

FITNESS PLAYGROUND ITEM NO: 8410



8410.1-103117



CAUTION: This unit is designed to be used safetly by children between the ages of 3 to 8 years old. This product has a maximum weight limit of 80 lbs per station. Glider swing can hold up to 1 child per seat. Trampoline can hold up to 1 child at a time. Slide can hold up to 1 child at a time. Nest swing can hold 2 children up to a maximum weight of 80 lbs.



PLEASE DO NOT RETURN THIS PRODUCT TO THE STORE.

STOP. Contact customer service if you have any questions regarding assembly or proper operation of the machine.

Email us at: Service@paradigmhw.com

Or call us at: 1-844-641-7920 Hours:

8:00 am to 5:00 pm (PST) Daily

TABLE OF CONTENTS

SERVICE	3
LABEL PLACEMENT	4
IMPORTANT SAFETY PRECAUTIONS	5
OVERVIEW DRAWING	6
PARTS NUMBER & ILLUSTRATIONS	7
TOOLS REQUIRED FOR ASSEMBLY	14
ASSEMBLY INSTRUCTIONS	15
ASSEMBLY	16
GROUND ANCHOR INSTALLATION	28
WARRANTY	29
PARTS REQUEST FORM	30

SERVICE

IMPORTANT: FOR NORTH AMERICA ONLY

For damaged or defective product, questions, replacement parts or any other service support, please contact our customer service department by the below methods:

For The Best Service, please Email: service@paradigmhw.com

Response Time: 1-2 Business Days

Emailing us with the information above will be the best method to receive a response during peak business hours

Website:

www.paradigmhw.com

Toll-Free:

1-844-641-7920 (8:00 AM - 5:00 PM Pacific Standard Time, Daily)

Response time may vary via calling

Please have the following information ready when requesting for service:

- Your name
- Phone number
- Model number
- Serial number
- Part number
- Proof of Purchase

For damaged or defective product please contact our customer service before returning to the store.

Paradigm Health & Wellness, Inc. 1189 Jellick Ave. City of Industry, CA 91748, USA

LABEL PLACEMENT

A AVERTISSEMENT	L'installation sur une surface dure comme du béton, de l'aphaltre ou de la terre compactée- peut entraîmer des blessures graves, voire mortelles, suite à une chute.	Des enfant sont monts lonsque des cordons de serrage sur les capuches ou encolures de serrage sur less capuches on accordés des toboggans ou autres équiments des terrains de jeu. Il est conseillé aux arrents de retirer les cordons de serrage sur les encolures et capu- ches des vétements.	A AVERTISSEMENT	 Utilisez l'equipement à vos propres risques Réservé à un usage familial et domestique, et à un usage extérieur. Cet ensemble de jeu est conforme à la norme ASTM-F 1148-09. Ce produit a un limite de poids maximum de 36 kg par station 	SURVEILLANCE D'UN ADULTE REQUIS POUR UNE UTILISATION EN TOUT TEMPS	IRE LE MANUEL AVANT L'UTILISATION. Conjours Porter des Chaussures Appropriées. Ne Ners Utiliser L'équipément Lorsqu'il est mouillé.	M BOUSCULER, SE BAGARRER.	ADULT SUPERVISION IS REQUIRED.	LA SUPERVISION D'UN ADULTE EST REQUISE.	
A WARNING	Installation over a hard surface such as concrete, asphalt, or packed earth may result in serious injury or death from falls.	Children have died when hood or neck drawstrings on their slides or where playground slides or other playground equipment. Parents are advised to remove hood and neck drawstrings from clothing.	A WARNING	Obe at your own risk For family domestic use and for outdoor use only This play set complies with ASTMF 1148-09 This product has a maximum weight limit of 80 Bs per station	I ADULT SUPERVISION REQUIRED FOR USE AT ALL TIMES	READ MANUAL BEFORE USE ALWAYS WEAR PROPER FOOTWEAR DO NOT USE EQUIPMENT WHEN WET	I NO RUNNING, PUSHING, SHOVING, OR ROUGH-HOUSING	FOR KIDS AGES 3- 8 YEARS	POURLES ENFANTS DE 3 - 8 ANS	
								Encarter at the service at a diantial for customer assistance call: Pour le service a la diantale 1-844-641-7920 1-844-641-7920 8 an -5 pm PST 1-08164-061-7920	_	Serial cumber / Tyterana 1000001 Serial cumber / Number 06 adia: MADE NI CHNA / FARIOUE BI CHNA
				•	Leading on the head or neck may result in severe injuries or death. Performing accobationes or death. Performing accobationes agrees, voire montelles. Les mouvements and interesse chances of landing on your head or neck.	Only one person at a time on the trampoline A transment une personne à la fois doit se trouver aur le trampoline.				

