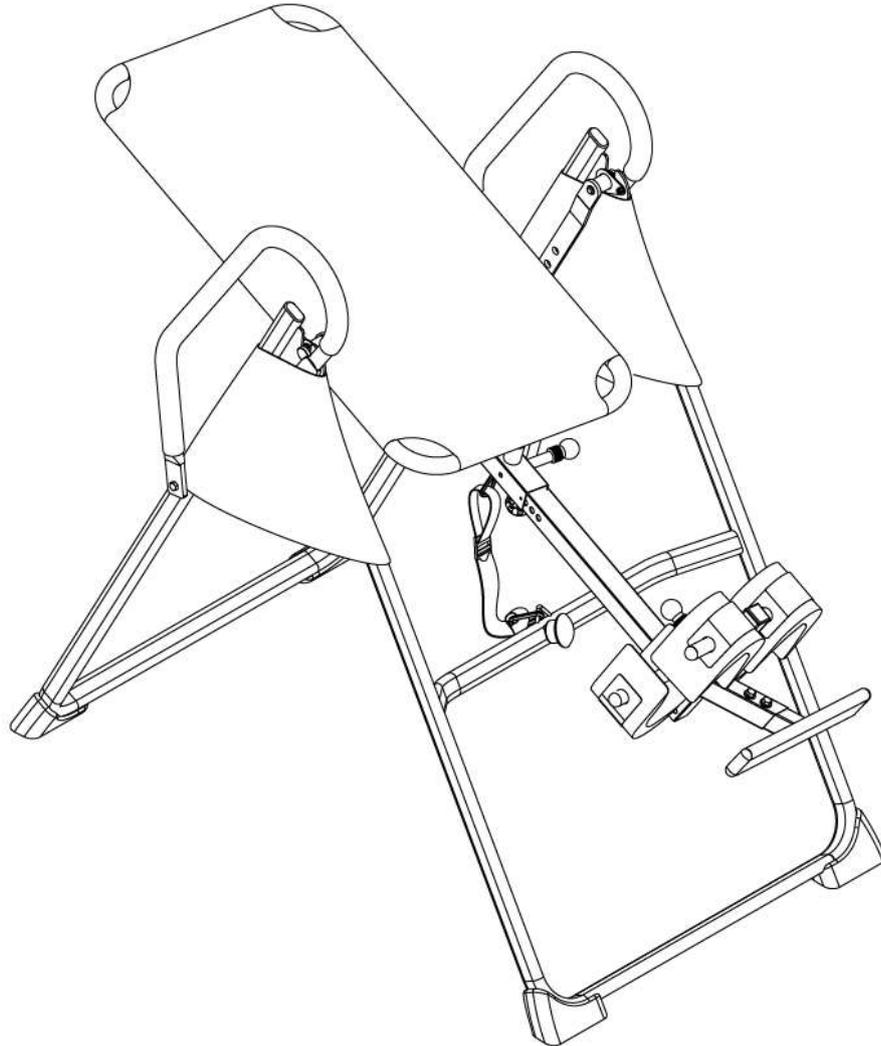


OWNER'S MANUAL

IRONMAN®



Inversion Table

5201.7-022718

The specifications of this product may vary from this photo and are subject to change without notice.

For more brand information, please visit www.IRONMAN.com

IRONMAN® and the "M-DOT" logo are registered trademarks of World Triathlon Corporation Official Product of the IRONMAN® TRIATHLON.

Used here by permission.



PLEASE DO NOT RETURN THIS PRODUCT TO THE STORE.

STOP and contact customer service if you have any questions regarding assembly or proper operation of the machine.

Email us at:

Service@paradigmhw.com

Or call us at:

1-844-641-7922

Hours:

8:00 am to 5:00 pm (PST)

Monday thru Friday

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SERVICE

IMPORTANT: FOR NORTH AMERICA ONLY

For damaged or defective product, questions, replacement parts or any other service support, please contact our customer service department by the below methods:

For The Best Service, please Email:
service@paradigmhw.com

Response Time: 1-2 Business Days

Emailing us with the information above will be the best method to receive a response during peak business hours

Website:
www.paradigmhw.com

Toll-Free:

1-844-641-7922

(8:00 AM - 5:00 PM Pacific Standard Time, **Monday thru Friday)**

Response time may vary via calling

Please have the following information ready when requesting for service:

- **Your name**
- **Phone number**
- **Model number**
- **Serial number**
- **Part number**
- **Proof of Purchase**

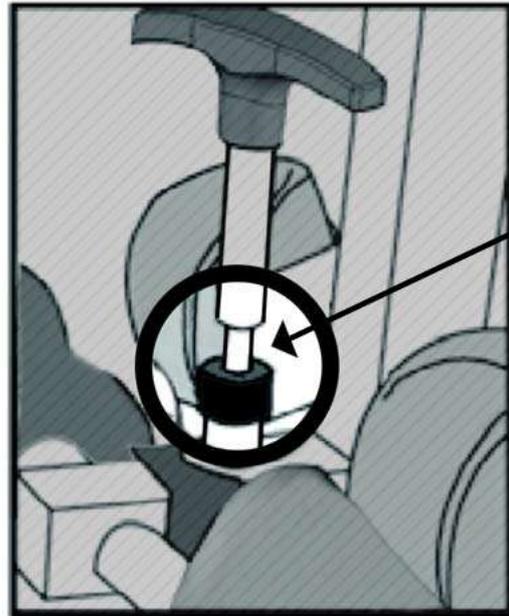
For damaged or defective product please contact our customer service before returning to the store.

**Paradigm Health & Wellness, Inc.
1189 Jellick Ave.
City of Industry, CA 91748, USA**

SAVE THESE INSTRUCTIONS



Correct:
Locking pin
fully engaged



WRONG:
Locking pin
NOT fully
engaged

Always check to make sure that the ankle locking pin is fully engaged before each use. Make sure that the front and rear ankle clamps are secured tightly against your ankles to prevent from falling when the table inverts.

WARNING: Failure to fully engage the locking pin could result in serious injury.

IMPORTANT SAFETY GUIDELINES

Read all instructions before using the Inversion Table. When using an Inversion table, basic precautions should always be followed, including the following:

WARNING - To reduce the risk of injury to persons:

1. Make sure your equipment is correctly assembled before you use it.
2. Be sure all screws, nuts, and bolts are tightened prior to use.
3. Only one person should use the equipment at a time.
4. Never operate this equipment if it is not working properly, has been dropped, or damaged. If a problem is Encountered, contact Customer Service before using the equipment again.
5. Always use this equipment on a clear and level surface.
6. For Household Use Only.
7. Do NOT use outdoors or near water.
8. Use the inversion table only for its intended use as described in this manual. Do NOT use attachments NOT recommended by the manufacturer.
9. Do NOT wear loose clothing when using the equipment.
10. Keep all hands and feet away from any moving parts.
11. Never drop or insert any object into any opening.
12. Always wear shoes when using the inversion table.
13. Close supervision is necessary when the inversion table is used near children, or by or near invalids or disabled persons.
14. Listen to your body. It is recommended that you rotate up and down slowly. Dizziness might occur if you come up too fast.
15. If at any time you feel faint, light-headed, or dizziness while operating the equipment, stop exercising immediately. You should also stop exercising if you are experiencing pain or any discomfort.
16. "This appliance is NOT intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Keep children under the age of 13 away from this machine."
17. Wait 2 hours after eating before using the inversion table. If you start feeling nauseous, return to the upright position slowly.
18. For any problems, contact Customer Service. Servicing should be performed by an authorized service representative. Our contact number is on the service page.
19. **WARNING:** - Risk of Personal Injury - Consult with your personal physician to see if inversion equipment is appropriate for you. This is especially important for people with pre-existing health problems. Do not use this equipment without your physician's approval.
20. **WARNING:** - Risk of Personal Injury – Do NOT allow children to use this machine.
21. **WARNING:**- Risk of Personal Injury - Keep children under the age of 13 away from the machine while in use.
22. **WARNING:**- Risk of Personal Injury – Keep body parts, hair, loose clothing, and jewelry clear of all moving parts.
23. **WARNING:** - Risk of Personal Injury - Tilt-back slowly when inverting. Failure to comply could result in serious bodily injury.

IMPORTANT SAFETY GUIDELINES

24. **WARNING:**- Risk of Personal Injury - Do NOT attempt to service the unit yourself.
Discontinue use and contact customer service.
25. **WARNING:** - To Reduce The Risk Of Personal Injury - Read And Understand All The Instructions Before Using The Inversion Table.
26. **WARNING: CANCER AND REPRODUCTIVE HARM--WWW.P65WARNINGS.CA.GOV.**

Do not use this equipment if you have any of the following conditions or ailments:

- Pregnancy
- Extreme obesity
- Middle ear infection
- Hiatus hernia or Ventral hernia
- Glaucoma, retinal detachment or conjunctivitis
- Use of anticoagulants including Aspirin in high doses.
- Spinal injury, Cerebral Sclerosis, or acutely swollen joints
- Heart or circulatory disorders for which you are being treated
- High blood pressure, Hypertension, Recent stroke or Transient Ischemic attack
- Bone weaknesses including Osteoporosis, Unhealed fractures, Modular pins, or surgically implanted orthopedic supports.

