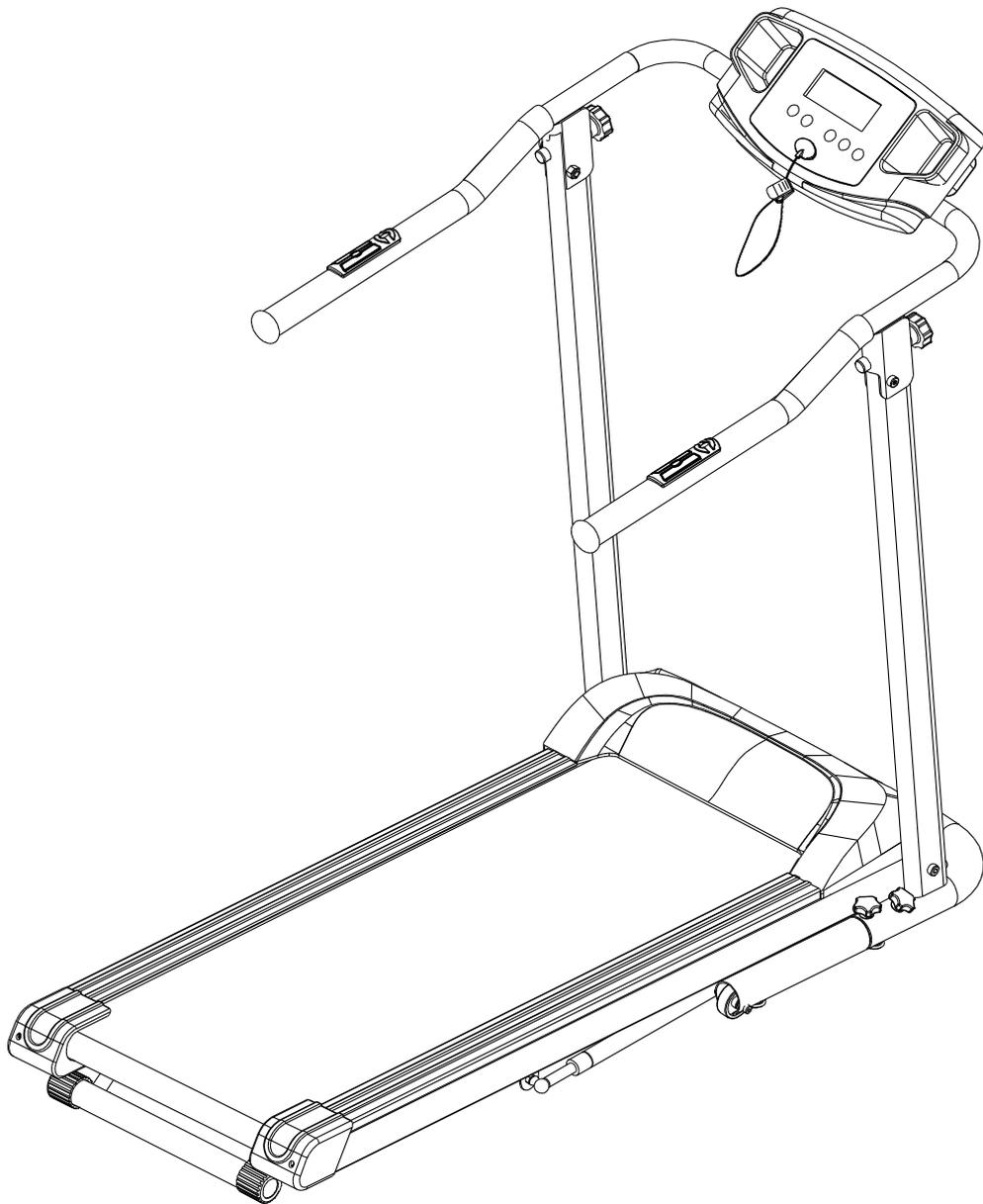


# Walk To Fit Treadmill





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## SERVICE

### **IMPORTANT: FOR NORTH AMERICA ONLY**

For damaged or defective products, questions, replacement parts or any other needed service support, please contact our customer service department (8:00 AM - 5:00 PM Pacific Standard Time, Daily) by below methods:

For Best Service Email:

**[Service@paradigmhw.com](mailto:Service@paradigmhw.com)**

Website:

**[www.paradigmhw.com](http://www.paradigmhw.com)**

Toll-Free:

**1-844-641-7920**

Please have the following information ready when requesting for service:

Your name

Phone number

Model number

Serial number

Part number

Proof of Purchase

For damaged or defective products please contact our customer service before returning to the store.

\* Emailing us with the information above will be the best method to receive a response during peak business hours.

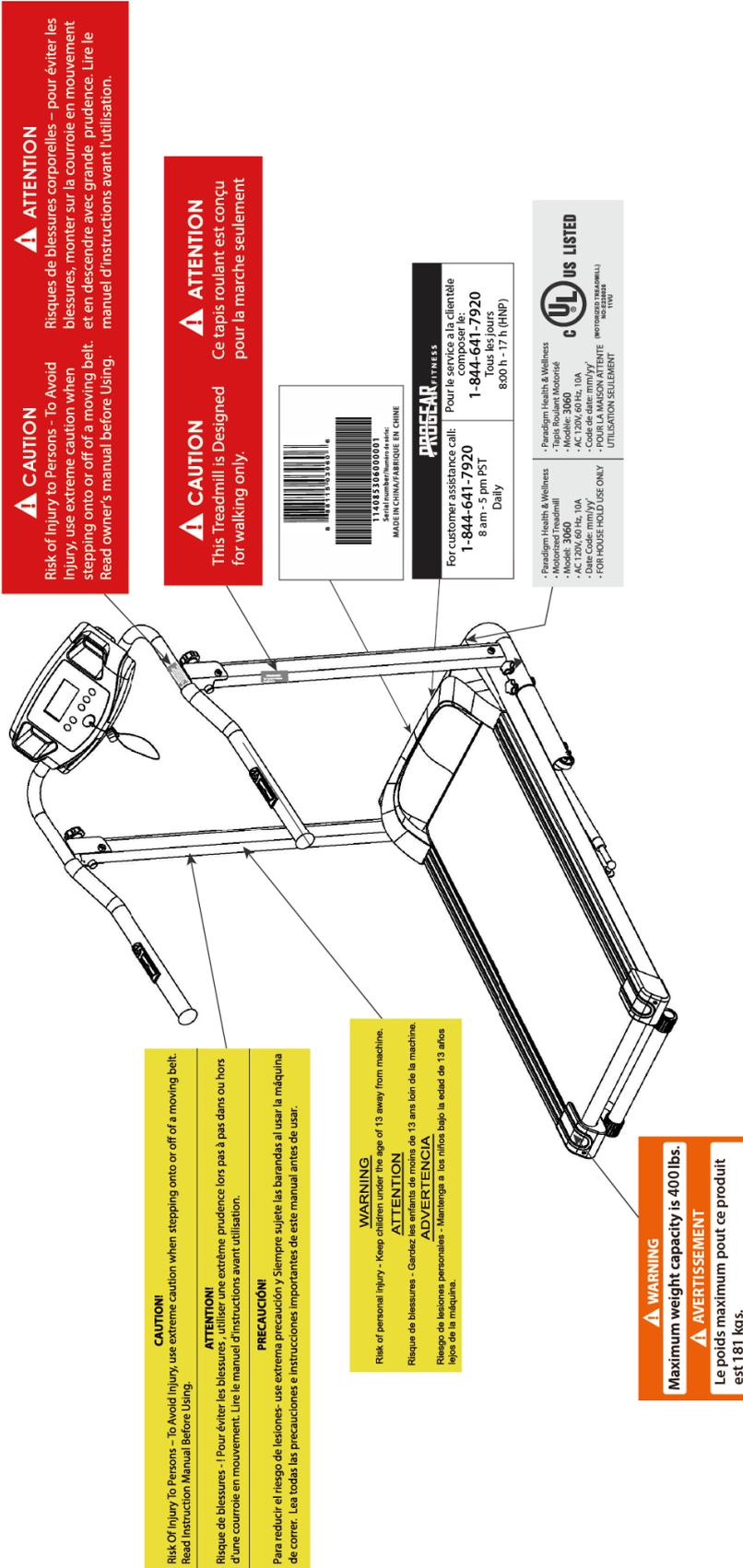
\*\*Response time may vary.