IMPORTANT SAFETY PRECAUTIONS

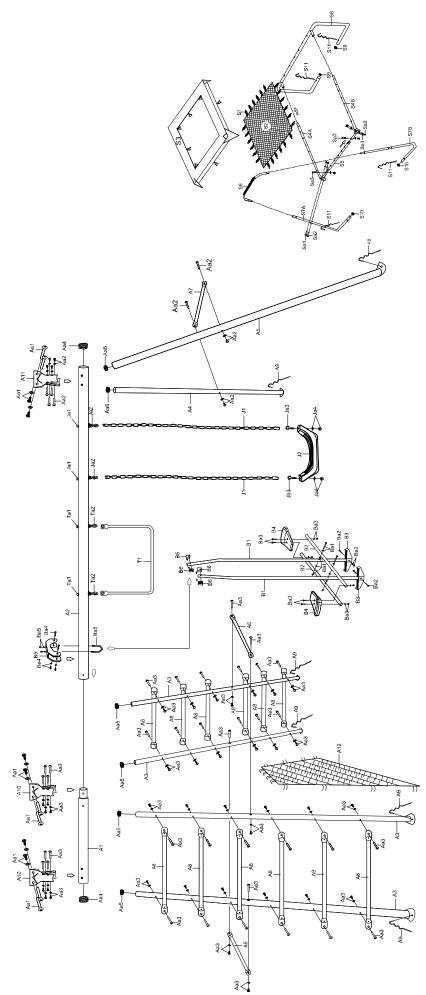
Read all instructions carefully before assembling operating this product. Retain this owner's manual and keep the original purchase receipt for future reference.

- 1. Before you assemble the Fitness Playground, find level ground not less than 6 feet from any structure or obstruction to the Fitness Playground. Your Fitness Playground must have clearance on all sides.
- 2. To prevent serious injury, do not allow children to play on the Fitness Playground until it is completely installed.
- 3. Do not install the Fitness Playground over concrete, packed dirt, or any other hard surface. A fall onto a hard surface can result in serious injury or death to the user.
- 4. Only adults should assemble or disassemble this Fitness Playground.
- 5. This product **must** be anchored.
- 6. Adult supervision of children is required at all times when on or around this Fitness Playground. Never leave children unattended.
- 7. Do not swing too high or at an angle.
- 8. Do not hang on or climb from structural members of the Fitness Playground.
- 9. Do not exceed the intended weight limit or maximum number of users for the Fitness Playground.
- 10. This product is intended to be used by children between the ages of 3-8 years old.
- 11. Be sure to observe your children and insure that they have the strength and skills to enjoy all the rides safely before use on their own.
- 12. Do not allow children to walk close to, behind, or in front of moving items.
- 13. Do not allow children to twist the chains on the swing or loop them over the top bar. This may reduce the strength of the chain.
- 14. Teach and instruct children not to swing empty seats.
- 15. Instruct children how to sit in the center of the seats and swing with their full weight on the seat.
- 16. Warn children not to use the equipment in any manner other than intended.
- 17. Warn children not to get off the rides while in motion.
- 18. Warn children to dress appropriately. Loose fitting clothing is potentially hazardous when using the Fitness Playground.
- 19. Equipment may be slippery when wet. Do not allow children to use the equipment when wet.
- 20. Parents should regularly check openings and surfaces, such as slides, for items that may be hazardous.
- 21. Parents should check swing chains to insure they are secure and cannot be looped back on themselves.
- 22. Do not place any part of the body near moving parts.
- 23. Never slide head first down the slide.
- 24. Ensure that all swings and chains are secured at both ends.
- 25. Never attach any materials that are not specifically designed for use with this swing set, such as jump ropes, pet leashes, rope or cords and other chains as these pose a potential strangulation hazard.
- 26. Children must be supervised at all times. No playground is safe without adult supervision.
- 27. When using the trampoline, do not perform flips, as this will increase the chances of injury. No more than one person at a time on the trampoline. Do not allow children to use without proper supervision

Play Ground Rules

- 1. Do not use equipment when wet.
- 2. No running, pushing, shoving, or roughhousing.
- 3. Do not use play equipment before reading manual.
- 4. Always wear proper footwear.

OVERVIEW DRAWING



PARTS NUMBERS AND ILLUSTRATIONS Parts used for main frame assembly

A1	(Top Bar I	1 PC
A2		Top Bar II	1 PC
A3	To the second se	Leg	4 PC
A4	0. e	Leg (labled B)	1 PC
A5	Q. e	Leg (labled A)	1 PC
A6	0	Cross Bar	2 PCS
A7	0	Cross Bar	1 PC
A8		Climbing bar	12 PCS
A9		Ground Anchor	6 PCS

A10	Ladder Leg Supports (1set preassembled on A1)	2 PCS
A11	Legs Support (Preassembled on A2) (Two sides are labled A & B)	1 PC
A12	Protective Net	1 PC

Hardware used for main frame assembly

Aa1	Binder Post & Bolt Set M8*15 Bolt Ø10x52 Sleeve Nut (Preassembled)	6 SETS
Aa2	Binder Post & Bolt Set M6*12 Bolt Ø8x45 Sleeve Nut (Preassembled)	6 SETS
Aa3	Binder Post & Bolt Set M6*12 Bolt Ø8x40 Sleeve Nut (Preassembled)	36 SETS
Aa4	Cap for top bar A1&A2 (Preassembled)	2 PCS
Aa5	Cap for legs (Preassembled)	4 PCS
Aa6	Cap for legs (Preassembled)	2 PCS

