire, flooding, snow, ice, hurricane, earthquake, lightning or other natural disaster), environmental condition (such as air pollution, mold, mildew, etc.), or staining from foreign substances (such as dirt, grease, oil, etc.);
6. Normal weathering due to exposure to sunlight, weather and atmosphere which can cause colored surfaces to, among other things, flake, chalk, accumulate dirt or stains.
7. Improper operation, alteration, handling, storage, abuse or neglect of the products.

Paradigm, using its sole discretion, will either repair or replace free of charge any part(s) proven to be defective under normal home use. Any repair or replacement shall provide no new warranty coverage, but shall retain only the remaining portion of the original product's warranty. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.

Ordering Replacement Parts

Replacement parts can be ordered by emailing our customer service department:

Service@paradigmhw.com

Open Monday thru Friday 8:00 AM - 5:00 PM (PST).

When ordering replacement parts please have the following information ready:

1. **Owner's Manual**
2. **Model Number**
3. **Description of Parts**
4. **Part Number**
5. **Date of Purchase**

PARTS REQUEST FORM

Paradigm Health & Wellness, Inc.

EMAIL THIS FORM WITH YOUR RECEIPT OF PURCHASE TO

Service@paradigmhw.com *

NAME:_____

ADDRESS:_____

CITY:_____ **STATE:**_____ **ZIP:**_____

TELEPHONE: (Day)_____

(Night)_____

SERIAL#:_____

MODEL#:_____

PURCHASE DATE:_____

PLACE OF PURCHASE:_____

PART #	DESCRIPTION	QTY

"YOUR ORDER WILL BE PROCESSED WITHIN 3 BUSINESS DAYS"

**** This form can also be faxed in Fax #: 626-810-2166***