Paradigm Health & Wellness, Inc.

1189 Jellick Ave.

City of Industry, CA 91748, USA

# LABEL PLACEMENT



**CAUTION**  
 Risk of Injury to Persons - To Avoid Injury, use extreme caution when stepping onto or off of a moving belt. Read owner's manual before Using.

**ATTENTION**  
 Risques de blessures corporelles – pour éviter les blessures, monter sur la courroie en mouvement et en descendant avec grande prudence. Lire le manuel d'instructions avant l'utilisation.

**CAUTION**  
 This Treadmill is Designed for walking only.

**ATTENTION**  
 Ce tapis roulant est conçu pour la marche seulement.

11468530600001  
 serial number/numéro de série  
 MADE IN CHINA/PRODUIT EN CHINE

**PROGEAR FITNESS**  
 For customer assistance call:  
**1-844-641-7920**  
 8 am - 5 pm PST  
 Daily

Pour le service à la clientèle composer le:  
**1-844-641-7920**  
 Tous les jours  
 8:00 h - 17 h (HNP)

ProGear Health & Wellness  
 • Motorized Treadmill  
 • Model: 3060  
 • AC 120V, 60 Hz, 10A  
 • CE MARKED  
 • FOR HOUSEHOLD USE ONLY

ProGear Health & Wellness  
 • Tapis Roulant Motorisé  
 • Modèle: 3060  
 • AC 120V, 60 Hz, 10A  
 • CE MARKED  
 • POUR LA MAISON/ATTENTE  
 UTILISATION SEULEMENT

**UL US LISTED**  
 (NOTIFIED TRANSFORMER)  
 11468530600001

**CAUTION!**  
 Risk of Injury to Persons - To Avoid Injury, use extreme caution when stepping onto or off of a moving belt. Read Instruction Manual Before Using.

**ATTENTION!**  
 Risque de blessures - Pour éviter les blessures, utiliser une extrême prudence lors pas à pas dans ou hors d'une courroie en mouvement. Lire le manuel d'instructions avant utilisation.

**PRECAUCIÓN!**  
 Para reducir el riesgo de lesiones- use extrema precaución y Siempre sujete las barandas al usar la máquina de correr. Lea todas las precauciones e instrucciones importantes de este manual antes de usar.

**WARNING**  
 Risk of personal injury - Keep children under five age of 13 away from machine.

**ATTENTION**  
 Risque de blessures - Gardez les enfants de moins de 13 ans loin de la machine.

**ADVERTENCIA**  
 Riesgo de lesiones personales - Mantenga a los niños bajo la edad de 13 años lejos de la máquina.

**WARNING**  
 Maximum weight capacity is 400 lbs.  
**AVERTISSEMENT**  
 Le poids maximum pour ce produit est 181 kgs.

## IMPORTANT SAFETY INSTRUCTION

### IMPORTANT SAFETY INSTRUCTION

Basic precautions should always be followed, including the following safety instructions when using this treadmill: Read all instructions before using this treadmill.

**DANGER:** To reduce the risk of electric shock, please read the following:

- Always unplug the treadmill from the electrical outlet immediately after using and before cleaning, assembling, or servicing.

**NOTE:** Failure to follow these instructions may lead to personal injury and cause damage to the treadmill.

**WARNING:** To reduce the risk of burns, fire, electric shock or injury to any persons, please read the following:

- Never leave the treadmill unattended when plugged in. Disconnect by turning off the master power switch, and unplugging from outlet when not in use and before putting on or taking off parts.
- Use this appliance only for its intended use as described in this manual. Do not use attachments not recommended by the manufacturer.
- Never operate this treadmill if it has a damaged cord or plug, or if it is not working properly. If it has been dropped or damaged, or been exposed to water, do not use and consult an *Authorized Service Representative at 1-844-641-7920*.
- Do not attempt any maintenance or adjustments other than those described in this manual. Should any problems arise, discontinue use and consult an *Authorized Service Representative*.
- Never operate the appliance with the air openings blocked. Keep the air openings free of lint, hair, and the like.
- Do not use the treadmill outdoors.
- Do not pull the treadmill by its power cord or use the cord as a handle.
- Keep children and pets away from the equipment while in use. This machine is designed for adults only. This appliance is not intended for use by persons with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Keep children under the age of 13 away from this machine.

## IMPORTANT SAFETY INSTRUCTION

- Do not operate where aerosol (spray) products are being used or where oxygen is being administered.
  - Keep Dry - do not operate in a wet or moist condition. Save these instructions.
  - Do not operate the treadmill near a blanket. Excessive heating can occur and cause fire, electrical shock, or injury to user.
  - Keep electrical cord away from heated surfaces.
  - Never insert any object into any opening.
  - Keep the treadmill on a solid, level surface with the minimum safety area clearance of 2000mm x 1000mm of the treadmill. Be sure the area around the treadmill remains clear during use and has adequate clearance.
  - This treadmill is for household use only.
  - Only **one** person should be on the treadmill while in use.
  - Wear comfortable and suitable clothing when using the treadmill. Do not use the treadmill barefoot, in only socks or in sandals, always wear athletic shoes. Never wear loose clothing because it could run the risk of getting caught in the treadmill.
  - Always hold on to the handrails while using the treadmill.
  - Always make sure the storage latch is in place when folding and moving the treadmill.
  - Do not leave children who are under 12 year-old unsupervised near or on the treadmill.
  - To disconnect, turn all controls to the off position, then remove plug from outlet.
  - This appliance is not intended for use by persons (including children) with reduced physical, sensory or mental capabilities, or lack of experience and knowledge, unless they have been given supervision or instruction concerning use of the appliance by a person responsible for their safety. Children should be supervised to ensure that they do not play with the appliance.
  - Pull up the Safety Tether Key for emergency stop. Reinstall the Safety Tether Key onto the Computer Console. Press the START/STOP button to begin exercise again.
  - **Maximum Weight Capacity is 400 lbs / 181 kgs.**
  - This treadmill is designed for WALKING only.
  - **CAUTION:** Risk of Injury to Persons –To Avoid Injury, use extreme caution when stepping onto or off of a moving belt. Read Instruction Manual Before Using.
- Note: It is the obligation of the owner to review and explain these safety precautions to all users of this treadmill**