Parts used for glider assembly

B1	()°°°	Glider Vertical Pole	2 PCS
B2	(<u> </u>	Glider Horizontal Pole	2 PCS
B3		Foot Rest	2 PCS
B4		Glider Seat	2 PCS
B5	(Cor)	Glider Attachment	1 PC
B6		Glider Vertical Pole Cap (Preassembled on B5)	2 SETS

Bracket used for glider assembly

Ba1	Binder Post & Bolt Set M6*12 Bolt Ø8x73 Sleeve Nut (Preassembled)	2 SETS
Ba2	M6x40 Bolt Set (Preassembled)	2 SETS
Ba3	M6x38 Bolt Set (Preassembled)	4 SETS

Bracket used for glider assembly

Ba4	Binder Post & Bolt Set M6x12 Bolt Ø8x40 Sleeve Nut (Preassembled)	2 SETS
Ba5	Bolt Set M8 Bolt Ø8x30 Sleeve Nut (Preassembled)	1 SET

Parts used for trapeze assembly

T1	Trapeze Tube	1PC

Hardware used for trapeze assembly

Ta1	M10*30 Sleeve Nut Set (Preassembled)	2PCS
Ta2	Eye Bolt Set (Preassembled)	2PCS

Parts used for swing seats assembly

J1	Swing Ring (Preassembled on the seat)	2 PCS
J2	Swing Seat	1 PC

Hardware used for swing seats assembly

Ja1	Ø10x30 Sleeve Nut (Preassembled)	2 SETS
Ja2	Eye Bolt Set (Preassembled)	2 SETS
Ja3	Screw Hook (Preassembled)	2 PCS
Ja4	Screw Hook (Preassembled)	2 SETS

Parts used for trampoline assembly

S1		Spring	24 PCS
S2		mat	1 PC
S3		Frame Pad	1 PC
S4A	¢	L-S haped Tube (Left)	1 PC
S4B		L-S haped Tube (Right)	1 PC
S5	(al a a a a a a (aD	Straight tube	1 PC
S6		Handlebar with Foam	1 PC
S7A		Handlebar Base Tube (Left)	1 PC
S7B		Handlebar Base Tube (Right)	1 PC

S8	Elbow Tube	1 PC
S9	Elbow Tube Cap (Preassembled)	2 PCS
S10	Hablebar Base Tube Cap (Preassembled)	2 PCS
S11	Anchor	4 PCS

Hardware used for trampoline assembly

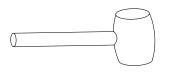
Sa1	Binder Post & Bolt Set M6x12 Bolt 8x52 Sleeve Nut (Preassembled)	2 SETS
Sa2	Binder Post & Bolt Set M6x12 Bolt 8x26 Sleeve Nut (Preassembled)	2 SETS
Sa3	Binder Post & Bolt Set M6x32 Bolt (Preassembled)	2 SETS

CARE AND MAINTENANCE

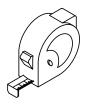
Check all nuts and bolts every two weeks during usage season for tightness and tighten as required. It is particularly important that all nuts and bolts are checked prior to the first use of each season.

TOOLS REQUIRED FOR ASSEMBLY

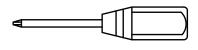
Please prepare the following tools prior to assembling this equipment.



Hammer

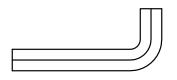


Tape Measure

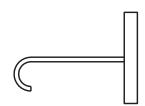




Wrench 13x10mm (Included)



Allen Wrench M5 (Included)



Spring Loading (Included)

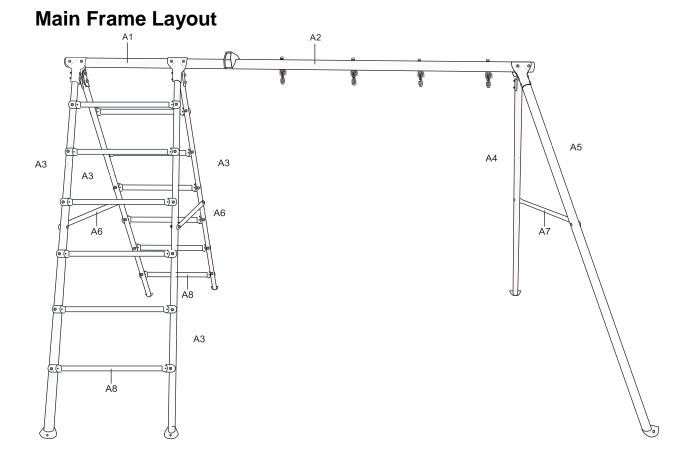
Allen Wrench with Phillips Screwdriver M5 (Included)

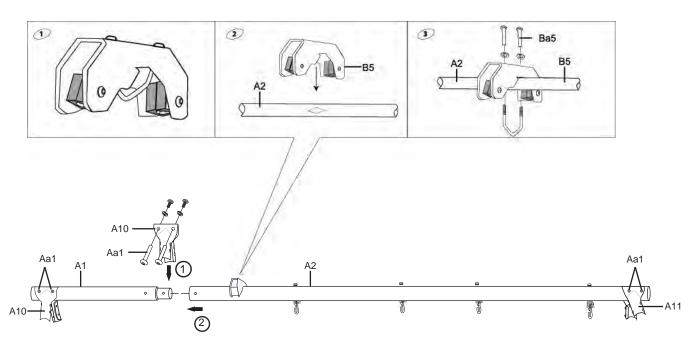
ASSEMBLY INSTRUCTIONS

- Place the playground equipment on level ground, no less than 6 feet (1.8 meters) from any structure or obstruction such as, a fence, garage, house, overhanging branches, laundry lines, or electrical wires.
- Do no install the playground equipment over concrete, asphalt, packed earth, or any other hard surface. A fall onto a hard surface can result in serious injury to the user.

