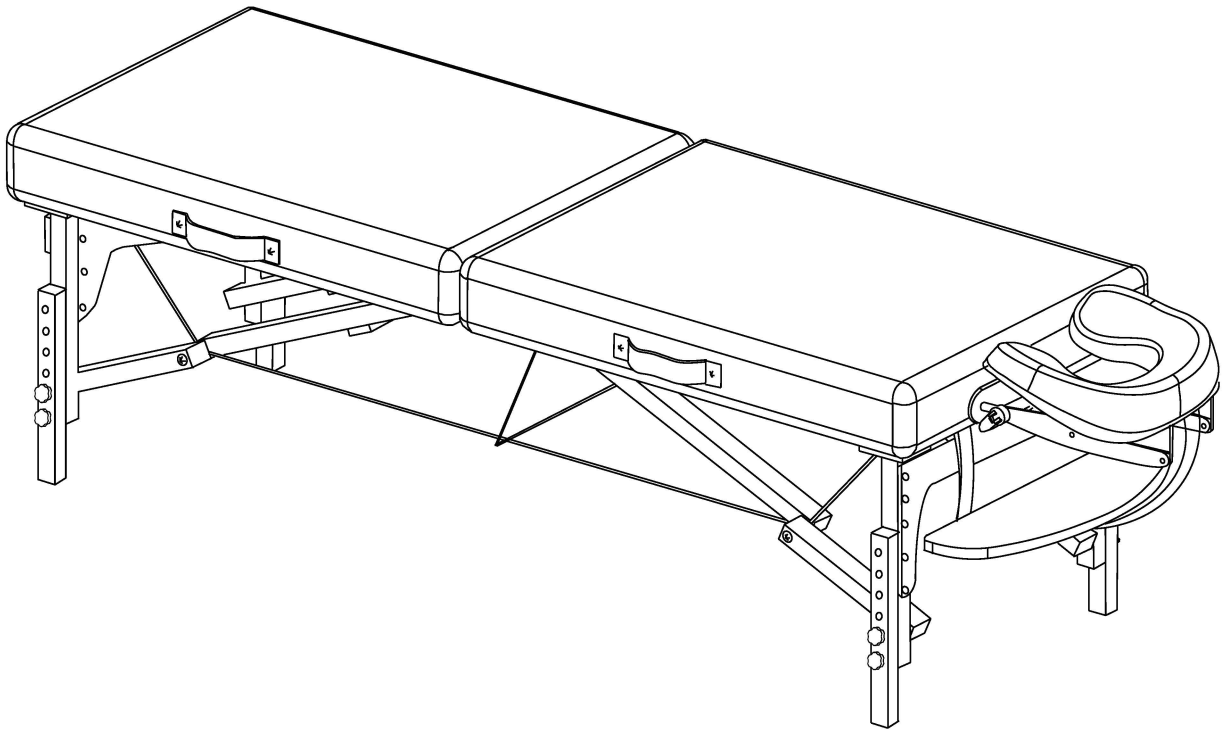
OWNER'S MANUAL

Paradigm™
Health & Wellness

Tahoe
by EXERPEUTIC

MASSAGE TABLE



Read this manual before using the product.

Model # 9118

The specifications of this product may vary from this photo and are subject to change without notice.

IMPORTER: COMERCIALIZADORA MEXICO AMERICANA S. DE R.L. DE C.V. Av. Nextengo No. 78 Col. Santa Cruz Acayucan, Azcapotzalco, Ciudad De México, México C.P. 02770.
TELEFONO DEL IMPORTADOR: 58-99-12-00 EXT: 31616