Do not exceed the maximum rated weight (load) and maximum rated user height:

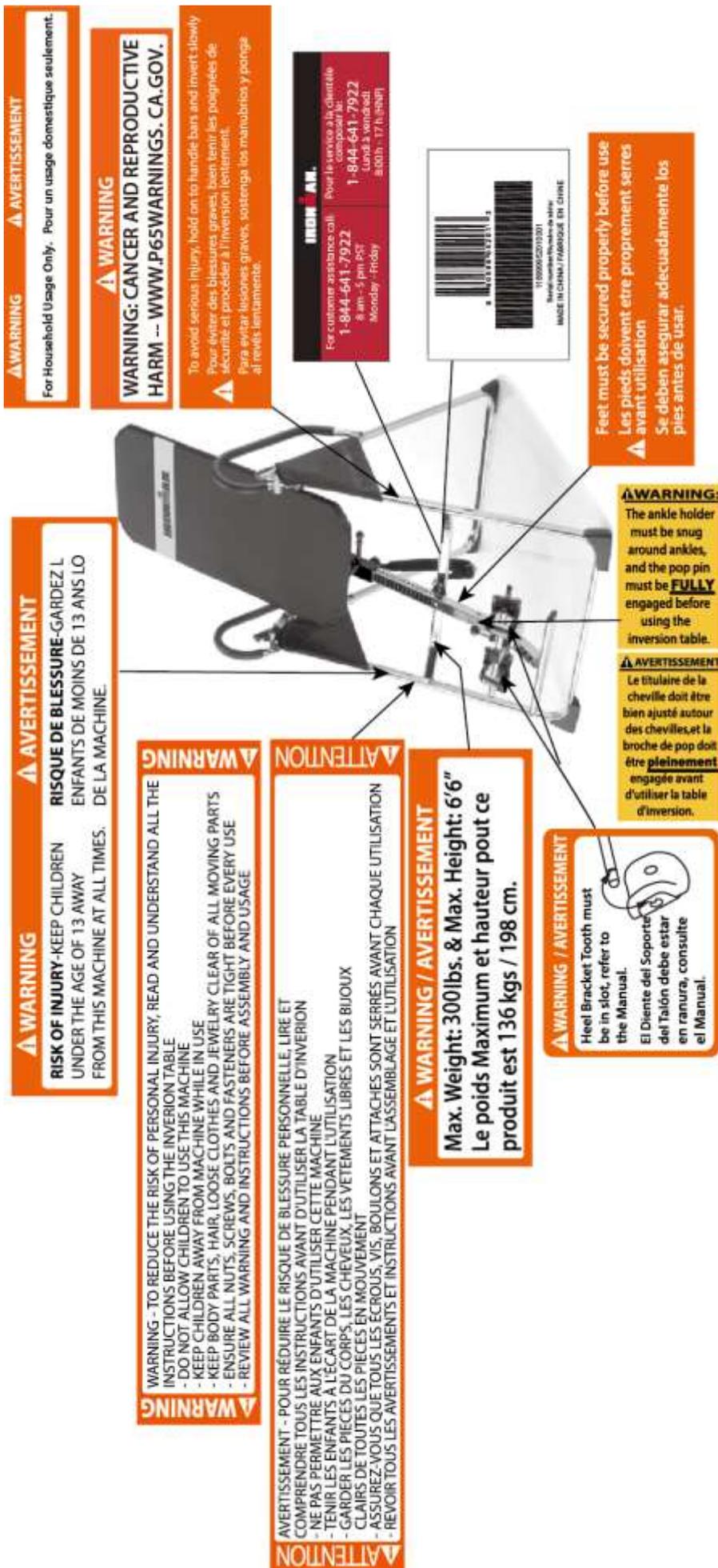
The Maximum Weight Capacity for this product is 300lbs / 136 kgs.

The Maximum Height Capacity for this product is 6 feet 6 inches / 198cm.

Retain this owner's manual and keep the original purchase receipt for future reference.

SAVE THESE GUIDELINES

LABEL PLACEMENTS



⚠️ WARNING / AVERTISSEMENT
 For Household Use Only. Pour un usage domestique seulement.

⚠️ WARNING
WARNING: CANCER AND REPRODUCTIVE HARM -- WWW.P65WARNINGS.CA.GOV.

To avoid serious injury, hold on to handle bars and invert slowly. Pour éviter des blessures graves, bien tenir les poignées de sécurité et procéder à l'inversion lentement. Para evitar lesiones graves, sostenga los manubrios y póngase al revés lentamente.

IRON AN.
 For customer assistance call: Pour le service à la clientèle contactez le: 1-844-641-7922 8 am - 5 pm PST Lundi - Friday 8 a.m. - 5 p.m. (PST) Monday - Friday



Feet must be secured properly before use. Les pieds doivent être correctement serrés avant utilisation. Se deben asegurar adecuadamente los pies antes de usar.

⚠️ AVERTISSEMENT
RISK OF INJURY - KEEP CHILDREN UNDER THE AGE OF 13 AWAY FROM THIS MACHINE AT ALL TIMES. DE LA MACHINE. ENFANTS DE MOINS DE 13 ANS LO

⚠️ WARNING
 WARNING - TO REDUCE THE RISK OF PERSONAL INJURY, READ AND UNDERSTAND ALL THE INSTRUCTIONS BEFORE USING THE INVERSION TABLE. DO NOT ALLOW CHILDREN TO USE THIS MACHINE. KEEP CHILDREN AWAY FROM MACHINE WHILE IN USE. KEEP BODY PARTS, HAIR, LOOSE CLOTHES AND JEWELRY CLEAR OF ALL MOVING PARTS. ENSURE ALL NUTS, SCREWS, BOLTS AND FASTENERS ARE TIGHT BEFORE EVERY USE. REVIEW ALL WARNING AND INSTRUCTIONS BEFORE ASSEMBLY AND USAGE.

⚠️ ATTENTION
 AVERTISSEMENT - POUR RÉDUIRE LE RISQUE DE BLESSURE PERSONNELLE, LIRE ET COMPRENDRE TOUS LES INSTRUCTIONS AVANT D'UTILISER LA TABLE D'INVERSION. NE PAS PERMETTRE AUX ENFANTS D'UTILISER CETTE MACHINE. TENIR LES ENFANTS À L'ÉCART DE LA MACHINE PENDANT L'UTILISATION. GARDER LES PIÈCES DU CORPS, LES CHEVEUX, LES VÊTEMENTS LIBRES ET LES BIJOUX CLAIRS DE TOUTES LES PIÈCES EN MOUVEMENT. ASSUREZ-VOUS QUE TOUS LES ÉCROUS, VIS, BOULONS ET ATTACHES SONT SERRÉS AVANT CHAQUE UTILISATION. REVOIR TOUS LES AVERTISSEMENTS ET INSTRUCTIONS AVANT L'ASSEMBLAGE ET L'UTILISATION.

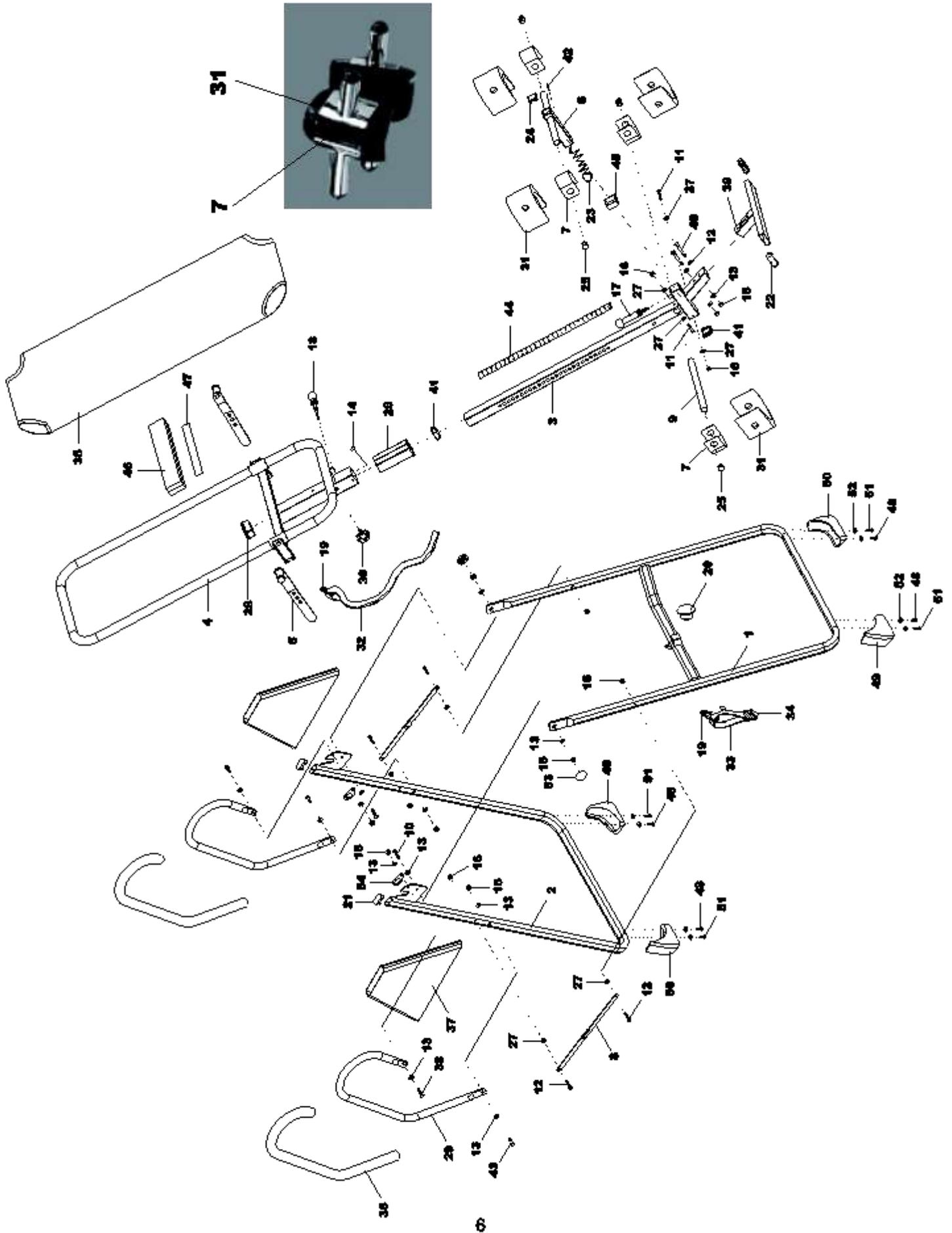
⚠️ WARNING / AVERTISSEMENT
Max. Weight: 300 lbs. & Max. Height: 6'6"
Le poids Maximum et hauteur pour ce produit est 136 kgs / 198 cm.