TIGHTENING NUTS & BOLTS

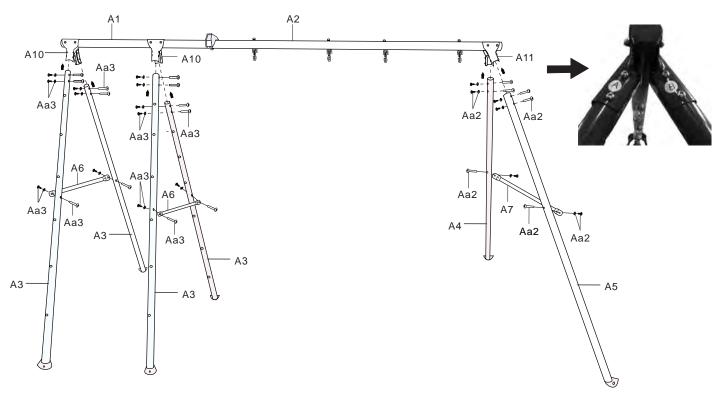
- Do not over-tighten the nuts and bolts when you are assembling your playground equipment. This will allow for some possible adjustments and ease for installation.
- Once you have completed the assembly of the playground equipment, go over all the nuts and bolts and properly tighten all of them before using the playground equipment.





Step 1

- Remove the two sets of pre-installed Hardware (Ba5) from the Glinder Attachment (B5).
- Attach the **Glinder Attachment (B5)** onto the the **Top Bar (A2)**, and tighten with preinstalled **Hardware (Ba5)** that were previously removed.
- Remove the two sets of pre-installed Hardware (Aa1) from the Ladder Leg Supports (A10).
- Attach Ladder Leg Supports (A10) onto the Top Bar (A2), then insert the Ladder Top Bar (A1) into the socket of the Top Bar (A2) and align the holes.
- Tighten the two sets of pre-installed **Hardware (Aa1)** that were previously removed.



Step 2

Ladder Legs (A3) Assembly

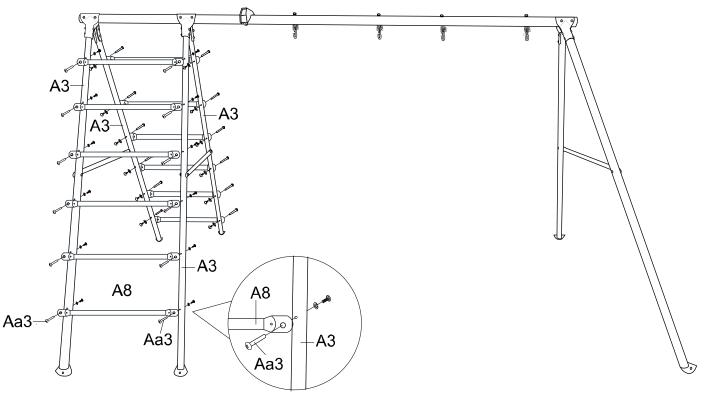
- Remove four sets of pre-installed Hardware (Aa3) from both sides of the Ladder Leg Supports (A10). Insert four Ladder Legs (A3) into the Ladder Leg Supports (A10).
- Align the holes and secure using the four sets of pre-installed **Hardware (Aa3)** that were previously removed.
- Remove four sets of pre-installed Hardware (Aa3) from the Ladder Legs (A3). Attach the Cross Bar (A6) onto both Ladder Legs (A3) using the four sets of Pre-installed Hardware (Aa3) that were previously removed.

Legs (A5) Assembly

- Remove two sets of pre-installed Hardware (Aa2) from Legs Support (A11) Insert the Leg A5 (labeled A) into the socket of the Top Bar A2 and Legs Support (A11) (labeled A).
- Align the holes and secure the Legs (A5) using two sets of pre-installed Hardware (Aa2) that were previously removed.