## IMPORTANT SAFETY INSTRUCTION

**WARNING:** Connect the treadmill to a properly grounded outlet only. See grounding instructions.

## SAVE THESE INSTRUCTIONS

### GROUNDING INSTRUCTIONS

- This product must be grounded. If it should malfunction or break down, grounding provides a path of least resistance for electric current reducing the risk of electric shock. \* **This treadmill is equipped with a cord having equipment grounding conductor and a grounding plug. The plug must be plugged into an appropriate outlet that is properly installed and grounded in accordance with all local codes and ordinances.**

**DANGER:** Improper connection of the treadmill grounding conductor can result in the risk of electric shock. Check with a qualified electrician, if you are in doubt as to whether the product is properly grounded. Do not modify the plug provided with the treadmill. If it will not fit your outlet, have a properly grounded outlet installed by a qualified electrician.

This product is for use on a nominal 120 volt circuit and has a grounding plug that looks like the plug illustrated in sketch A in Figure 1.

Make sure that the product is connected to an outlet having the same configuration as the plug. No adapter should be used with this product.

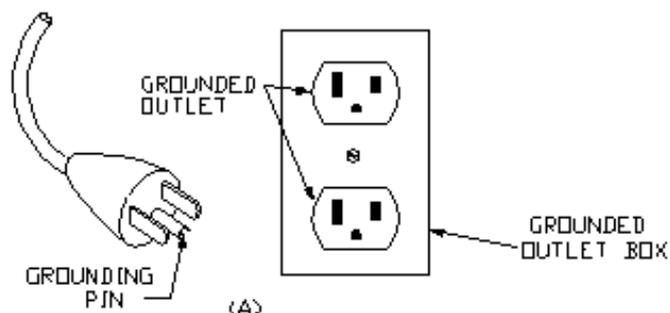


Figure 1

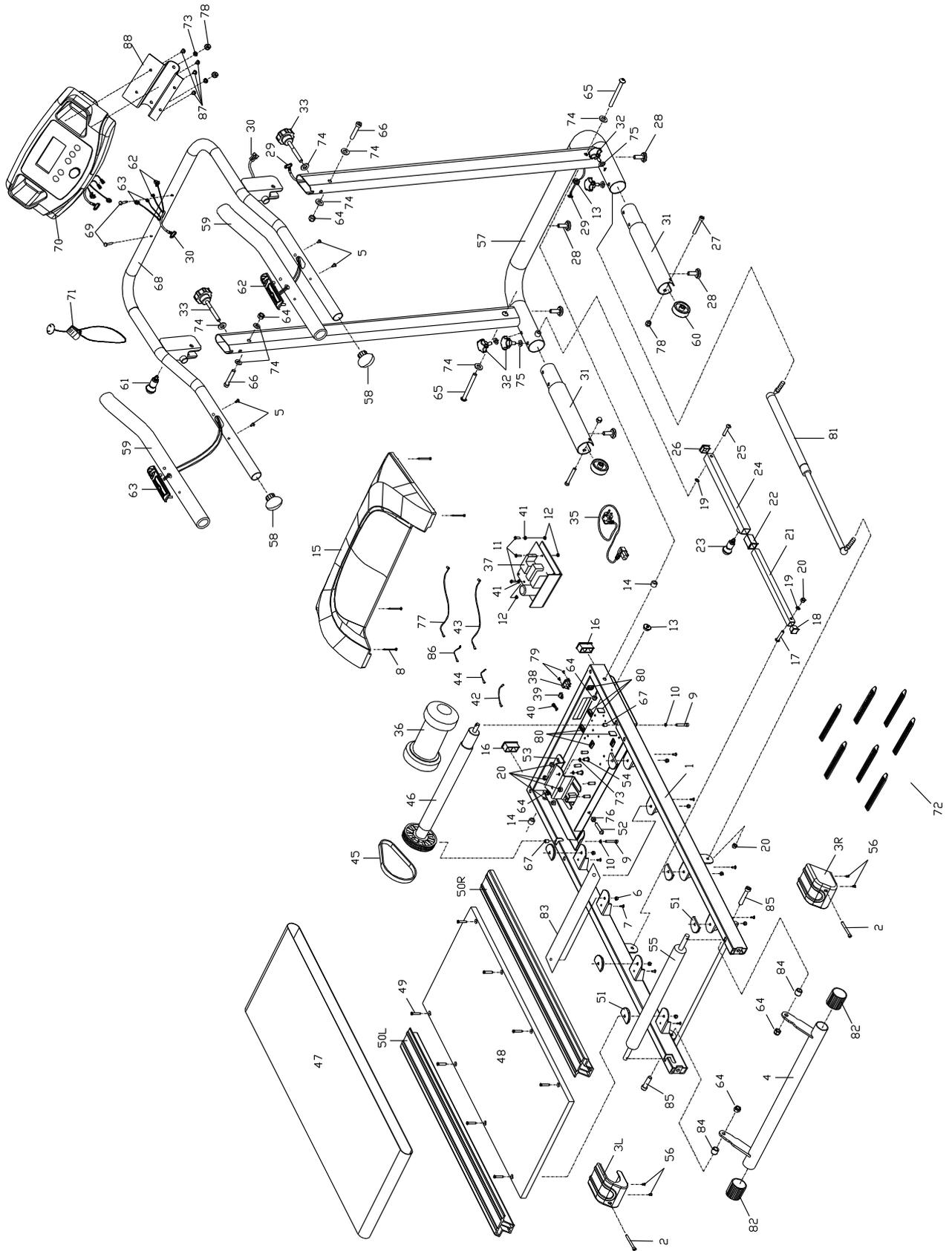
## IMPORTANT SAFETY INSTRUCTION

- This unit must be plugged into a nominal 120 volt, which has a grounding.
- Keep hands clear of all moving parts. Never place hands, feet under the treadmill.
- Do not use the treadmill on a carpet that is greater than 1/2 inch in height.
- Before using the treadmill, check that the belt is aligned and centered on the walking deck and all visible fasteners on the treadmill are sufficiently tightened and secure.

**WARNING:** Before beginning any exercise program consult your physician. This is especially important for the persons who are over 35 years old or who have pre-existing health problems. Read all instructions before using any fitness equipment. We assume no responsibility for personal injury or property damage sustained by or through the use of this product. Do not operate this exercise equipment without properly fitted guards, as the moving parts can present risk of serious injury to young children.