Made in China

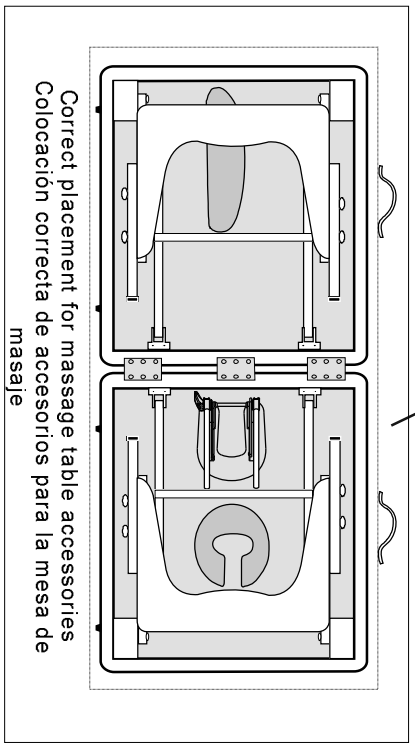
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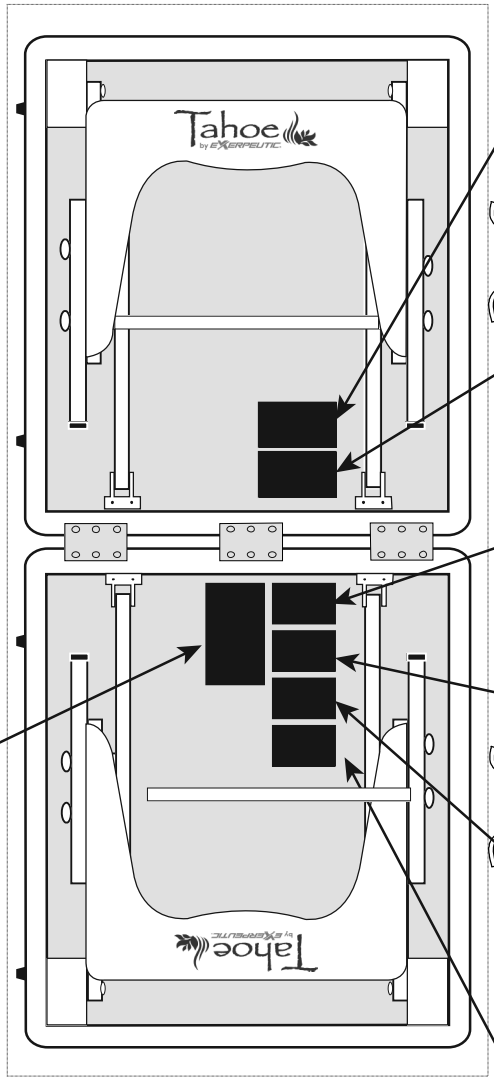
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WARNING LABEL PLACEMENT

Not to be removed until delivered to the consumer	No desapegarse hasta que sea entregado al consumidor
This label is affixed in compliance with Provincial Law	Esta etiqueta está pegada en el cumplimiento de la Ley Provincial
This article contains NEW MATERIAL ONLY	Este artículo contiene SÓLO MATERIALES NUEVOS
Made by reg. no.09T-1264507	Creado por la regulación.09T-1264507
Contains Polyurethane Foam	Contiene Espuma de Poliuretano

UNDER PENALTY OF LAW THIS TAG NOT TO BE REMOVED EXCEPT BY THE CONSUMER **ALL NEW MATERIAL CONSISTING OF POLYURETHANE FOAM PAD_100%** **REGISTRY NO. VA25302 (CN)** Certification is made by the manufacturer that the materials in this article are described in accordance with law. Paradigm Health and Wellness, Inc. 1189 Jellick Ave. City of Industry CA 91748, USA	**NOTICE** This article does not meet the flammability requirements of California Bureau of Home Furnishings technical bulletin 117. Care should be exercised near open flame or with burning cigaretts.	SE SANCIONARÁ LEGALMENTE A QUIENES QUITEN ESTA ETIQUETA. SOLO EL CONSUMIDOR PODRÁ QUITARLA. **MATERIAL COMPLETAMENTE NUEVO COMPUESTO DE 100% RELLENO DE ESPUMA DE POLIURETANO.** **NO. DE REG VA25302 (CN)** El fabricante certifica que los materiales de este artículo se describen según las leyes. Paradigm Health and Wellness, Inc. 1189 Jellick Ave. City of Industry CA 91748, USA	**NOTIFICACIÓN** Este artículo no se ajusta a la inflamabilidad requisitos de Oficina de Mobiliario boletín técnico 117. Cuidado de California deben ejercerse cerca de una llama abierta o con cigaretts ardientes.