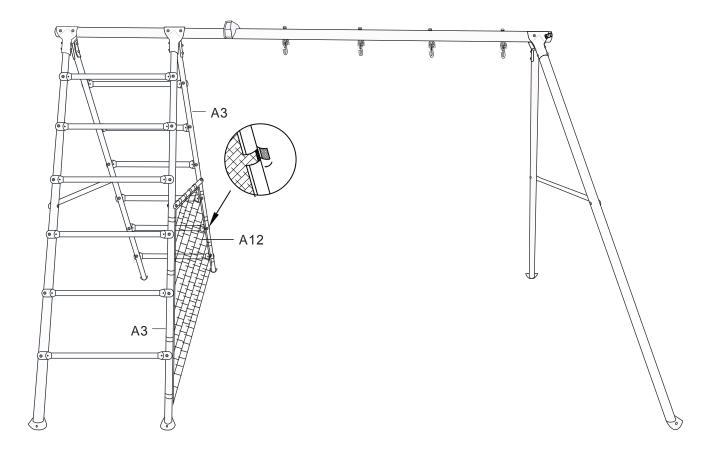
Legs (A4) Assembly

- Remove two sets of Pre-installed Hardware (Aa2) from both Legs Support (A11). Insert the Leg (A4) (labeled B) into the socket of the Top Bar (A2) and Legs Support (A11) (labeled B).
- Align the holes and secure the Leg (A4) using two sets of pre-installed Hardware (Aa2) that were previously removed.
- Remove two sets of Pre-installed Hardware (Aa2) from both Legs (A5 & A4). Attach the Cross Bar (A7) onto both Legs (A5 & A4) with the two sets of pre-installed Hardware (Aa2) that were previously removed.



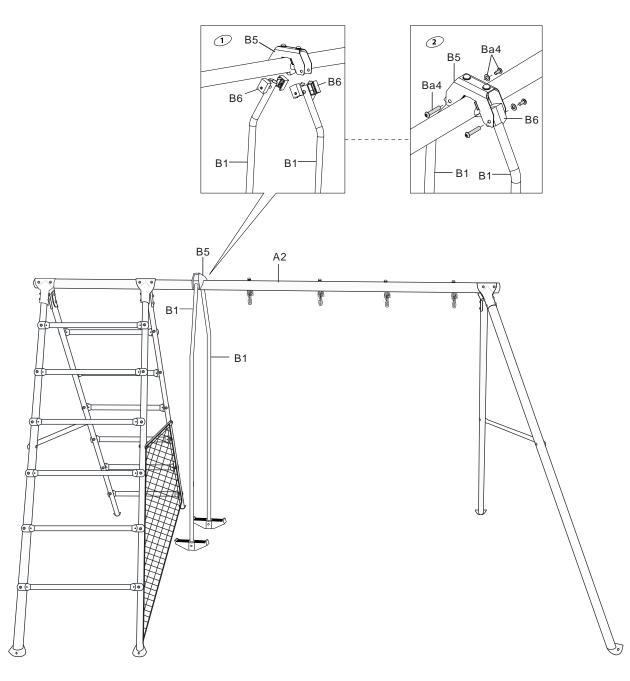
Step 3

- Remove the twenty-four sets of pre-installed **Hardware (Aa3)** from **Ladder Legs (A3)**.
- Attach twelve Climbing Bars (A8) onto both Ladder Legs (A3) using the twenty-four sets of pre-installed Hardware (Aa3) previously removed.



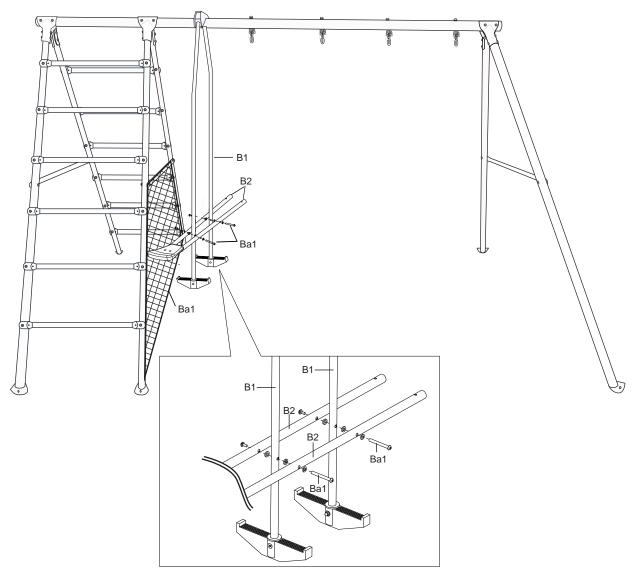
Step 4

• Attach the **Protective Net (A12)** onto the Legs (A3).



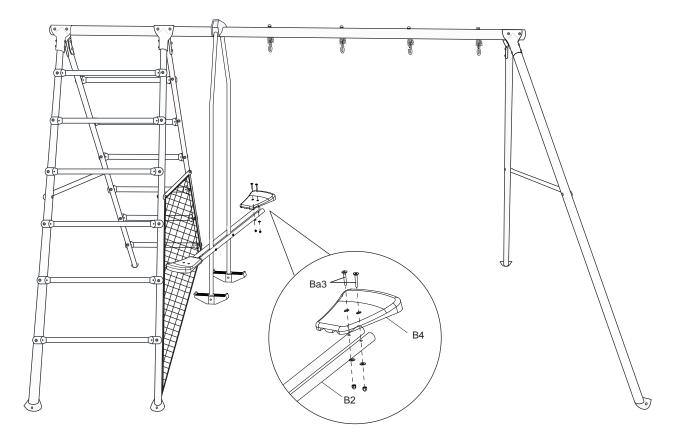
Step 5

- Remove two sets of pre-installed Hardware (Ba4) from the Glider Attachment (B5).
- Install one set of Glider Vertical Pole Caps (B6) onto the top end of the Glider Vertical Pole (B1).
- Install the **Glider Vertical Pole (B1)** onto the **Glider Attachment (B5).** Align the holes and secure using the set of pre-Installed **Hardware (Ba4)** that were previously removed.
- Repeat the steps above to install the **Glider Pole (B1)**.