**CAUTION:** Read all instructions carefully before operating this product. Retain this Owner's Manual for future reference.

# OVERVIEW DRAWING



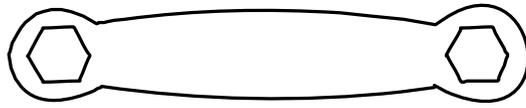
## PART LIST

| Part # | Description                           | Qty | Part # | Description                           | Qty |
|--------|---------------------------------------|-----|--------|---------------------------------------|-----|
| 001    | Main Frame                            | 1   | 025    | Bolt (M8x40mm)                        | 1   |
| 002    | Rear Roller Adjustment Bolt (M8x70mm) | 2   | 026    | Safety Tube B Square End Cap (□25.4)  | 1   |
| 003R   | Rear Right End Cap                    | 1   | 027    | Bolt (M8x60mm)                        | 2   |
| 003L   | Rear Left End Cap                     | 1   | 028    | Adjustable Leveler (M10xØ28x40)       | 5   |
| 004    | Incline Adjuster                      | 1   | 029    | Sensor Cable I (1750mm)               | 1   |
| 005    | Self-Tapping Screw (ST3x20mm)         | 4   | 030    | Sensor Cable II (980mm)               | 1   |
| 006    | Nylon Nut (M6)                        | 8   | 031    | Stabilizer Tube (Ø50.8x450)           | 2   |
| 007    | Self-Tapping Screw (M4x16mm)          | 10  | 032    | Stabilizer Knob (M8xØ40xØ10.5x15.5mm) | 4   |
| 008    | Self-Tapping Screw (M4x50mm)          | 4   | 033    | Handlebar Knob (M10xØ50x108)          | 2   |
| 009    | Bolt (M6x40mm)                        | 2   | 035    | Power Cord                            | 1   |
| 010    | Spring Washer (M6)                    | 2   | 036    | Motor                                 | 1   |
| 011    | Bolt (M4x12mm)                        | 3   | 037    | Power Control Board (97100-3)         | 1   |
| 012    | Nut (M4)                              | 3   | 038    | Power Cord Socket (CH-411)            | 1   |
| 013    | Wire Cap (Ø6x21x10)                   | 2   | 039    | Switch, AC Power (R11-16A)            | 1   |
| 014    | Spacer (Ø18xØ10.5x31mm)               | 2   | 040    | Fuse Box (R3-9 15A)                   | 1   |
| 015    | Motor Cover                           | 1   | 041    | Washer (M4)                           | 2   |
| 016    | Rectangular End Cap (□25x50)          | 2   | 042    | Wire for Fuse Box (120mm)             | 1   |
| 017    | Bolt (M8x35mm)                        | 1   | 043    | Wire for Power Control Board (480mm)  | 1   |
| 018    | Safety Tube A Square End Cap (□20)    | 1   | 044    | Wire for Power Switch (80mm)          | 1   |
| 019    | Nylon Washer (M8)                     | 2   | 045    | Belt (180J5)                          | 1   |
| 020    | Nylon Nut (M8)                        | 6   | 046    | Front Roller (Ø40x599)                | 1   |
| 021    | Safety Tube A (F20x330mm)             | 1   | 047    | Walking Belt (2140x508x1.6)           | 1   |
| 022    | Bushing (F23xF20.3x42)                | 1   | 048    | Walking Deck (557.6x940x18)           | 1   |
| 023    | Spring Knob (Ø8xØ22x71)               | 1   | 049    | Bolt (M6x33mm)                        | 8   |
| 024    | Safety Tube B (F25.4x1.5x340)         | 1   | 050R   | Right Side Rail                       | 1   |

## PART LIST

| Part # | Description   | Qty | Part # | Description                      | Qty |
|--------|---|-----|--------|----------------------------------|-----|
| 050L   | Left Side Rail  | 1   | 070    | Computer                         | 1   |
| 051    | Deck Bumper (48x32x5)   | 6   | 071    | Safety Tether Key<br>(SD-7934-1) | 1   |
| 052    | Bolt (M8x45mm)  | 1   | 072    | Sensor Bracket                   | 1   |
| 053    | Motor Bracket   | 1   | 073    | Spring Washer (M8)               | 2   |
| 054    | Bolt (M8x12mm)  | 2   | 074    | Washer (M10)                     | 8   |
| 055    | Rear Roller (Ø40x599)   | 1   | 075    | Washer (Ø21xØ8.5x1.8t)           | 4   |
| 056    | Screw (M4x8mm)  | 4   | 076    | Nut (M8)                         | 1   |
| 057    | Stabilizer (820.8x283x1091)   | 1   | 077    | Wire (400mm)                     | 1   |
| 058    | Handlebar End Cap<br>(Ø41xØ28.5x40)                                     | 2   | 078    | M8 Nut Cap                       | 2   |
| 059    | Foam Grip (Ø30xØ37x537)   | 2   | 079    | Bolt (M3x10mm)                   | 2   |
| 060    | Transport Wheel (Ø8.5xØ50x23)   | 2   | 080    | Binding Wire Plate 20x20x7       | 7   |
| 061    | Short Knob (Ø8xØ20x36)  | 1   | 081    | Gas Spring                       | 1   |
| 062    | Hand Pulse Sensor and Speed<br>Button with Wires (1150MM 3P)            | 1   | 082    | Incline Adjuster Cover Ø50       | 2   |
| 063    | Hand Pulse Sensor and Mode /<br>On Off Button with Wires<br>(1150MM 3P) | 1   | 083    | Support Board                    | 1   |
| 064    | Nylon Washer (M10)  | 6   | 084    | Spacer Ø16xØ11x15.5mm            | 2   |
| 065    | Bolt (M10x100mm)  | 2   | 085    | Bolt (M10x40mm)                  | 2   |
| 066    | Bolt (M10x50mm)   | 2   | 086    | Earth Lead (120mm)               | 1   |
| 067    | Spacer (Ø13.5xØ8.5x24mm)  | 2   | 087    | Bolt (M5x8mm)                    | 4   |
| 068    | Handlebar (692x793x161)   | 1   | 088    | Console Bracket                  | 1   |
| 069    | Square neck screw   | 2   |        |                                  |     |