⚠️ WARNING / AVERTISSEMENT
 Heel Bracket Tooth must be in slot, refer to the Manual. El Diente del Soporte del Talón debe estar en ranura, consulte el Manual.

⚠️ WARNING:
 The ankle holder must be snug around ankles, and the pop pin must be **FULLY** engaged before using the inversion table.

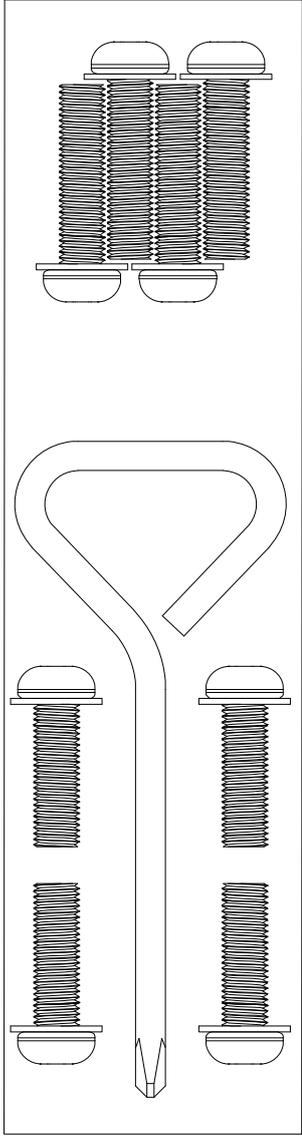
⚠️ AVERTISSEMENT
 Le titulaire de la cheville doit être bien ajusté autour des chevilles, et la broche de pop doit être **pleinement** engagée avant d'utiliser la table d'inversion.

OVERVIEW DRAWING



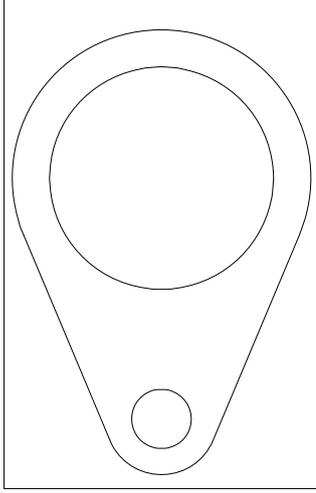
5201-Hardware Pack

Step 1



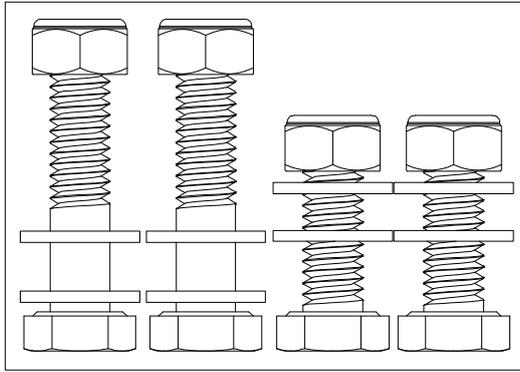
(48) Bolt M6*20 4pcs
 (52) Washer Ø13*Ø6.5*1 4pcs
 Phillips Screw Driver 1pc

Step 4



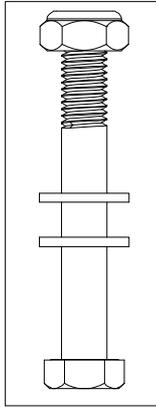
(54) Pivot Arm Ring 2pcs

Step 9



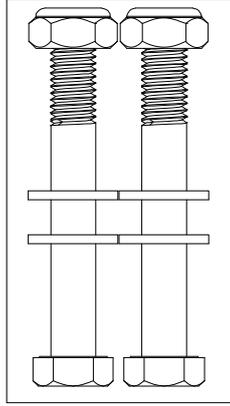
(38) Hex Head Bolt M8*23 2pcs
 (43) Hex Head Bolt M8*38 2pcs
 (13) Washer Ø20*Ø8.5*1.5 8pcs
 (15) Lock Nut M8 4pcs

Step 5



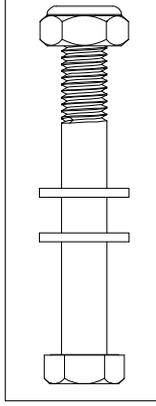
(11) Hex Head Bolt M6*47 1pc
 (27) Washer Ø16*Ø6.5*1.0 1pc
 (16) Lock Nut M6 2pcs

Step 6



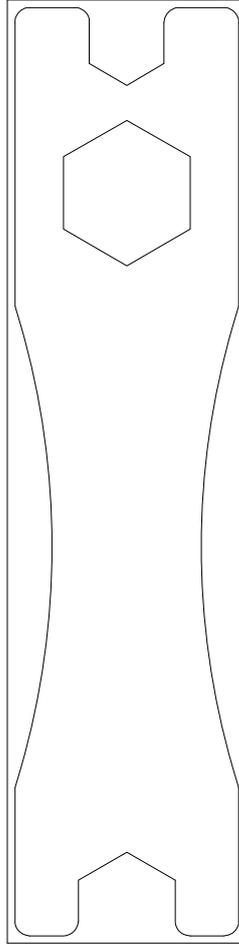
(40) Hex Head Bolt M8*50 2pcs
 (13) Washer Ø20*Ø8.5*1.5 4pcs
 (15) Lock Nut M8 2pcs

Step 7

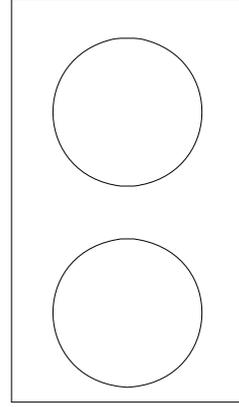


(11) Hex Head Bolt M6*47 1pc
 (27) Washer Ø16*Ø6.5*1.0 2pcs
 (16) Lock Nut M6 1pc