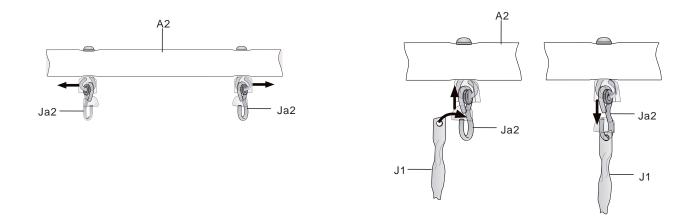
Step 6

- Remove one Glider Seats (B4) from the Glider Horizontal Poles (B2), and keep the hardware for Step 7.
- Remove two sets of pre-installed Hardware (Ba1) from both Glider Horizontal Poles (B2).
- Attach both Glider Horizontal Poles (B2) onto both Glider Vertical Poles (B1) using the two sets
 of pre-installed Hardware (Ba1) that were previously removed.



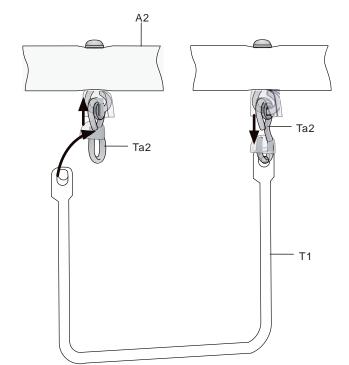
Step 7

• Attach both **Glider Seats (B4)** onto the **Glider Horizontal Poles (B2)** using the two sets of pre-installed **Hardware (Ba3)** that were previously removed.



Step 8

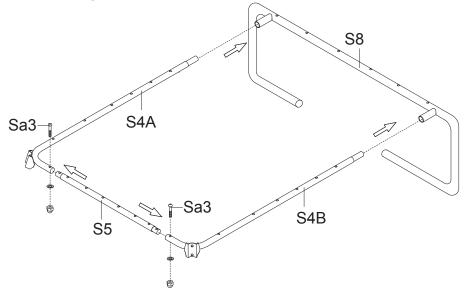
• Hang the Swing Chain (J1) in place from the Eye Bolts (Ja2) on the Top Bar (A2).



Step 9

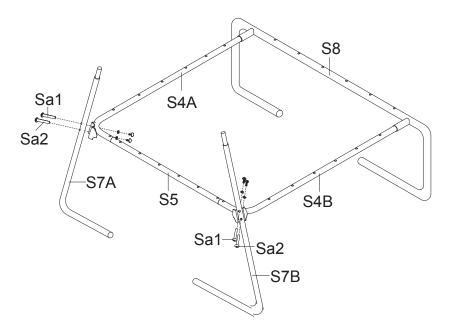
• Hang the Trapeze Tube (T1) in place from the Eye Bolts (Ta2) on the Top Bar (A2).

Do not tighten bolts until instructed to do so.



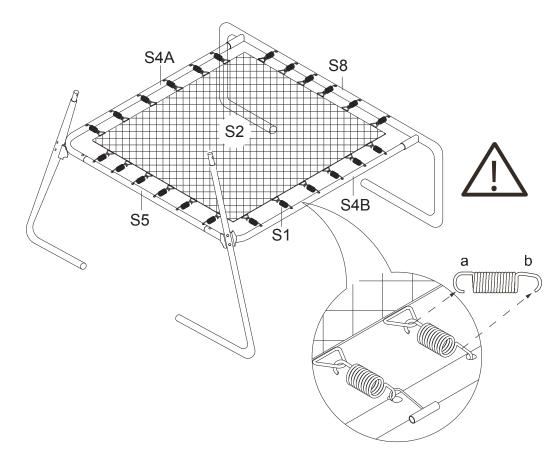
Step 10

- Insert the small ends of the L-Shaped Tube (Left) (S4A) and L-Shaped Tube (Right) (S4B) into the sockets of the Elbow Tube (S8). The welded bracket of the L-Shaped Tube (Left)(S4A) and L-Shaped Tube (Right) (S4B) should face outwards.
- Insert the small end of the Straight Tube (S5) into the opening of the L-Shaped Tube (Left)(S4A) and L-Shaped Tube (Right) (S4B).
- Align the holes and secure with two **Binder Post and Bolt Sets (Sa3).** Then tighten using the **5mm Allen Wrench** and **10, 13mm Wrench** provided.