## TOOLS



Ring Spanner 1 pcs

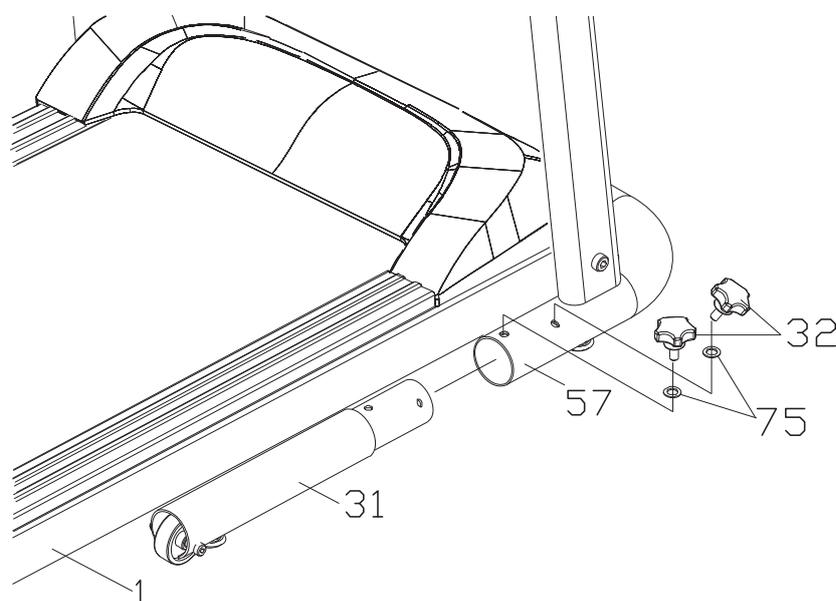


Screw Head Allen Wrench  
5mm 1pcs



S6 Allen Wrench 1PCS

## ASSEMBLY



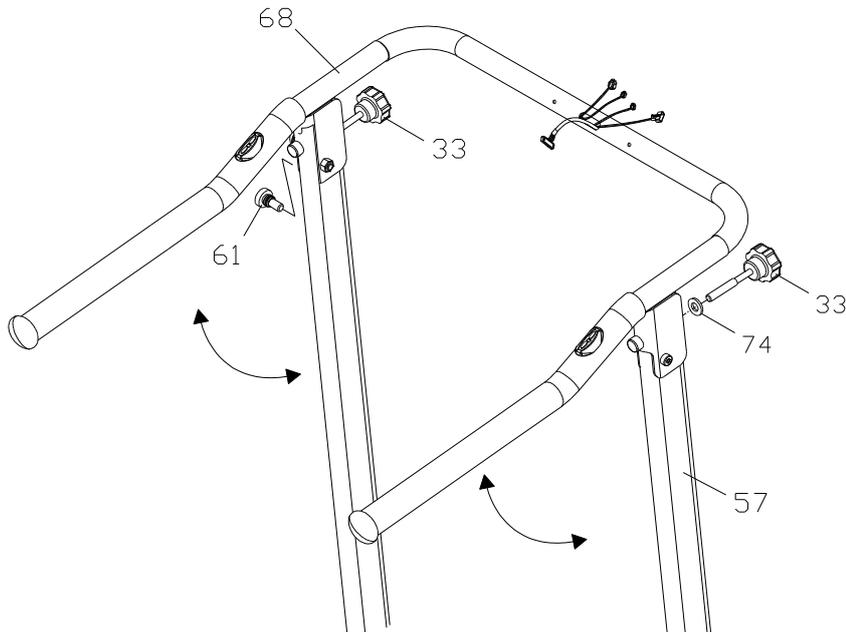
### Step 1

Place the treadmill in the upright position and then place one hand on the rear end of Main Frame (1) and use your other hand to pull out the Spring Knob (23). Lower the Main Frame (1) down from the rear of treadmill until the Spring Knob (23) "pops" down into the locked position.

**TO PREVENT INJURY PLEASE MAKE SURE YOU HAVE A FIRM HOLD WHEN SETTING DOWN THE DECK.**

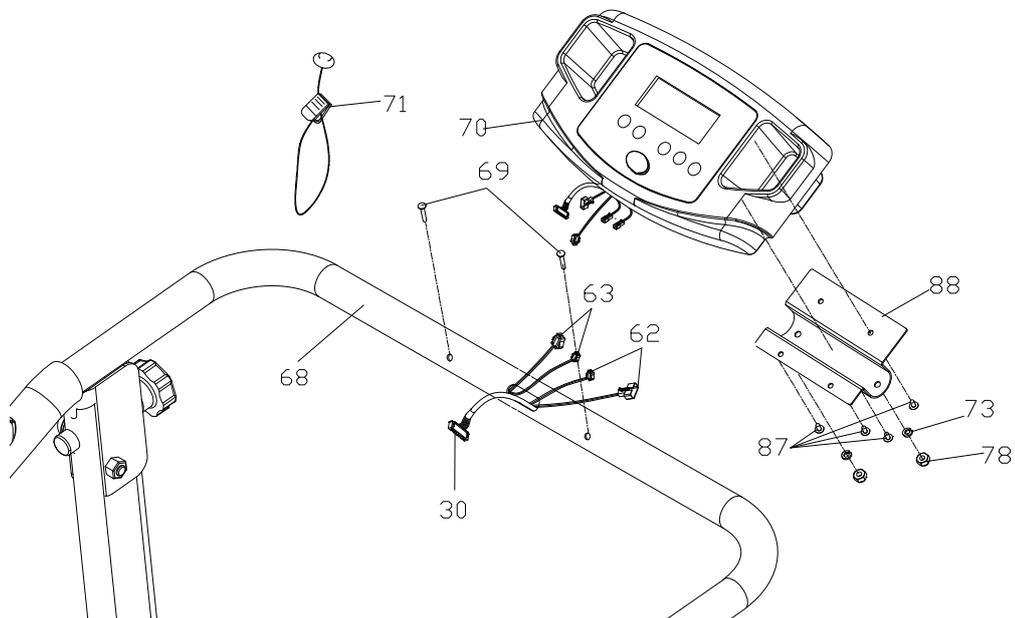
Remove four Stabilizer Knobs (32) and four  $\text{Ø}21 \times \text{Ø}8.5 \times 1.8\text{t}$  Washers (75) from the right and left sides of the Stabilizer (57). Then install both Stabilizer Tubes (31) to the Stabilizer (57) by inserting both Stabilizer Tubes (31) into the Stabilizer (57), using four Stabilizer Knobs (32) and four  $\text{Ø}21 \times \text{Ø}8.5 \times 1.8\text{t}$  Washers (75) that were removed.

## ASSEMBLY



### Step 2

Pull the Short Knob (61) and then lift the Handlebar (68) all the way up. Tighten the Handlebar (68) to the Stabilizer (57) with two Handlebar Knobs (33) and two M10 Washers (74).



