



my
CloudFITNESS

**Congratulations and Welcome to the
NEW MyCloudFitness!**

We are excited to have you join our growing community of likeminded people that will give you the motivation to reach each and every one of your fitness goals.

Join the thousands of MyCloudFitness community members on their journey to a healthier lifestyle.

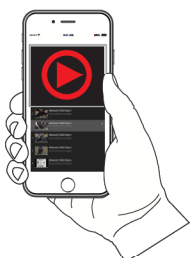
**MyCloud Fitness Online
gives you access to:**

- Fitness monitoring tools
- Workout guides
- Tips from your online community
- Updates on new projects
- Exclusive deals

Subscribe Today!



Step 1: Scan



Step 2: Watch



Step 3: Build

Assembly Guide

Get assembly assistance fast. Follow our helpful assembly videos to get the most out of your product.



Here at Fitness Reality, we care about your health. That's why we've created an app that will function as your very own personal trainer, tracking your workouts and goals.

MyFitQuest can track calories burned, speed, distance, and heart rate on Fitness Reality equipment as well as your daily step count and log your nutrition intake.

With **MyFitQuest** powered by MyCloudFitness.com, you'll be able to keep track of your progress wherever you are, whether at the gym, at home, or on the go. Download the free MyFitQuest App on the Appstore or Google Play

Compatible Products



X-Class Upright



X-Class Recumbent



X-Class Elliptical



...WHAT NOW?

So, you bought **Fitness Reality 1000**
Super Max 800 lb Capacity 12-Position Weight Bench.... What Now?

Go to www.FitnessReality.com/WHATNOW

"WHAT NOW?" Online Guides

that help you get the most out of your new equipment.

"WHAT NOW OFFERS"

Beginner Guides

Not sure what to do with your new unit? We will show you how to get started.

Basic Exercises

We will take you through all the basic exercises you can do with your equipment.

Learn Proper Forms

Maximize your exercises by learning the Do's and Don'ts.

Trainer Advice

Get valuable information from leading professionals.



Seated Military Shoulder Presses



Angled Bench Presses



Dips

Introducing our "What Now?" Fitness Guide

SRF
STEVE RICHARDS FITNESS



To show you how to use this and other pieces of equipment, watch instructional videos with Stevie Richards, American professional wrestler and fitness coach.

Stevie's fitness and training knowledge have kept him active in professional wrestling to this day, wrestling for Ring of Honor, Wildcat Sports and even working as Guest Coach at the WWE Performance Center.

Stevie Richards Fitness was born out of a desire to eliminate the "noise" from other fitness programs and keep things simple. He has helped hundreds of people improve their health all over the world with no quick fixes, just proven results from hard work and consistency.

Check out our WHAT NOW? page to see Stevie Richards':

- Wide range of exercises for piece of equipment
- Beginner guides
- Tips on effective form

BUILD

YOUR

DREAM GYM



FITNESS REALITY 810XLT Super Max Power Rack Cage with 800lbs Weight Capacity

Model 2810

- 800 lbs weight capacity
- Large walk in space providing easy side to side movement
- 2" x 2" square steel frame construction
- Two 3 1/4" long chrome lock on safety bars
- Two 23" long chrome dual mounted safety bars
- 19 adjustable height levels for the safety bars
- Safety bars are compatible with 7' Olympic bars
- Multi-position over head chin up/pull up grip bars
- 2 rear stability bars
- Olympic bar and weight plates not included

FITNESS REALITY X-Class Light Commercial Multi-Workout Ab- dominal /Hyper Back Extension Bench

Model 2860

- Supports a real weight capacity 650 lbs and accommodates a user height of up to 6'4
- 1 flat and 3 decline bench adjustments and 14 thigh support cushion height adjustments
- Sweat and moisture resistant double stitched vinyl bench covering.
- 12 inch round soft and slip resistant push up and dip handle bars.



Check out our new products and exclusive deals only at [FITNESSREALITY.com](https://www.fitnessreality.com)

Fitness Reality Elite is a trademark of Paradigm Health and Wellness.