Step 11

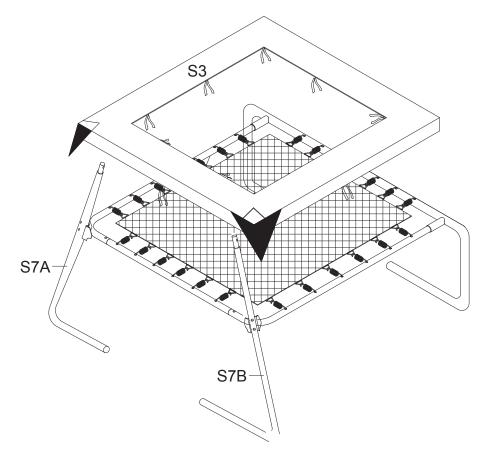
- Align the Handlebar Base Tube (Left) (S7A) with the corner of the L-Shaped Tube (Left) (S4A) Then align the holes and secure using a Binder Post and Bolt Set (Sa1) and a Binder Post and Bolt Set (Sa2).
- Align the Handlebar Base tube (Right) (S7B) to the corner of the L-Shaped Tube (Right) (S4B) align the holes and secure using a Binder Post and Bolt Set (Sa1) and a Binder Post and Bolt Set (Sa2). Then tighten using the 5mm Allen Wrench with Phillips Screwdriver and 5mm Allen Wrench.



Step 12

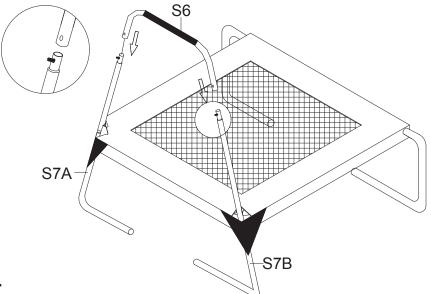
- Lay out the Jump Mat (S2) and align the triangle rings of the mat with the holes in the L-Shaped Tube (Left) (S4A) and the L-Shaped Tube (Right) (S4B).
- Attach a Spring (S1) with the hook facing down, onto the triangle ring of the Jump Mat (S2). Hold the Spring loading tool underhand and pull the spring hook towards the holes on the surrounding frame. Drop the hook into the frame hole until it latches on. Do this for all Springs (S1) and Triangle Rings.

NOTE: Be careful not to pinch hands or fingers on **Springs (S1).** Wear gloves to prevent pinching. Keep **Springs (S1)** dry, because wet Springs are very slippery.



Step 13

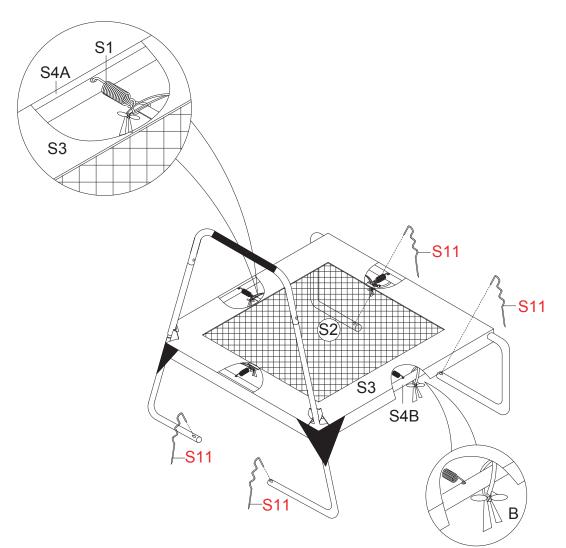
- Slide the front two corners of the Frame Pad (S3) over the Handlebar Base Tube (Left) (S7A) and Handlebar Base Tube (Right) (S7B).
- Lay the **Frame Pad (S3)** over the trampoline so that the **Springs (S1)** and the steel frame are covered. Ensure that the **Frame Pad (S3)** covers all metal parts.



Step 14

 Slide the Handlebar with Foam (S6) onto the small ends of the Handlebar Base Tube (Left/Right)(S7A/S7B). Ensure that the pop pins set into place.

TIGHTEN ALL HARDWARE AT THIS TIME!



Step 15

- Tie the straps of the **Frame Pad (S3)** to the triangle rings with a knot. Repeat this for all straps. Make sure the knots are tight and that the **Frame Pad (S3)** fits securely over the trampoline.
- Place the trampoline at desired location and secure it with the **Anchors (S11).** Ensure the hooked end of the **Anchors (S11)** is securely attached to the frame.

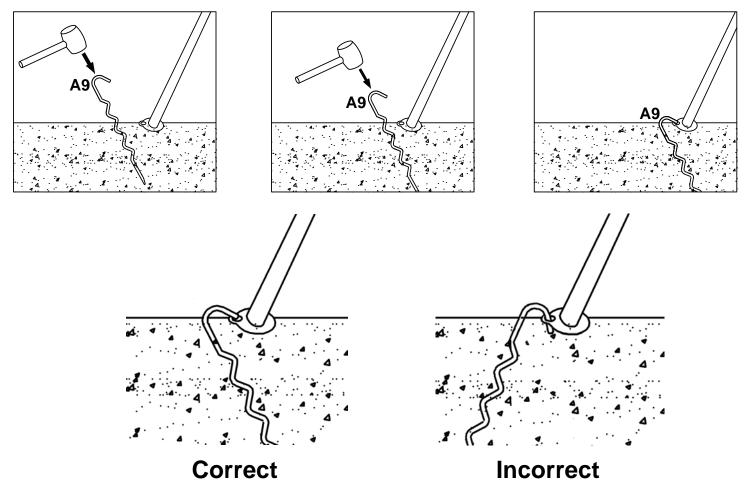
GROUND ANCHOR INSTALLATION

You may either anchor the feet in hard soil or if your soil is soft (sand, etc.), you may use the **Corkscrew (A9)** anchor to secure the playground. If you wish to permanently secure your swing set, setting the legs in concrete and secure with a brick or gravel bed is recommended. Ensure equipment is firmly anchored. When cementing the equipment, bury the legs about three inches below the ground. This will ensure sufficient space underneath the swings. Be certain that all anchoring devices (including concrete) are placed below the level of the playing surface or below ground level to prevent tripping. Be sure the swing set is located on level ground.