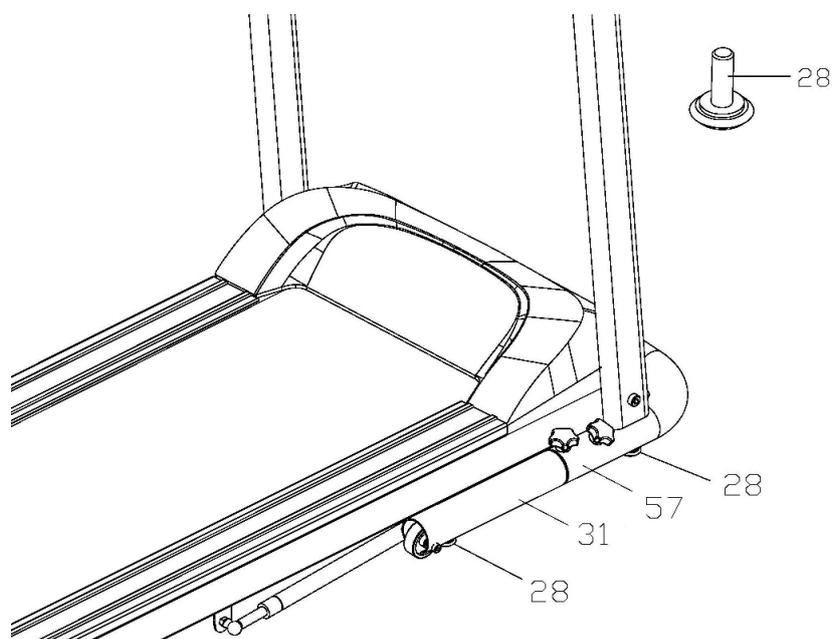
### Step 3

Attach the Console Bracket (88) onto the Handlebar (68) and tighten with two Square Neck Screws (69), Spring Washers (73) and Nut Caps (78) by Ring Spanner provided.

Attach both the Computer (70) onto the Console Bracket (88) tighten with four Bolts (87).

Place the Safety Tether Key (71) onto the Computer (70).

## ASSEMBLY



### Step 4

There are five Adjustable Levelers (28) on the bottom of both Stabilizer Tubes (31) and Stabilizer (57). Turn the Adjustable Leveler (28) as needed to level the treadmill.

## COMPUTER



### Quick Start:

Flip the Master Power Switch that is located at the front of the treadmill to the ON position. The treadmill will self-test for 2 seconds on startup and then the speed setting will show up after a 2 second long beep. Before beginning a workout session ensure that the Safety Tether Key is properly placed onto the Computer Console and the Safety Clip is securely attached to an article of your clothing. Always begin the treadmill standing on the side rails, not on the belt.

Press the START button to start exercise. The belt will start moving with an initial speed of 0.4 MPH. The SPEED window will display your current speed during training, the treadmill's speed range is from 0.4 MPH to 4.0 MPH. The PULSE window will display your current heart rate 10 seconds after you grip the handlebar hand pulse sensors with both of your hands before or after exercising.

The split window of TIME will display in your elapsed workout TIME. The split window of DISTANCE will display your cumulative DISTANCE. The split window of CALORIES will display your total CALORIES burned during your workout. During training, you may press the STOP button to stop the treadmill running at any time, press the START button to start the treadmill running again. You may pull out the safety tether key to stop the treadmill running.

### Button Functions:

**START:** Press the START button to start the treadmill running.

**STOP:** Press the STOP button to stop the treadmill running.

**MODE:** Press MODE button to select each function (TIME, DISTANCE, or CALORIES) for target pre-setting.

**FAST:** To make upward adjustments for pre-setting target training time, distance, or calories.

**SLOW:** To make backward adjustments for pre-setting target training time, distance, or calories.

## COMPUTER

### **Computer Functions:**

**TIME:** Displays your elapsed workout time in minutes and seconds. Press the START button to start exercise. To set TIME press the MODE button ONCE until you see the TIME begin blinking. Press the FAST or SLOW button to change the time, each time you press the FAST button TIME should increase 1 minute and SLOW button TIME should decrease 1 minute. The pre-set target time range is from 05:00-99:00. Once you pre-set target time, press the START button to start exercising. The walking belt starts moving at a speed of 0.4 MPH. TIME starts counting down from pre-set target time to 05:00 per 1 minute backward. When the pre-set target time counts down to 0:00, the treadmill will stop operation automatically.