Step 2



Wrench S-10/S-13/S-17 2pcs

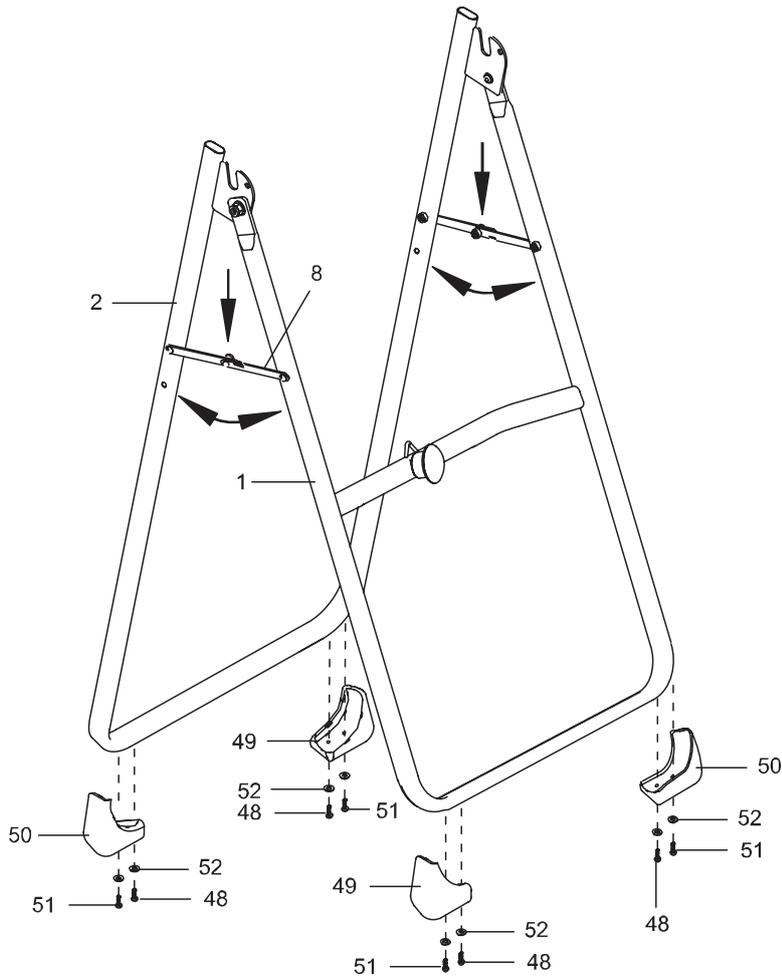


(53) Nut Cap Ø27*Ø13.5 2pcs

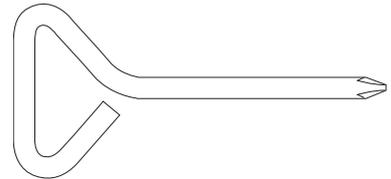
No.	Description	Qty
1	Front U-Frame	1
2	Rear U-Frame	1
3	Adjustable Boom	1
4	Bed Frame	1
5	Pivot Arm	2
6	Adjustable Instep Frame	1
7	Steel Heel Holder Bracket	4
8	Folding Arm	2
9	Rod	1
10	Bolt M8*23	2
11	Hex Head Bolt M6*47	2
12	Phillips Screw M6*30	4
13	Washer Ø20*Ø8.5*1.5	16
14	Round Plate	1
15	Lock Nut M8	8
16	Lock Nut M6	6
17	Small Spring Knob	1
18	Large Spring Knob	1
19	Safety Hook	2
20	Rubber Pad	1
21	Oval End Cap	2
22	Footbar End Cap	2
23	Spring	1
24	Square End Cap	1
25	Round End Cap	4
26	Lower Bed Frame Bushing	2
27	Washer Ø16*Ø6.5*1.0	8

No.	Description	Qty
28	Upper Bed Frame Bushing	1
29	Handlebar	2
30	Knob	1
31	Rubber Heel Holder	4
32	Nylon Strap	1
33	Loop Strap	1
34	Strap Lock	1
35	Nylon Bed	1
36	Foam Grip	2
37	Protective Cover	2
38	Hex Head Bolt M8*23	2
39	Foot Bar	1
40	Hex Head Bolt M8*50	2
41	Square End Cap	2
42	Spring Latch	1
43	Hex Head Bolt M8*38	2
44	Height Scale	1
45	Plastic Bushing	1
46	Pad	1
47	Double Sided Tape	1
48	Bolt M6*20	4
49	Right Foot Cap	2
50	Left Foot Cap	2
51	Bolt M6*25	4
52	Washer Ø13*Ø6.5*1.0	8
53	Nut Cap Ø27*Ø13.5	2
54	Pivot Arm Ring	2

ASSEMBLY



Tool:



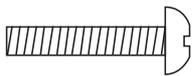
Phillips Screwdriver 1PC

Step 1

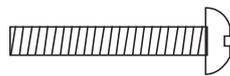
Stand up the base by separating the u-frames. Pull the Front and Rear U-Frames (1,2) as far apart from each other as possible. Then push down on the middle of the two Folding Arms (8) until they are fully locked down.

Attach the Left & Right Foot Caps (50, 49) to the Front & Rear U-Frame (1,2) each with four Screws (48,51) and eight Washers (52).

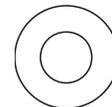
Hardware:



(48) Bolt M6x20
4PCS



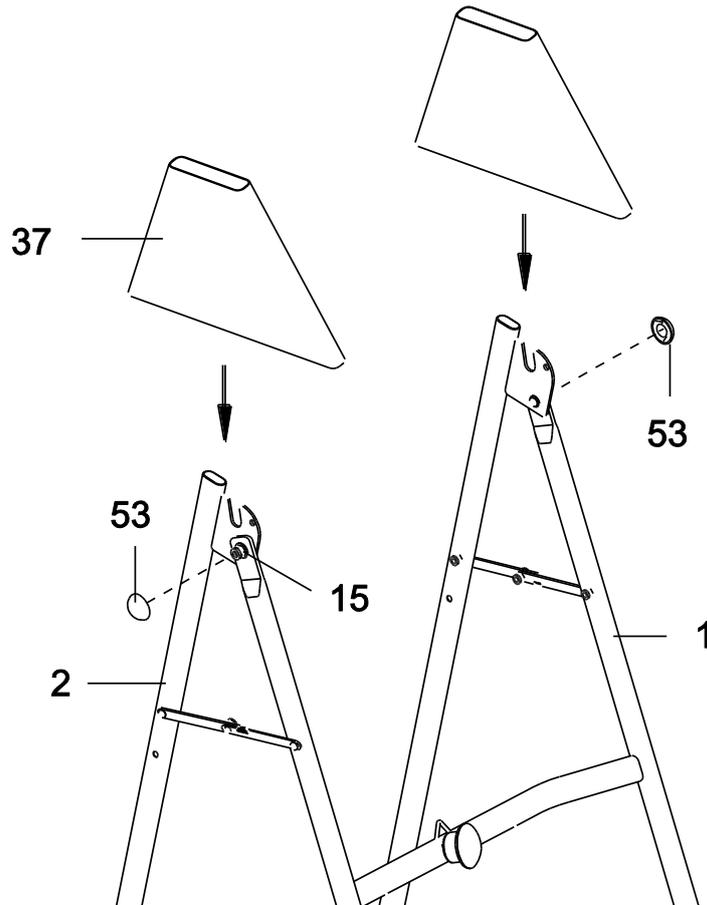
(51) Bolt M6x25
4PCS



(52) Washer Ø13*Ø6.5*1.0
8PCS



The product weighs more than 44 lbs and should be assembled and moved by two or more people.



Step 2

Attach two Nut Caps (53) onto Lock Nuts (15).

Slide one Protective Cover (37) on to each side of the base as shown, and pull down on the Protective Covers (37) until the bottom of the covers are slightly lower than the Folding Arms (8).

Use the Velcro straps on the bottom of the Protective Covers (37) to secure the covers to the Arms (8).

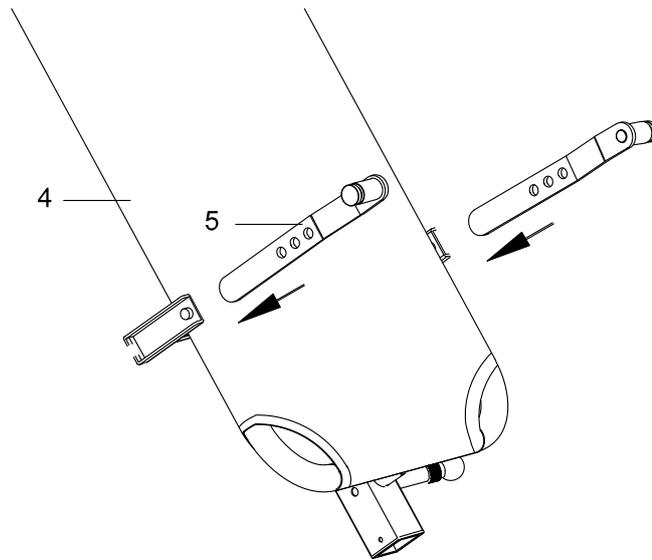
When the covers are assembled correctly, the Folding Arms (8) should be fully covered by the Protective Covers (37) with the logo on the side.

Hardware:



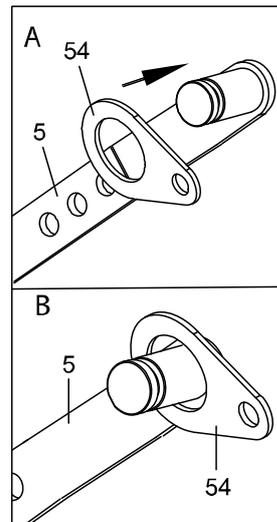
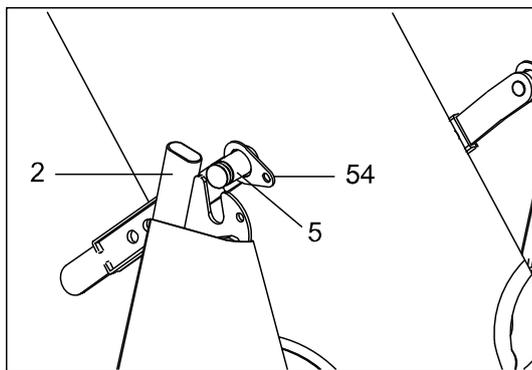
(53) Nut Cap $\text{Ø}27 \times \text{Ø}13.5$
2PCS

ASSEMBLY



Step 3

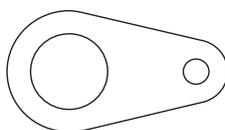
Slide the bottom of the Pivot Arms (5) into the backrest that located at the each side of the Bed Frame (4), align to the desired hold on the arm with the peg on the bracket. Insert the peg into the hold to lock the Pivot Arm (5) in place. It is recommended that you use the bottom hold on the Pivot Arms (5) until you become more familiar with equipment.