For Soil Ground Installation:

Turn the corkscrew anchor into the ground until only the hooked end is above the ground next to the leg.

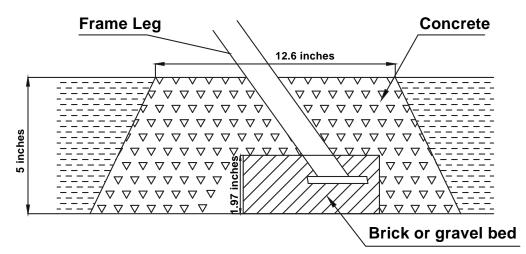
Insert the hooked end into the bottom opening of the leg. Ensure that the hooked end is secure at the leg opening.



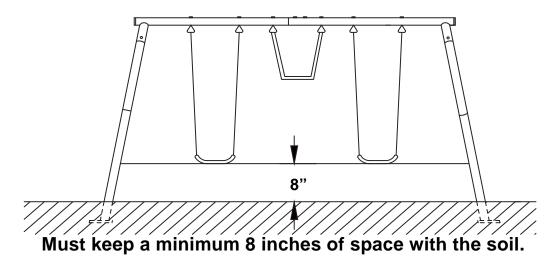
When turning the corkscrew anchor into the ground, please make sure the anchor is roughly perpendicular to the playground feet.

For Concrete Ground Installation:

- If the swing set is set up on grounds with sandy soil, it must be anchored with concrete footing (concrete not included).
- Dig holes around swing leg tubes as shown in the drawing below. As you dig down to create a cylindrical hole, you should use a shovel to carve out the lower part of the hole, to create a larger diameter hole at the bottom.
- Place a 2 inch high brick or 2 inches of gravel bed as shown in the drawing below.
- Use about 45lb of concrete per leg.
- Cover concrete with dirt and protective surface material.
- Allow about 6-7 days for concrete to dry properly.



Note: The maximum fall height for this product is 6 feet. The minimum ground clearance between the bottom of the suspended plays and the playing or ground service must be 8 inches.



Warning: Please bury the legs of the swing set as per instruction. If the swing set is used without proper anchoring, it may be dangerous and may tilt over.

This play ground received ASTM F2276 and CPSIA certification.

WARRANTY

MANUFACTURER'S LIMITED WARRANTY

Paradigm Health & Wellness warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has been installed and operated in accordance with Paradigm's Owner's Manual. Paradigm's obligation under this warranty applies to the following:

COMPONENT	LENGTH OF WARRANTY
Structural Frame	2 years FOR HOME USE ONLY
All Other Components	180 days FOR HOME USE ONLY

Exclusions from Warranty Coverage:

Paradigm does not warrant against and is not responsible for, and no implied warranty shall be deemed to cover, any product failure, product malfunction, or damages attributable to:

- 1. Improper installation and/or failure to abide by Paradigm's installation guidelines;
- 2. Use of this product beyond normal home use, or in an application for which it was not designed;
- 3. Cosmetic items such as scratches, dents or discolorations;
- 4. Damage caused by normal wear and tear, vandalism, accidental or by animals;
- 5. Any act of Nature (such as fire, flooding, snow, ice, hurricane, earthquake, lightning or other natural disaster), environmental condition (such as air pollution, mold, mildew, etc.), or staining from foreign substances (such as dirt, grease, oil, etc.);
- 6. Normal weathering due to exposure to sunlight, weather and atmosphere which can cause colored surfaces to, among other things, flake, chalk, accumulate dirt or stains.
- 7. Improper operation, alteration, handling, storage, abuse or neglect of the products.

Paradigm, using its sole discretion, will either repair or replace free of charge any part(s) proven to be defective under normal home use. Any repair or replacement shall provide no new warranty coverage, but shall retain only the remaining portion of the original product's warranty. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.

Ordering Replacement Parts

Replacement parts can be ordered by emailing our customer service department:

Service@paradigmhw.com

Open Daily 8:00 AM - 5:00 PM (PST).

When ordering replacement parts please have the following information ready:

- 1. Owner's Manual
- 2. Model Number
- 3. Description of Parts
- 4. Part Number
- 5. Date of Purchase

PARTS REQUEST FORM

Paradigm Health & Wellness, Inc.

EMAIL THIS FORM WITH YOUR RECEIPT OF PURCHASE TO

Service@paradigmhw.com

NAME:			
ADDRESS:			
		STATE:	_ZIP:
TELEPHONE:	(Day)		
	(Night)		
SERIAL#:			
MODEL#:			
PURCHASE DATE:			
PLACE OF PURCHASE:			

PART #	DESCRIPTION	QTY

"YOUR ORDER WILL BE PROCESSED WITHIN 3 BUSINESS DAYS" *This form can also be faxed to #: 626-810-2166