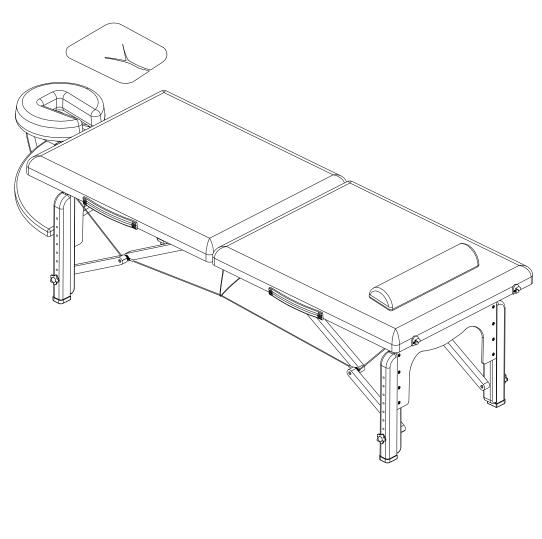
OWNER'S MANUAL



MASSAGE TABLE



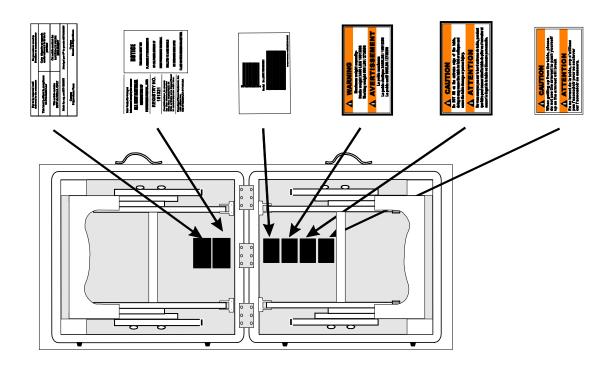
Model # 9095

The specifications of this product may vary from this photo and are subject to change without notice. IRONMAN, IRONMAN TRIATHLON AND M-DOT are registered trademarks of World Triathlon Corporation. This product is licensed by the IRONMAN TRIATHLON.

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WARNING LABEL PLACEMENT



SERVICE

To request for product service and order replacement parts, please call our customer service department at

1-866-924-1688

Monday through Friday, 8:00 am-5:00 pm Pacific Standard Time,

or email at: service@paradigmhw.com

Please have the following information ready when requesting for service:

Your namePhone numberModel numberSerial numberDate of Purchase

Owner's manual Part number

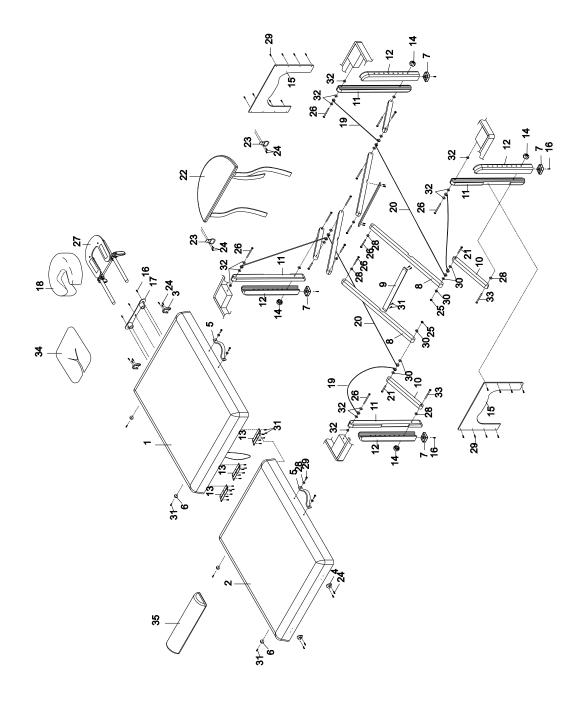
*If the product has major defects which prevent it from functioning properly, please return it to the store of purchase within the period allowed by the store.

Paradigm Health & Wellness, Inc. 1189 Jellick Ave. City of Industry, CA 91748

SAFETY PRECAUTIONS

- (1) Maintain the table periodically. Make sure all screws are secure and the cable has not deteriorated or frayed. Make sure there are no cracks in the wood structure.
- (2) Do not overload the table beyond the recommended weight limit. This could result in serious injury to the user.
- (3) Do not use alcohol based cleaners when cleaning the vinyl. This could cause damage to the vinyl material. Use warm soapy water and wipe dry.
- (4) Make sure when using the table that all four legs are at the same level. Using the legs at different levels can cause the table to be unstable and cause injury.
- (5) Maximum weight capacity- static weight: 2400 lbs/1091 kgs working weight: 600 lbs/273 kgs