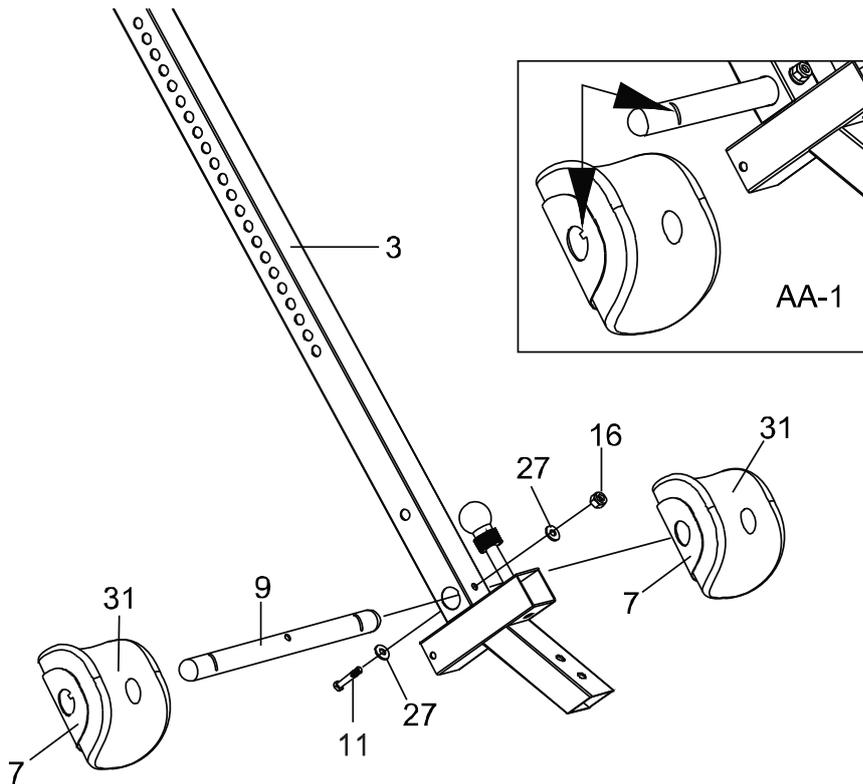
Step 4

Install the Pivot Arm Ring (54) onto the Pivot Arms (5). Mount the Bed Frame (4) to the Rear U-Frame (2) by inserting the ends of the Pivot Arms (5) into the channels on the plates. The slotted portion of the roller on the end of the Pivot Arms (5) should be inserted into the channels on the plates.

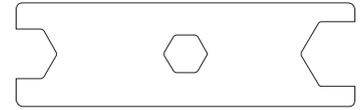
Hardware:



(54) Pivot Arm Ring
2PCS



Tool:



Wrench 2PCS

Step 5

Slide the Rod (9) through the large round hold on the side of Adjustable Boom (3), and secure the Rod (9) on the Adjustable Boom (3) with a Hex Head Bolt (11), Lock Nut (16), and two Washers (27).

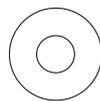
Slide one Steel Heel Holder Bracket (7) and one Rubber Heel Holder (31) onto one end of the Rod (9) until the lock tooth is wedged into the slot in the Rod (9) as shown in Fig. AA-1. Use the same procedure to attach the other Steel Heel Holder Bracket (7) and Rubber Heel Holder (31) onto the other end of the Rod. (9).

NOTE: Make sure the lock teeth are wedged into the slots in the Rod (9) to lock the Steel Heel Holder Brackets (7) and Rubber Heel Holders (31) in place before use.

Hardware:



(11) Hex Head Bolt
M6*47 1PC

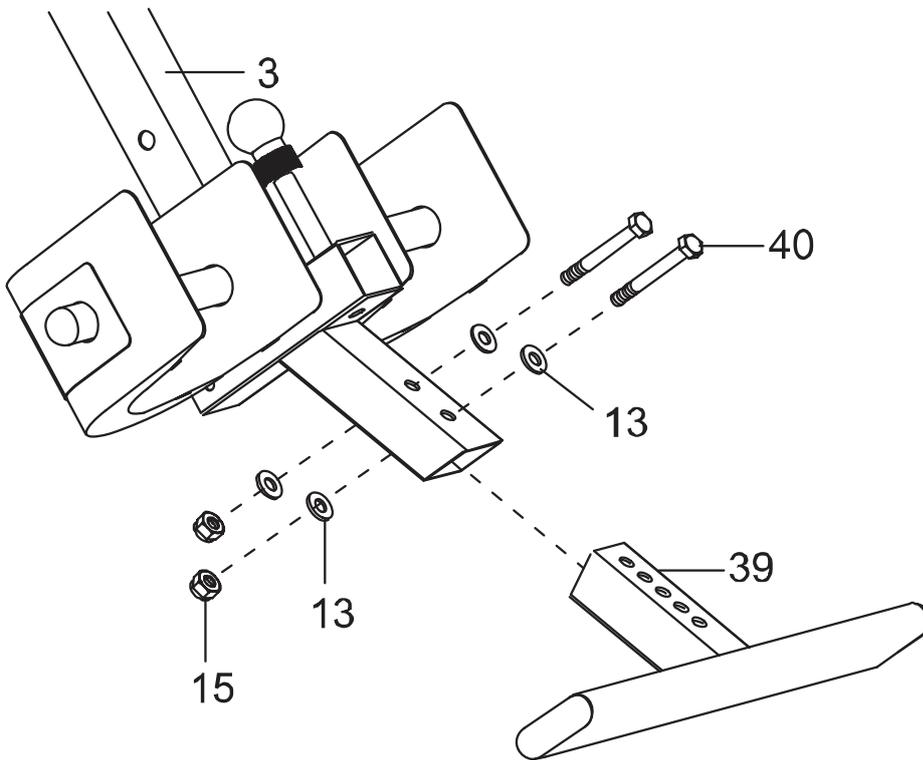


(27) Washer
Ø16*Ø6.5*1.0
2PCS

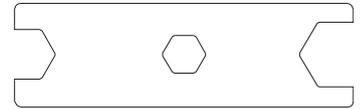


(16) Lock Nut M6
1PC

ASSEMBLY



Tool:



Wrench 2PCS

Step 6

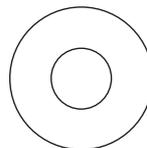
Slide the Foot Bar (39) into the bottom of the Adjustable Boom (3) and align two of the holes on the Foot Bar (39) with two holes on the boom.

Secure the Foot Bar (39) in place using two Hex Head Bolts (40), Lock Nut (15), and four Washers (13).

Hardware:



(40) Hex Head Bolt
M8*50 2PCS

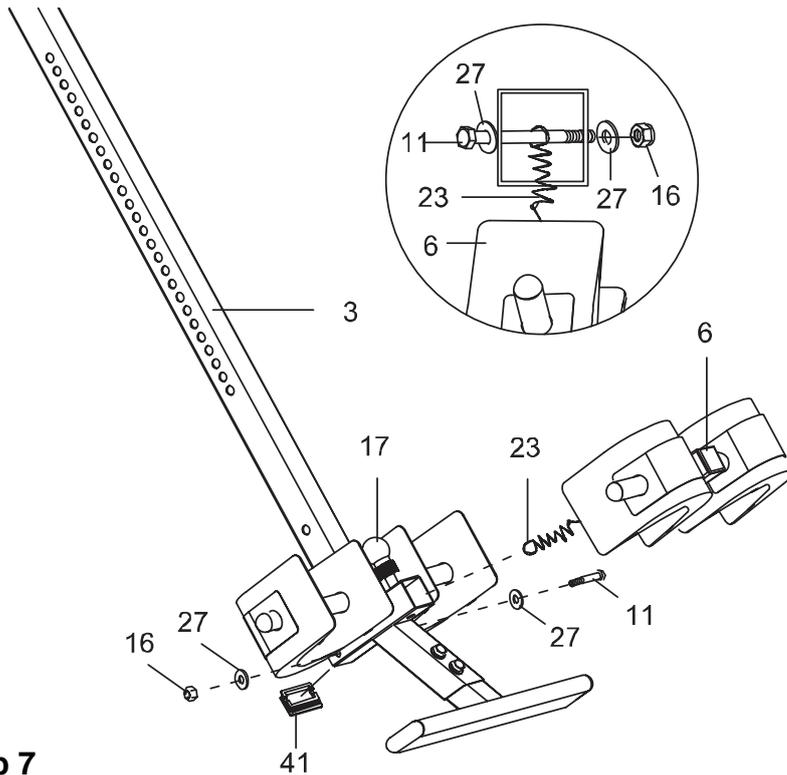


(30) Washer
Ø20*Ø8.5*1.5
4PCS

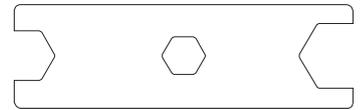


(15) Lock Nut M8
2PCS

ASSEMBLY



Tool:



Wrench 2PCS

Step 7

Remove the Square End Cap (41) on the back of square bracket of Adjustable Boom (3).

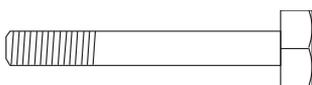
Attach the Adjustable Instep Frame (6) to the Adjustable Boom (3) by inserting the Adjustable Instep Frame (6) into the square bracket on the boom.