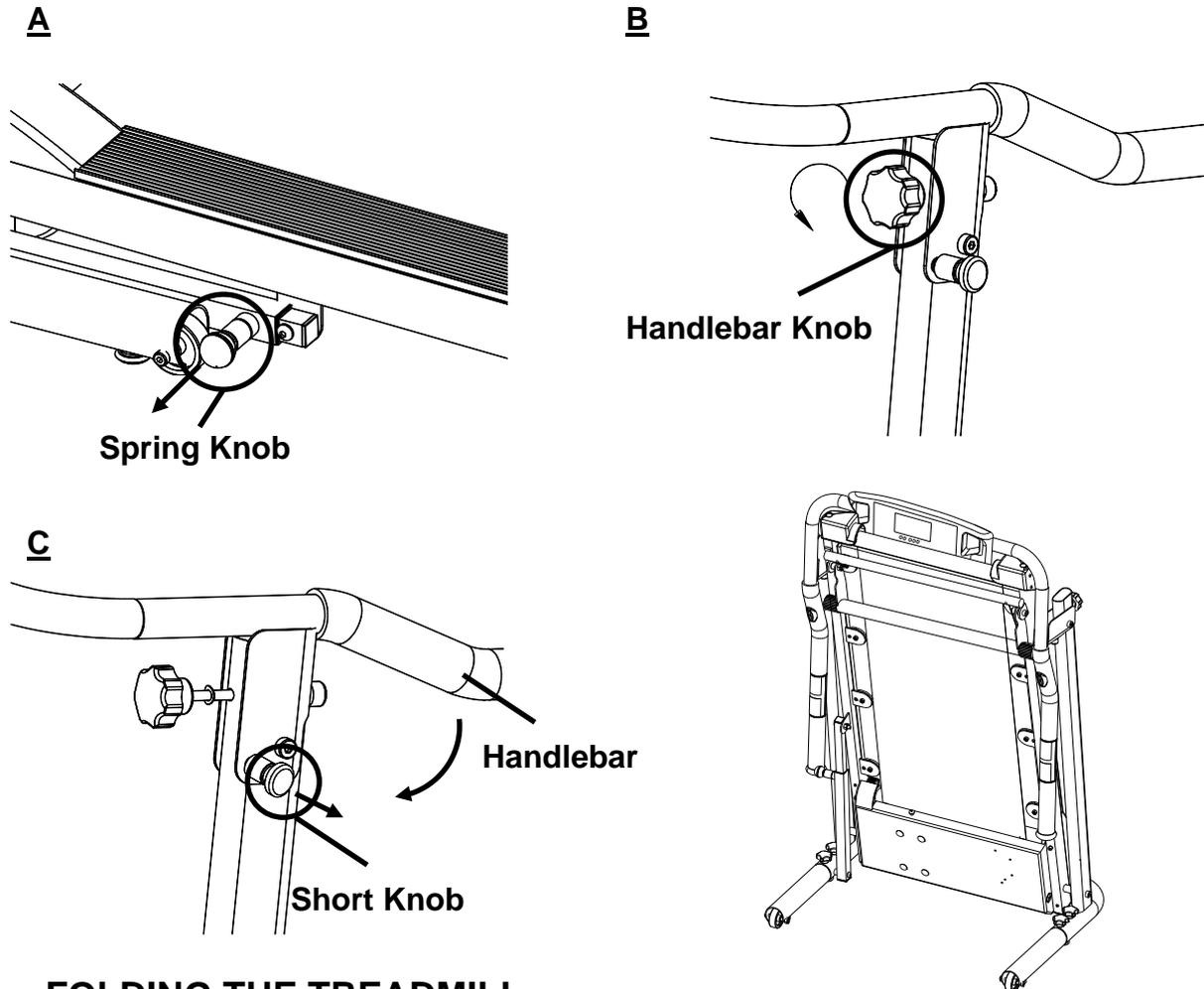
### **DIST (DISTANCE):**

Displays the accumulative distance traveled during workout. Press the START button to start exercise. To set DISTANCE press MODE button TWO TIMES to start exercise, until you see the DISTANCE begin blinking. Press the FAST or SLOW button to change the DISTANCE, each time you press the FAST button DISTANCE should increase 0.1 mile and SLOW button DISTANCE should decrease 0.1 mile. The walking belt starts moving at speed of 0.4 MPH. You may press the FAST or SLOW button on the computer console to increase or decrease walking distance during exercise. You may also pre-set target distance in STOP mode before training. The pre-set target distance range is from 0.50 to 99.90 miles. Once you pre-set target distance, press START button to start exercising. Distance starts counting down from pre-set target distance to 0.50. Once the pre-set target distance counts down to 0.00, the treadmill stops operation automatically.

**CAL (CALORIES):** Displays the total accumulated calories burned during workout. (This data is a rough guide for comparison of different exercise sessions and should not be used in medical treatment). Press the START button to start exercise. To set CAL press MODE button THREE TIMES to start exercise, until you see the CAL begin blinking. Press the FAST or SLOW button to change the CAL, each time you press the FAST button CAL should increase 10CAL and SLOW button CAL should decrease 10CAL. The pre-set target calories range is from 20 to 9900 CAL.

**PULSE:** The PULSE window will display your current heart rate 10 seconds after you grip the hand pulse sensors with both your hands before or after exercise. To ensure the pulse readout is precise, please always grip the hand pulse sensors with two hands instead of just with one hand when you try to test your heart rate figures and please do not test your heart rate while you are doing exercise.

## STORAGE



### FOLDING THE TREADMILL

For your convenience, the treadmill can be folded up and placed in a storage area.

To fold the treadmill place one hand on the rear end of main frame and use your other hand to pull out the Spring Knob, then lift the main frame up until the Spring Knob "pops" down into the locked position as shown in figure A.

Release both Handlebar Knobs as shown in figure B.

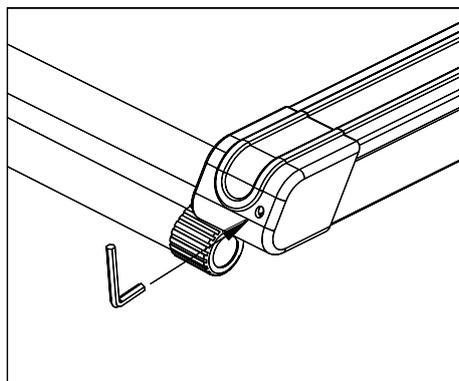
Pull out the Short Knob and then push the Handlebar all the way down.

Insert both Handlebar Knobs back to the Stabilizer as shown in figure C.

The figure D shows the treadmill in the folded position. Now the treadmill is ready to be stored.

**IMPORTANT: TO PREVENT INJURY PLEASE MAKE SURE YOU HAVE A FIRM HOLD WHEN LIFTING UP OR SETTING DOWN THE DECK.**

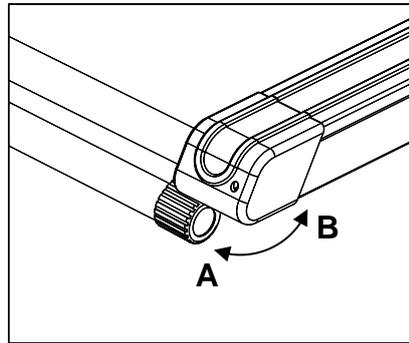
## ADJUSTMENTS



### **Belt Adjustment:**

The belt is adjusted at the factory; it may come loose during transportation and/or from use. After prolong use of the treadmill, the belt will stretch out. If the belt is shifting to the left, turn on the main power switch of treadmill and let the belt run at the speed of 1-1.5 MPH. Using the Allen wrench provided, turn the left rear roller adjustment bolt 1/4 turn in the clockwise direction. You should see the belt start to correct itself by moving back toward the center. Repeat the above procedure until the belt is properly centered. If the belt is shifting to the right, turn on the main power switch of treadmill and let the belt run at the speed of 1-1.5 MPH. Using the Allen wrench provided, turn the right rear roller adjustment bolt 1/4 turn in the clockwise direction. You should see the belt start to correct itself by moving back toward the center. Repeat the above procedure until the belt is properly centered. If the belt is slipping during use, turn off and unplugged the treadmill. Using the Allen wrench provided, turn both left and right rear roller adjustment bolts 1/4 turn in the clockwise direction for the same amount, then turn on the main power switch of treadmill and let the belt run at the speed of 1-1.5 MPH. You should now walk on to the belt to determine if the belt is still slipping. Repeat the above procedure until the belt no longer slips.

## ADJUSTMENTS



### **Incline Adjustment:**

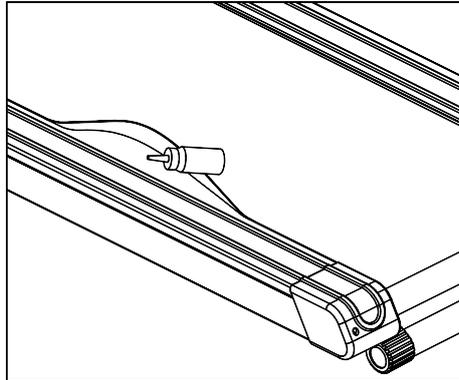
Place one hand on the rear end of main frame. Lift the main frame up then adjust the Incline Adjuster to the desired position.

### **2 Incline Degree Options:**

3 % Incline degree when Incline Adjuster at Position A.

6 % Incline degree when Incline Adjuster at Position B.

## LUBRICATION



The treadmill has already been coated with "Silicone Oil" in advance. Silicone oil is a non-volatile oil and by the time you receive should have permeated through the belt. There will be no need to re-apply the oil under normal circumstances. To maintain the belt, "Silicone Oil" may be re-applied once the resistance has been increased and the belt starts rubbing against the running deck. To re-apply "Silicone Oil" to the treadmill, lift up the belt, one side at a time, and apply the oil directly to the center of the running deck. Allow the silicone oil to 'set' for one minute before using the treadmill.

**Attention:** Only use "Silicone Oil" lubricants for this equipment. **In addition, do not add any other type of oil; otherwise the treadmill will be damaged. Do not over-lubricate the walking board. Excess lubricant should be wiped off with a clean towel.**

## MAINTENANCE & TROUBLE SHOOTING

**WARNING:** To prevent electrical shock, please turn off and unplug(ed) the treadmill before cleaning or performing routine maintenance.