OVERVIEW DRAWING



PART LIST

Part#	Description	Quan	.Part#	Description	Quan.
001	Front Bed with Frame	1	019	Short Cable	4
002	Rear Bed with Frame	1	020	Long Cable	2
003	Upper Buckle	2	021	M6x70mm Self Tapping Bolt	4
004	Lower Buckle	2	022	Armrest	1
005	Handle	2	023	Armrest Loop	2
006	Rubber Foot	4	024	M3x20mm Round Head Self	14
				Tapping Screw	
007	Lower Leg End Cap	4	025	M6 Nylon Nut	4
800	Long Brace	4	026	M6x80mm Bolt	8
009	Cross Brace	2	027	U Shape Headrest	1
010	Short Brace	4	028	Plastic Washer Ø18xØ6x2t	8
011	Upper Leg	4	029	M4x18mm Mod. Truss Head	20
				Screw	
012	Lower Leg	4	030	Plastic Washer Ø13xØ6x2t	12
013	Hinge	3	031	M4x20mm Self Tapping Screw	30
014	Leg Knob	4	032	Plastic Washer Ø15xØ6x4t	12
015	End Panel	2	033	M6x105mm Bolt	4
016	M4x20mm Round Head Self	7	034	Headrest Cover	1
	Tapping Screw				
017	Headrest Bushing Plate	1	035	Half Round Bolster	1
018	Face Cushion	1			

ASSEMBLY

Unlace the Buckles and then open the table so that it is standing on the Rubber Foot side. Take out the Face Cushion, U Shape Headrest, Armrest, and Headrest Cover from underneath of the table.





Pull out the left and right pair of Legs and straighten each joint.





4

3

floor.

Lift one end of the table and pull out to open table fully.

Lift the table up until all four legs are on the



2

ASSEMBLY

Insert both Right/Left Headrest Sticks with Headrest into the holes of the Headrest Bushing Plate.



Attach armrest corner straps onto Armrest Loops underneath the Front Bed.



Attach front strap onto the U Shape Headrest.



5

6

ASSEMBLY

Place the Face Cushion onto the U Shape Headrest with the designated velcro stickers.

WARNING: HEADREST IS FOR LIGHT RESTING ONLY! PLEASE DO NOT ADD HEAVY PRESSURE WHEN RESTING.



9

8

Place the Half Round Bolster on the bed.



10

Place the Headrest Cover on the Face Cushion.



ADJUSTMENT

Adjusting the Table Height

Lay the table on the Rubber Foot side and then remove the Leg Knob.



Remove the Lower Leg and then place the Lower Leg back onto the Upper Leg to the desire hole for adjusting the height of the table.



Tighten the Leg Knob after adjustment.

NOTE: Adjust all of the four Legs to the same height.



ADJUSTMENT

Adjusting the angle of the Headrest

Pressing up the Locking Handles and then adjust the Headrest to the desired angle. Pressing down the Locking Handles after adjustment.



STORAGE



- 1. Lay the table on its side and fold at an angle.
- 2. Completely fold the Legs flat under the table.
- 3. Make sure the Cables, U Shape Headrest, Face Cushion, Armrest, and Headrest Cover are inside the table before closing it.

TARNSPORT THE TABLE



The table is easy to carry with the shoulder strap of carry bag.

MAINTENANCE INSTRUCTIONS

You should check your massage table for any kind of wear and tear before each use.

- 1. Check the legs, beds, cables for wear and tear.
- 2. Replace damaged and worn components immediately.
- 3. Keep all damaged equipment out of use until it is repaired.

WARRANTY

Paradigm Inc. warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has been installed and operated in according to Paradigm's Owner's Manual. Paradigm's obligation under this warranty is limited to replacing free of charge, any parts which may prove to be defective under normal home use. This warranty does not include any damage caused by improper operation, misuse or commercial application. From the date of purchase, the frame is warranted to be free from defects for 1 (one) year. All parts and workmanship, including electronics and its console cases, upholstery, foam, ball bearings, pulleys, cables, shocks, all tension mechanisms, wheels, pedals and hardware are to be free from defects for 90 days. This warranty is offered only to the original owner and is not transferable. Proof of purchase is required.

PART REQUEST FAX FORM

IRONMAN PARTS REQUEST FAX FORM

Please fax this form to (1-626-810-2166)

OR YOU CAN EMAIL CUSTOMER SERVICE REQUESTS TO service@paradigmhw.com

NAME:			
		STATE	
TELEPHON	E: (Day)		
PURCHASE			
PURCHASE	E FROM:		

PART #	DESCRIPTION	QTY

"YOUR ORDER WILL BE PROCESSED WITHIN 3 BUSINESS DAYS"

OFFICIAL USE ONLY		
SHIP DATE:	 	
TRK #:	 	
BACK ORDER:		