Slide the Adjustable Instep Frame (6) completely into the square bracket, insert the Hex Head Bolt (11) with a Washer (27) halfway through the square bracket, slide the Hex Head Bolt (11) through the ring at the bottom of the Spring (23), slide the Hex Head Bolt (11) through the rest of the square bracket, and secure at the other end with a Washer (27) and a Lock Nut (16).

Attach the Square End Cap (41) onto the back of square bracket of Adjustable Boom (3) that was removed.

NOTE: To Slide the Adjustable Instep Frame (6) into the square frame, you must first pull out the Small Spring Knob (17).

Hardware:



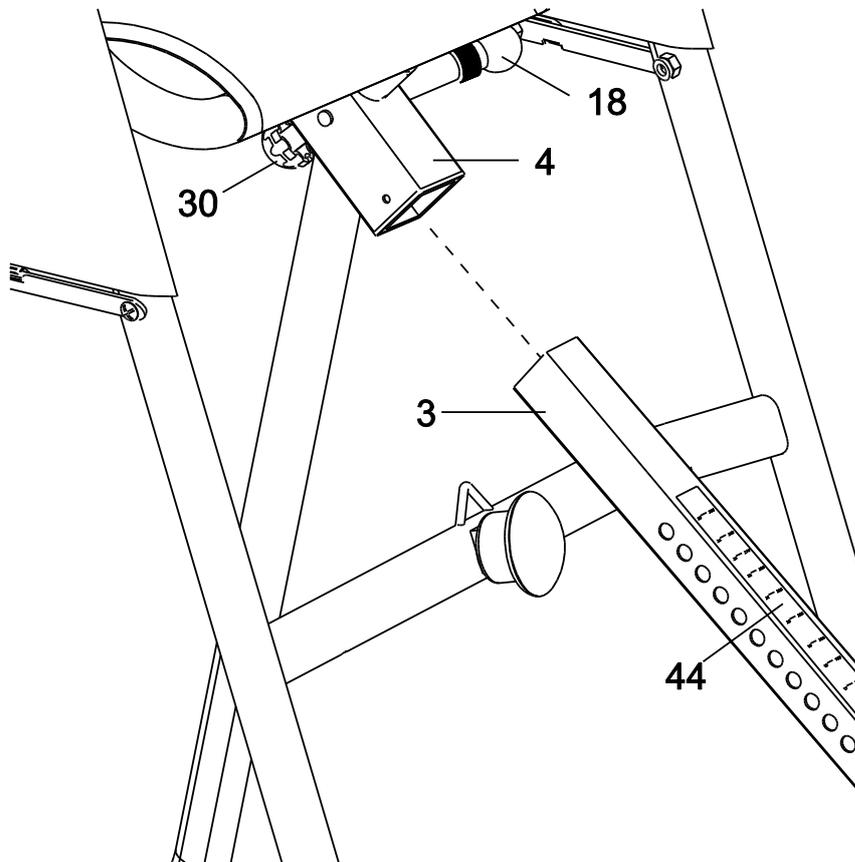
(11) Hex Head Bolt M6*47
1PC



(27) Washer
Ø16*Ø6.5*1.0
2PCS



(16) Lock Nut M6
1PC



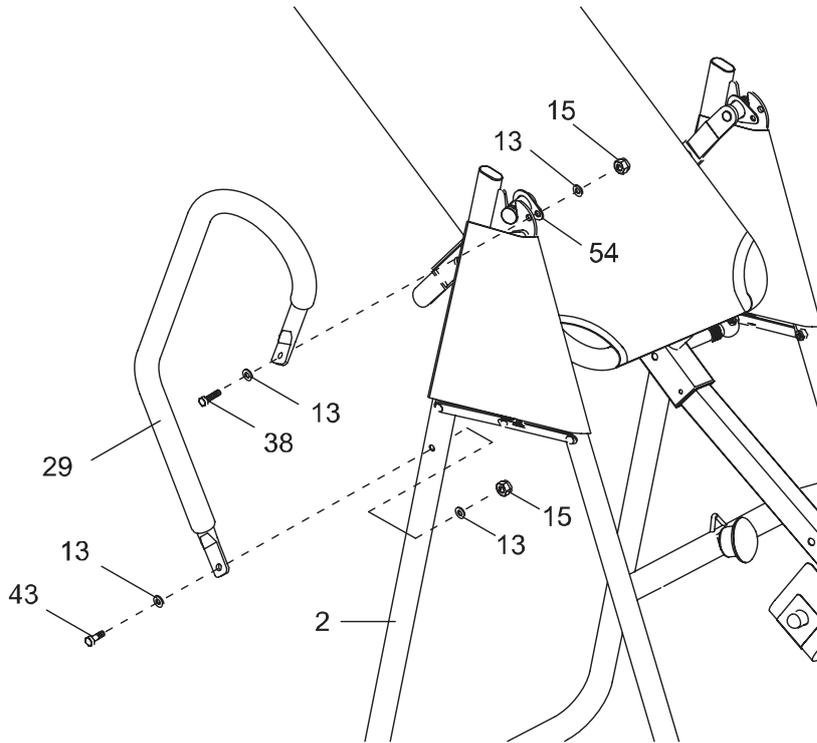
Step 8

Pull out the Large Spring Knob (18), and slide the Adjustable Boom (3) into the square bracket on the bottom of the Bed Frame (4) as shown. Slide the Adjustable Boom (3) upward until the desired height on the Height Scale (44) is just below the bracket on the bed frame.

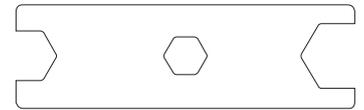
Lock the Adjustable Boom (3) in place by releasing the Large Spring Knob (18) and sliding the Adjustable Boom (3) up or down slightly down until the Large Spring Knob (18) “pops” down into the locked position.

For added safety, secured the Knob (30) into the back side of the bracket on the Bed Frame (4)..

ASSEMBLY



Tool:



Wrench 2PCS

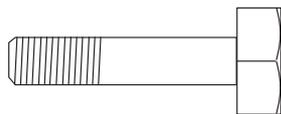
Step 9

Attach the top end of Handlebar (29) onto the Rear U-Frame (2) and Pivot Arm Reinforcement Plate (54) with one Hex Head Bolt (38), Lock Nut (15), and two Washers (13).

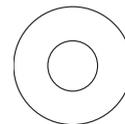
Attach the bottom end of the Handlebar (29) onto the Rear U-Frame (2) with one Hex Head Bolt (43), Lock Nut (15), and two Washers (13).

Repeat above same steps to attach the others Handlebar (29) onto the Rear U-Frame (2) and Pivot Arm Ring (54).

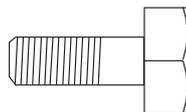
Hardware:



(43) Hex Head Bolt
M8*38 2PCS



(13) Washer
Ø20*Ø8.5*1.5
8PCS

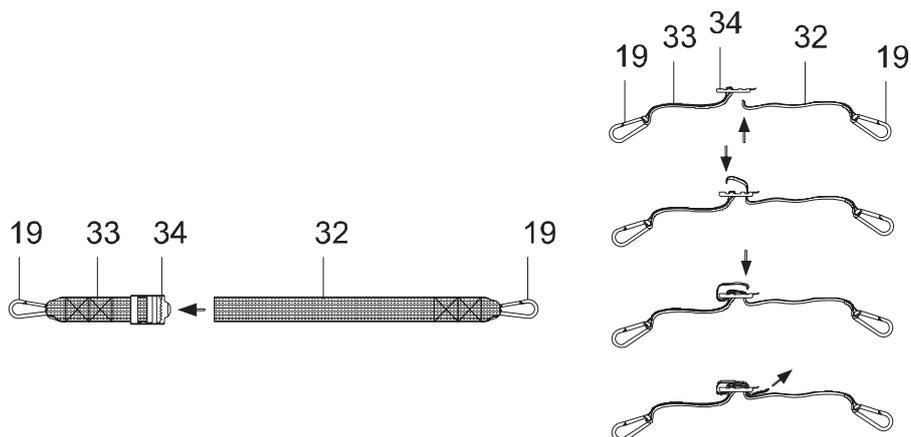


(38) Hex Head Bolt
M8*23 2PCS



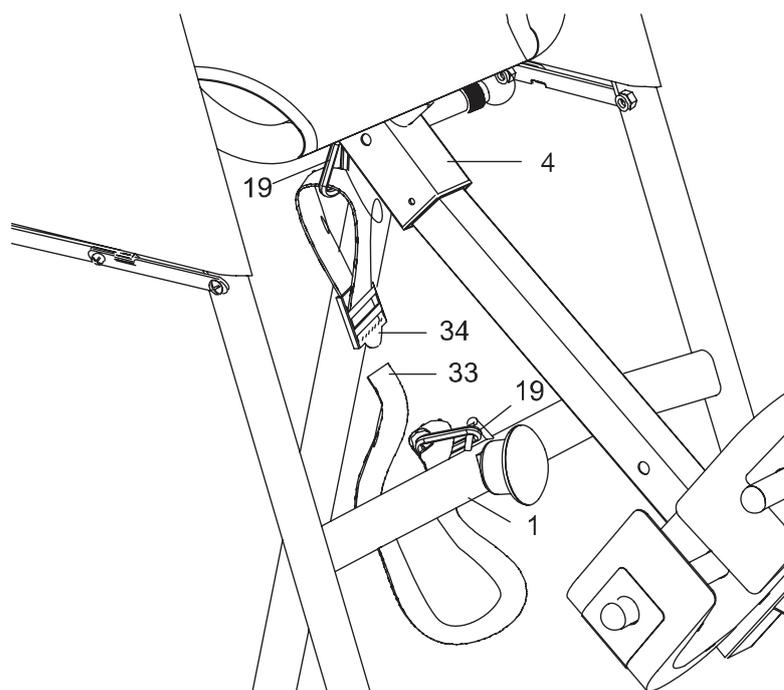
(15) Lock Nut M8
4PCS

ASSEMBLY



Step 10

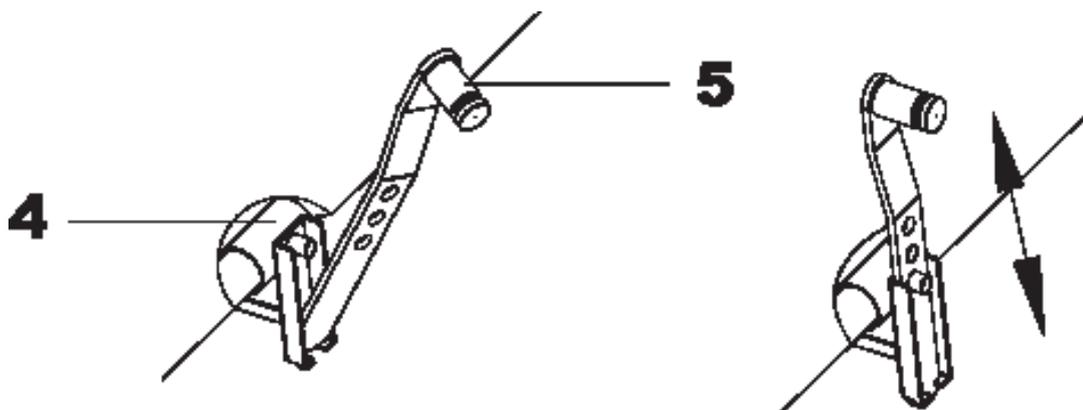
Attach the Nylon Strap (32) to the Strap Lock (34) by inserting the end of the Nylon Strap (32) up through the bottom of the Strap Lock (34), loop the Nylon Strap (32) over the pre-assembled Loop Strap (33) and down through the Strap Lock (34). Now, loop the strap back over itself and insert back through the Strap Lock (34), and pull tight to secure.



Step 11

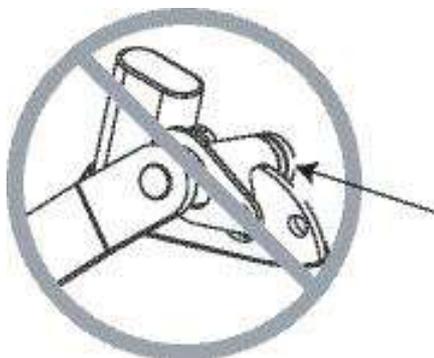
Attach the Nylon and Loop Straps (33) to the Inversion Table by hooking the end of the Nylon Strap (34) as shown. Hook the other end of Loop Strap (33) to the other Pre-assembled loop on the Front U-Frame (1) as shown.

OPERATION AND ADJUSTMENTS

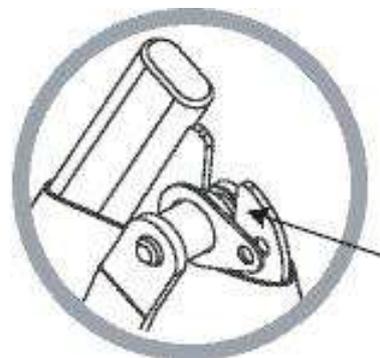


The Pivot Arms (5) can be adjusted to allow for a greater or lesser degree of inversion. To adjust the Pivot Arms (5) simply pull out on them until the post is out of the hole, slide them up or down to the desired hole, push in until the post goes through the desired hole, The bottom hole provides the least amount of inversion, while the top hole provides the greatest amount, It is recommended that beginners use the bottom hole until they are familiar with the inversion table.

NOTE: Both Pivot Arms (5) must be adjusted to the same hole. Trying to adjust the Pivot Arms (5) on two different positions could cause damage to the inversion table, or injury to the user.



Pivot arm is NOT aligned correctly.
The pivot arm is not inserted all the way into the curved slot.



Make sure the pivot arm is inserted all the way into the slot. Pivot arm is aligned correctly when the groove sits directly on the curved slot and the pivot arm is able to rotate freely.

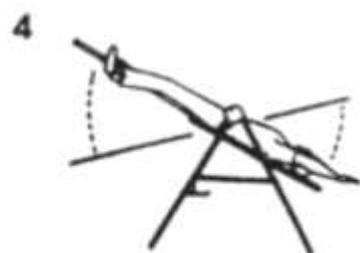
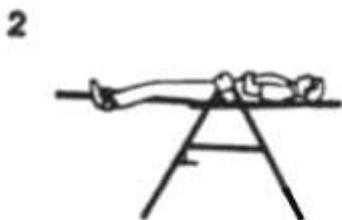
WARNING: Make sure both pivot arms are in the same hole to prevent serious injury from occurring.

BALACING THE INVERSION TABLE

The inversion table is like a very sensitively balanced fulcrum. It responds to very slight changes in weight distribution. So, it is very important to make sure that the height is adjusted properly. To do this, mount the inversion table, lock your ankles into the heel holders, and lie back with your hands at your sides. Slowly place your hands across your chest. While in this position, your head should still be above our feet. If your feet are above your head, dismount and adjust the height again.

USING THE INVERSION TABLE

1. Start by lying fully back on the backrest with your hands at your side, or resting on your thighs.
2. Keeping your hands close to your body begin to raise your arms slowly allowing the table to rotate backward. Stop, or lower your arms to control the downward rotation of the table.
3. Raise your arms until they are over your head. At this point, the inversion table will be as far back as it can go.
4. As you get more comfortable with the use, rock the backrest slowly by moving your arms up and down slowly.
5. It is recommended that the inversion table be used for five or ten minutes each morning, and again each evening.
6. Return to the upright position by slowly moving your hands back down to your thighs.



OPERATION AND ADJUSTMENTS

SUGGESTIONS FOR USE

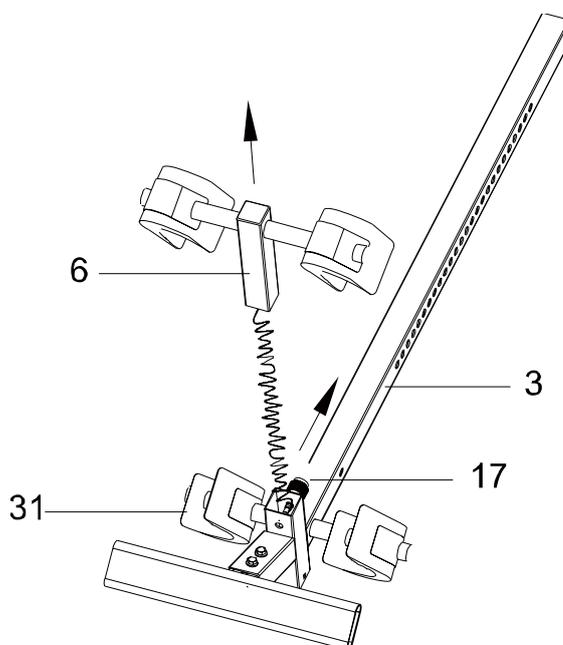
1. Begin slowly: invert only 15~20 degrees to begin with. Stay inverted only as long as you are comfortable. Return upright slowly.
2. Make gradual changes: increase the angle only if it is comfortable. Increase angle only a few degrees at a time. Increase the time of use 1~2 minutes up to ten over a period of weeks. Add stretching and light exercise only after you are comfortable with inversion.
3. Watch your body. Come up slowly, dizziness after a session means you came up too fast. Wait a while after eating before using table. If you get nauseous, do not fight it, come up as soon as you feel queasy.
4. Keep moving: movement while inverted encourages blood, circulation. Movement may be accomplished by either rhythmic traction or light exercise. Do not exercise strenuously while inverted, limit partial inversion without movement to one or two minutes. Limit full inversion with no movement to only a few seconds.
5. Invert regularly: we recommend two or three times a day depending upon your current condition. Try to schedule it for the same time each day.

ADJUSTING ANKLE HOLDER

Pull up the Small Spring Knob (17), slide the Adjustable Instep Frame (6) upward

Stand on the foot-bar located at the bottom of the Adjustable Boom (3).

Pull up on the Small Spring Knob (17), allow the Adjustable instep frame (6) to slide back into the Adjustable Boom (3). Push in the Adjustable Instep Frame (6) until the Rubber Heel Holders (31) are around your ankles. Release the Small Spring Knob (17) and adjust the Adjustable instep frame (6) slightly until the Small Spring Knob (17) locks into place.