### CLEANING

The treadmill can be cleaned with a soft cloth and mild detergent. Do not use abrasives or solvents. Be careful not get excessive moisture on the display panel as this might cause an electrical hazard or electronics to fail.

Please keep the treadmill, especially, the console, out of direct sunlight to prevent screen damage.

### STORAGE

Store the treadmill in a clean and dry environment. Ensure the master power switch is off and is in the off position and the power plug is un-plugged from the electrical wall outlet.

### TROUBLE SHOOTING GUIDE

| Problem                         | Potential Causes   | Corrections   |
|---------------------------------|--|---|
| Treadmill will not start.       | <ol style="list-style-type: none"><li>1. Not plugged in.</li><li>2. Safety tether key not connected.</li><li>3. House circuit breaker tripped.</li><li>4. Treadmill circuit breaker tripped.</li></ol> | <ol style="list-style-type: none"><li>1. Put the power plug into the electrical wall outlet.</li><li>2. Install the safety tether key.</li><li>3. Reset or have an electrician replace the breaker in home.</li><li>4. Wait five minutes and then press the switch back in.</li></ol> |
| Belt slips.                     | Belt not tight enough.   | Adjust belt tension.  |
| Belt hesitates When stepped on. | <ol style="list-style-type: none"><li>1. Not enough lubrication applied onto the running deck.</li><li>2. Belt is too tight.</li></ol>   | <ol style="list-style-type: none"><li>1. Apply silicone lubricant.</li><li>2. Adjust belt tension.</li></ol>  |
| Belt is off centered.           | Running belt tension not even across the rear roller.  | Center the belt.  |

## MAINTENANCE & TROUBLE SHOOTING

| Problem  | Potential Causes  | Corrections   |
|--|---|---|
| <p><b>Er 1</b> (Computer did not receive any signal for 30 seconds.)</p> | <ol style="list-style-type: none"> <li>1. Bad communication for upper and lower controller.</li> <li>2. The communicate signal from upper or lower controller is bad by interference from motor.</li> </ol> | <ol style="list-style-type: none"> <li>1. Check the cables are in good connection.</li> <li>2. Turn off the Master Power Switch to the OFF position, wait 30 seconds, then turn on the Master Power Switch to the ON position. If the screen still shows Er 1, please notify your local Customer Service Center.</li> </ol>             |
| <p><b>Er 3</b> (Over voltage protection trip.)</p>                       | <ol style="list-style-type: none"> <li>1. Input AC power over voltage.</li> <li>2. Chip for controller is damage.</li> </ol>  | <p>Turn off the Master Power Switch to the OFF position, wait 30 seconds, then turn on the Master Power Switch to the ON position. If the screen still shows Er 3, please notify your local Customer Service Center.</p>  |
| <p><b>Er 4</b> (Excessive current from the controller.)</p>              | <ol style="list-style-type: none"> <li>1. Belt is too tight.</li> <li>2. Belt rubs against the deck.</li> </ol>   | <ol style="list-style-type: none"> <li>1. Adjust the belt tension.</li> <li>2. Apply silicone lubricant or turn off the Master Power Switch to the OFF position, wait 30 seconds, then turn on the Master Power Switch to the ON position. If the screen still shows Er 4, please notify your local Customer Service Center.</li> </ol> |

## MAINTENANCE & TROUBLE SHOOTING

| Problem   | Potential Causes  | Corrections   |
|---|---|---|
| <b>Er 5</b> (Excessive drive motor current.)    | Check your machine to make sure the running belt is without any abnormal interference.  | Turn off the Master Power Switch to the OFF position, wait 30 seconds, then turn on the Master Power Switch to the ON position. If the screen still shows Er 5, please notify your local Customer Service Center.   |
| <b>Er 6</b> (The motor cannot work.)            | Check if the wire that connects to the motor is connected properly or not.  | Reconnect the wire or turn off the Master Power Switch to the OFF position, wait 30 seconds, then turn on the Master Power Switch to the ON position. If the screen still shows Er 6, please notify your local Customer Service Center.   |
| <b>Er 7</b> (PCB did not receive any signal.)   | <ol style="list-style-type: none"> <li>1. Bad communication for upper and lower controller.</li> <li>2. The communicate signal from upper or lower controller is bad by interference from motor.</li> </ol> | <ol style="list-style-type: none"> <li>1. Check the cables are in good connection.</li> <li>2. Turn off the Master Power Switch to the OFF position, wait 30 seconds, then turn on the Master Power Switch to the ON position. If the screen still shows Er 7, please notify your local Customer Service Center.</li> </ol> |
| <b>SAFE</b> (Safety key is loose or unplugged.) | Check the position of the safety key.   | Reset the safety key correctly.   |

# WARRANTY

## MANUFACTURER'S LIMITED WARRANTY

Paradigm Health & Wellness warrants to the original purchaser that this product is free from defects in material and workmanship when used for the purpose intended, under the conditions that it has been installed and operated in accordance with Paradigm's Owner's Manual. Paradigm's obligation under this warranty applies to the following:

| <u>COMPONENT</u>     | <u>LENGTH OF WARRANTY</u> |
|----------------------|---------------------------|
| Structural Frame     | 2 years                   |
| Motor                | 5 years                   |
| All Other Components | 90 days                   |

(computer display, electronics, upholstery, foam, ball bearings, pulleys, belts, cables, wires, shocks, covers, tension, internal mechanism, wheels, pedals, knobs, accessories and hardware)

### **Exclusions from Warranty Coverage:**

Paradigm does not warrant against and is not responsible for, and no implied warranty shall be deemed to cover, any product failure, product malfunction, or damages attributable to:

1. Improper installation and/or failure to abide by Paradigm's installation guidelines;
2. Use of this product beyond normal home use, or in an application for which it was not designed;
3. Cosmetic items such as scratches, dents or discolorations;
4. Damage caused by normal wear and tear, vandalism, accidental or by animals;
5. Any act of Nature (such as fire, flooding, snow, ice, hurricane, earthquake, lightning or other natural disaster), environmental condition (such as air pollution, mold, mildew, etc.), or staining from foreign substances (such as dirt, grease, oil, etc.);
6. Normal weathering due to exposure to sunlight, weather and atmosphere which can cause colored surfaces to, among other things, flake, chalk, or accumulate dirt or stains; or
7. Improper operation, alteration, handling, storage, abuse or neglect of the products.

**Paradigm, using its sole discretion, will either repair or replace free of charge any part(s) proven to be defective under normal home use. Any repair or replacement shall provide no new warranty coverage, but shall retain only the remaining portion of the original product's warranty. This warranty is offered only to the original purchaser and is not transferable. Proof of original purchase is required.**

### Ordering Replacement Parts

Replacement parts can be ordered by emailing our customer service department:

**Service@paradigmhw.com**

Open Daily 8:00 AM - 5:00 PM (PST).

When ordering replacement parts please have the following information ready:

1. **Owner's Manual**
2. **Model Number**
3. **Description of Parts**
4. **Part Number**
5. **Date of Purchase**