WARNING

Maximum weight capacity-
Static weight 2000 lb/ 909 kg
Working weight 500 lb/ 227 kg

Advertencia:

Capacidad de peso máximo:
Peso estático 909kg
Peso en trabajo 227kg

CAUTION

Do NOT Sit on the extreme edge of the table, doing so may cause the table to fold or collapse and cause the table damage or person injury.

Precaución

No sentarse en el extremo de la mesa, hacerlo puede causar que la mesa se doble o colapse y cause daño al producto o a la persona.

CAUTION

When getting up from the table, please do not use the armrest to push yourself up as the armrest will break

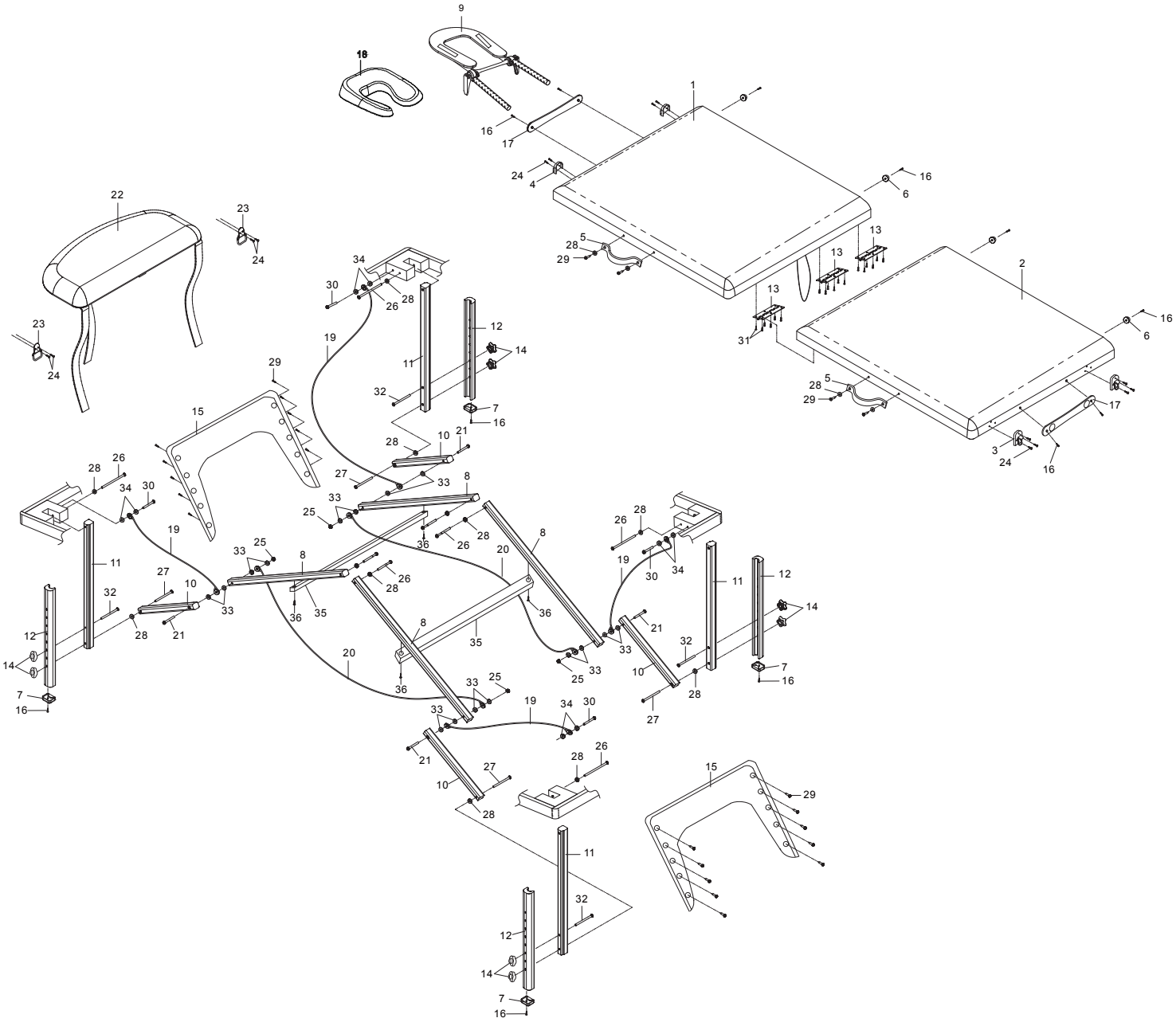
Precaución:

Al levantarse de la mesa , por favor no utilice el reposa brazos para impulsarse hacia arriba ya que éste se puede romper.

SAFETY PRECAUTIONS

1. Examine the Massage Table for damage before each use.
2. Use the Massage Table on a level surface.
3. Do not use alcohol based cleaners when cleaning the vinyl. This could cause damage to the vinyl material. Use warm soapy water and wipe dry.
4. Make sure when using the table that all four legs should be adjusted to the same level. Using the legs at different levels can cause the Massage Table to be unstable and cause injury.
5. Do not allow children to play on the Massage Table.
6. Do not overload the table beyond the recommended weight limit. This could result in serious injury to the user.
7. Maximum weight capacity- static weight: 2000 lbs/909 kgs
   working weight: 500 lbs/227 kgs

OVERVIEW DRAWING



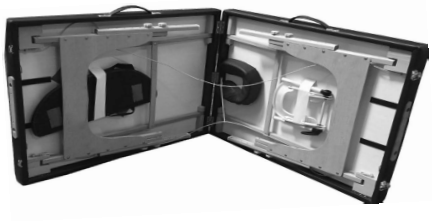
PART LIST

Part#	Description	Qty	Part#	Description	Qty
001	Front bed with frame	1	019	Short cable	4
002	Rear bed with frame	1	020	Long cable	2
003	Upper buckle	2	021	Self tapping bolt M6x65mm	4
004	Lower buckle	2	022	Armrest	1
005	Handle	2	023	Armrest loop	2
006	Rubber foot	4	024	Round head self M3x20mm	14
007	Lower leg end cap	4	025	M6 Nylon nut	4
008	Long brace	4	026	Bolt M6x75mm	8
009	U shaped headrest	1	027	Self tapping bolt M6x75mm	4
010	Short brace	4	028	Plastic washer Ø18xØ6x2t	16
011	Upper leg	4	029	Mod. Truss head screw M4x18mm	24
012	Lower leg	4	030	Bolt M6x30mm	4
013	Hinge	3	031	Self tapping M4x20mm	18
014	Leg knob	8	032	Self tapping bolt M6x50mm	4
015	End panel	2	033	Plastic washer Ø13xØ6x2t	16
016	Round head self tapping screw M4x20mm	12	034	Plastic washer Ø15xØ6x4t	8
017	Headrest bushing plate	2	035	Cross brace	2
018	Face cushion	1	036	Self tapping bolt M4x20mm	4

ASSEMBLY

1

Release the Buckles and then open the table so that it is standing on the side with the Rubber Feet. Take out the Face Cushion, U Shaped Headrest, and Armrest from underneath of the table.





2

Pull out the left and right pair of Legs and straighten each joint.