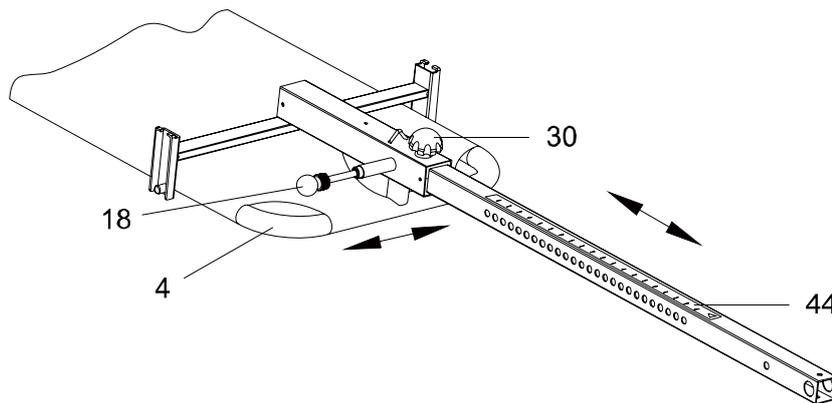


STRAP ADJUSTMENT



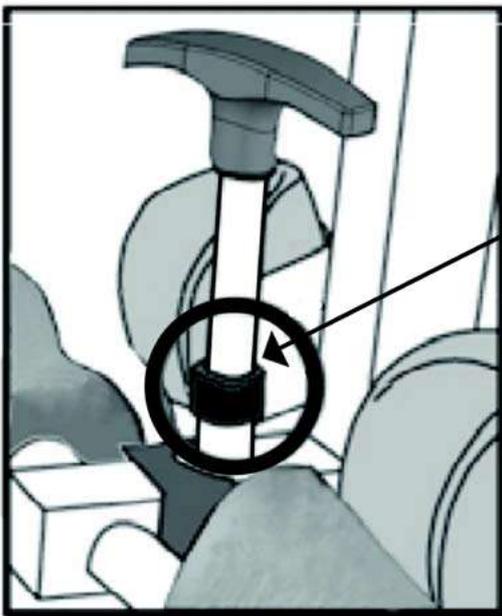
For added safety, a nylon strap has been included to restrict the degree of inversion. This strap can be adjusted to different lengths to allow for a greater or lesser degree of inversion. To lengthen the Nylon Strap (32) feed the top end of Nylon Strap (32) into the strap lock, and pull on the lower end of the strap. To shorten the length feed the bottom end of Nylon Strap (32) into the strap lock, and pull on the top end.

ADJUSTING THE BOOM

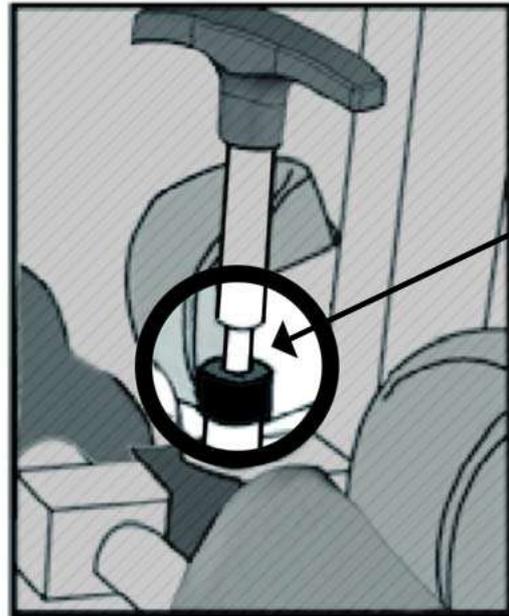


The Adjustable Boom (3) can be moved to a variety of different positions, in order to accommodate the height of the person on the inversion table. To adjust the boom loosen the Knob (30), pull out the Large Spring Knob (18), and slide the boom up or down until the desired height on the Height Scale (44) is positioned just below the Square Bushing (26) ° When the boom is in the desire position, simply release the Large Spring Knob (18), slide the boom slightly up or down until Large Spring Knob (18) locks into place and tighten the Knob (30).

SAVE THESE INSTRUCTIONS



Correct:
Locking pin
fully engaged

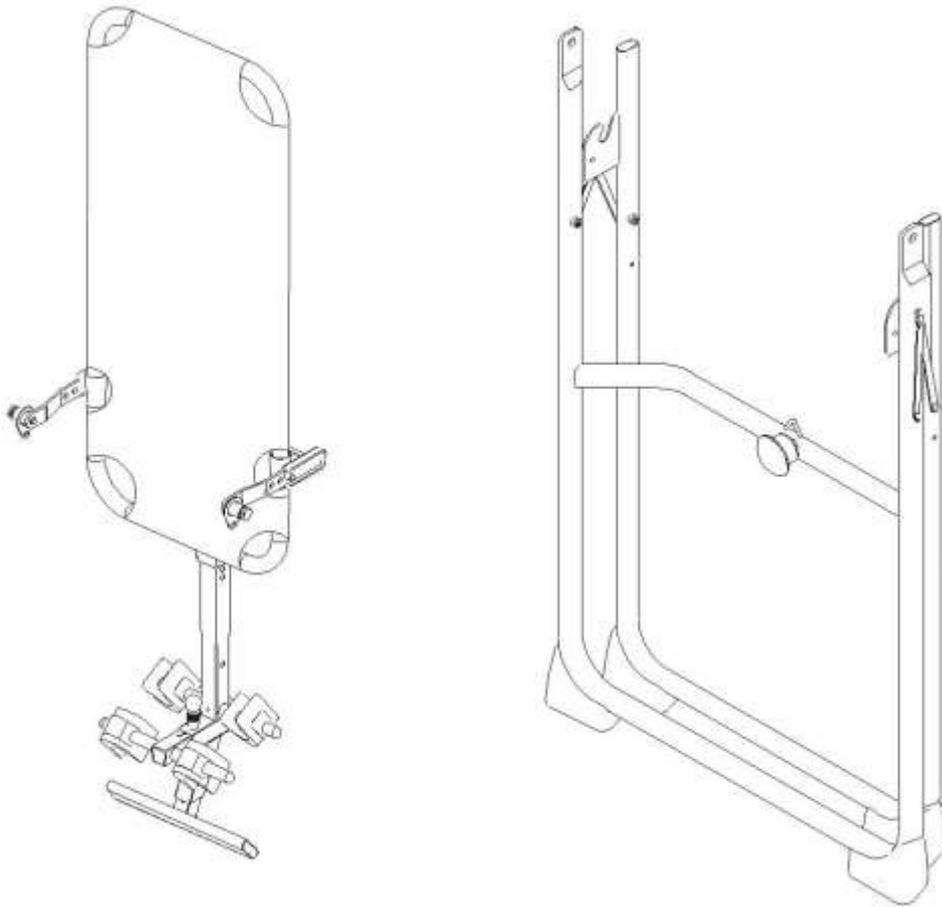


WRONG:
Locking pin
NOT fully
engaged

Always check to make sure that the ankle locking pin is fully engaged before each use. Make sure that the front and rear ankle clamps are secured tightly against your ankles to prevent from falling when the table inverts.

WARNING: Failure to fully engage the locking pin could result in serious injury.

STORAGE



For your storage convenience, the inversion table can be folded down to place against a wall, under a bed, or in a storage area.

WARRANTY

MANUFACTURER'S LIMITED WARRANTY

Paradigm Health & Wellness warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has been installed and operated in accordance with Paradigm's Owner's Manual. Paradigm's obligation under this warranty applies to the following:

COMPONENT LENGTH OF WARRANTY

Structural Frame	1 year For Home Use Only
All Other Components	90 days For Home Use Only

Exclusions from Warranty Coverage:

Paradigm does not warrant against and is not responsible for, and no implied warranty shall be deemed to cover, any product failure, product malfunction, or damages attributable to:

1. Improper installation and/or failure to abide by Paradigm's installation guidelines;
2. Use of this product beyond normal home use, or in an application for which it was not designed;
3. Cosmetic items such as scratches, dents or discolorations;
4. Damage caused by normal wear and tear, vandalism, accidental or by animals;
5. Any act of Nature (such as fire, flooding, snow, ice, hurricane, earthquake, lightning or other natural disaster), environmental condition (such as air pollution, mold, mildew, etc.), or staining from foreign substances (such as dirt, grease, oil, etc.);
6. Normal weathering due to exposure to sunlight, weather, and atmosphere which can cause colored surfaces to, among other things, flake, chalk, accumulate dirt or stains.
7. Improper operation, alteration, handling, storage, abuse or neglect of the products.

Paradigm, using its sole discretion, will either repair or replace free of charge any part(s) proven to be defective under normal home use. Any repair or replacement shall provide no new warranty coverage, but shall retain only the remaining portion of the original product's warranty. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.

Ordering Replacement Parts

Replacement parts can be ordered by emailing our customer service department:

Service@paradigmhw.com

Open **Monday thru Friday** 8:00 AM - 5:00 PM (PST).

When ordering replacement parts please have the following information ready:

1. **Owner's Manual**
2. **Model Number**
3. **Description of Parts**
4. **Part Number**
5. **Date of Purchase**