3

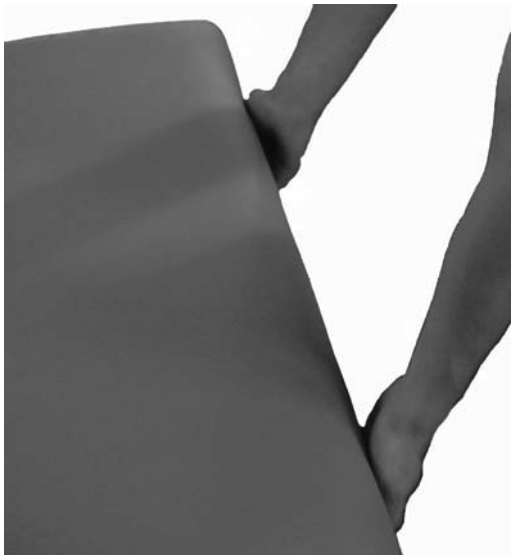
Lift the table up until all four legs are on the floor.



ASSEMBLY

4

Lift one end of the table and pull out to open table fully.



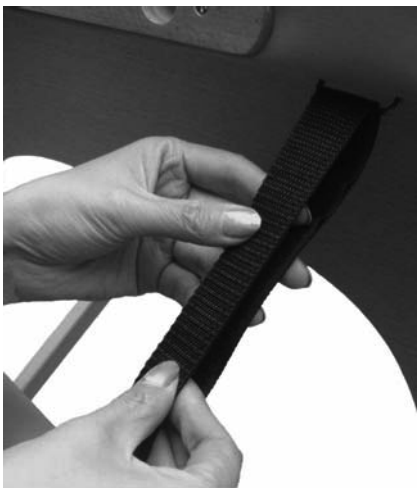
5

Insert both Right/Left Headrest Sticks with Headrest into the holes of the Headrest Bushing Plate. The Headrest can be installed on either side of the table.



6

Attach armrest corner straps onto Armrest Loops underneath the Front Bed.



ASSEMBLY

7

Attach front strap to the U Shaped Headrest.



8

Place the Face Cushion onto the U Shaped Headrest by lining up the Velcro pads.

WARNING: HEADREST IS FOR LIGHT USE ONLY! PLEASE DO NOT PLACE HEAVY WEIGHT OR STRONG PRESSURE WHEN RESTING.



ADJUSTMENT

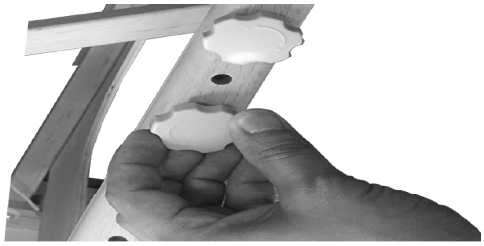
Adjusting the angle of the Headrest

Press up on the Locking Handles and then adjust the Headrest to the desired angle. Press down on the Locking Handles after adjustment to lock into place.



Adjusting the Table Height

Lay the table on the Rubber Footed side and then remove the Leg Knobs.

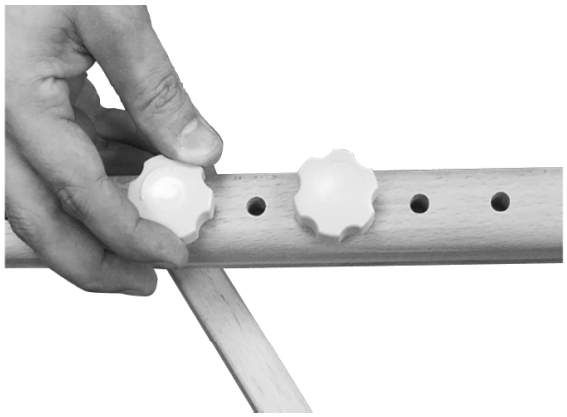


Remove the Lower Leg and then place the Lower Leg back onto the Upper Leg matched up to the desired holes for adjusting the height of the table.



Tighten the Leg Knobs after adjustment.

NOTE: Adjust all of the four Legs to the same height.



STORAGE



1. Lay the table on its side and fold at an angle.
2. Completely fold the Legs flat under the table.
3. Make sure the Cables, U Shape Headrest, Face Cushion, and Armrest are inside the table before closing it.

TRANSPORT THE TABLE



The table is easy to carry with the shoulder strap of carry bag.